



School Protocol for Suspected Opioid Overdose:

1. Assess situation: Individual is not responsive to asking if they are okay or by shouting their name or gently shaking their shoulders. In the absence of the nurse, it is best practice for two trained designees to assess, if possible.
2. Call or delegate call to 9-1-1 and request advanced life support.
3. Contact school nurse and/or school administrator.
4. If school nurse is unavailable, contact the designated back-up.
5. Request assistance in clearing the space of other students, but stay with student until help arrives. If staff available, delegate task of printing **ACPS Student Health/Contact Data (see below)** to give to EMS personnel (OA, nurse or principal).
6. Nurse or trained designee assesses and delegates call to 9-1-1 if warranted and not already done. In the absence of the nurse, it is best practice for two trained designees to assess, if possible.
 - **Ask** person if he or she is okay and shout name.
 - **Shake** shoulders and firmly rub the middle of their chest.
 - **Check for signs of opioid overdose:**
 - Will not wake up or respond to your voice or touch.
 - Center part of their eye is very small, sometimes called "pinpoint pupils."
 - Breathing is very slow, irregular, or has stopped.
 - Nailbeds or face appears bluish or ashen.
7. Nurse or trained personnel give 2 rescue breaths if person is not or barely breathing.
8. Nurse or trained designee administers Narcan per instructions (See *Narcan -How to Guide* attached) or *Quick-Reference*.
9. Nurse or trained designee performs rescue breathing and/or chest compressions as warranted.
10. Repeat Narcan administration in 3 minutes if no response to first dose.
11. Do not leave person.
12. Turn person on side in recovery position (see below) after administration of Narcan if rescue breathing and CPR are not warranted.

ACPS Student Health/Contact Data

- **Select the Student** in PowerSchool
- Select **Print a Report** (Top left corner of the navigation menu)
- Select the Report **ACPS Student Health/Contact Data** from the drop down menu list
 - Do not change any other parameters on the page
- Click **Submit** to begin running the report
- Once the report finishes running (may need to refresh the page), select **View** to view and/or print the report



Quick Reference for Naloxone/Narcan Kit

What to do in case of an overdose?

1. **Check for Responsiveness**
2. **Call 911** State that the person is unresponsive and not breathing. Follow dispatcher instructions.
3. **Give 2 Rescue Breaths** if the person is not breathing.
4. **Give Naloxone** See reverse for instructions. If no reaction after 3 minutes, give second dose.
5. **Give Rescue Breaths or CPR** (if you know how or are instructed to by 911) until the person responds. Rescue breathing: Tilt head back. Pinch nose. Give 1 breath every 5 seconds, repeat.
6. **After Care** Stay with the person as long as you can or until help arrives. Make sure the person **doesn't take more opioids**. If you must leave the person, place them on their side in recovery position -- see below.

If you don't have naloxone; call for help and give rescue breaths if person is not breathing or barely breathing.

Administering Naloxone/Narcan:

Nasal spray This nasal spray needs no assembly and can be sprayed up one nostril by pushing the plunger. 	If no response in 3 minutes, give 2nd dose of naloxone in other nostril.
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RECOVERY POSITION SETUP

