

## **Maple Physical Education Parent Signature Sheet**

The Maple School Physical Education Department wants to communicate a few procedures and safety rules. These rules are implemented for the safety of your student and to receive the maximum benefits of our Physical Education/Wellness Program. Students are expected to participate in Physical Education on a daily basis. Every student will be required to have appropriate gym shoes, their iPad when required by their teacher, and their inhalers if required. Students that require the use of an inhaler are responsible to bring it with them daily to P.E. Anyone needing an inhaler should bring it with them daily to class; it is the individual student's responsibility to bring it. Any student who uses their inhaler during P.E. will be sent immediately to the nurse's office for further medical assistance. Remember, all students with inhalers should have them clearly marked.

The health aide, a parent, a P.E. teacher, or a physician may medically excuse a student. Parents may excuse their child from participation for up to three days with a written note. Documentation from a physician must be provided for medical excuses extending beyond three days. Students without a physician's note after the three days will not be able to earn their Daily Mustang Points. Students who are medically excused are expected to attend class and complete any in-class work, homework, quizzes, or tests assigned by the teacher from P.E. classes only. Medically excused students are exempt from motor skill assessments, authentic assessments, and active participation assessments.

Students who do not have their appropriate gym shoes will not be able to participate and will receive a zero for their daily grade. A student's grade will consist of active participation 70%, quizzes or tests 25% and in and out of class work 5%. Students are encouraged to improve their scores by consulting with their individual teacher. Active participation includes the preparation ( warm-up, to and from classes, attendance lines, etc.), participation and citizenship of each student. No extra credit is given to raise an unprepared component of their grade.

Students must remove all jewelry during P.E class, including earrings. It is a safety measure for your student as well as for others who come in contact with your student.

Students will not be allowed to chew gum or candy at any time. Only school approved water bottles may be used for hydrating while in class.

Students need a teacher's permission to handle or use physical education equipment before, during or after class. Students not abiding by this rule will lose all Daily Mustang Points for the day.

Student's safety is our department's number one priority on a daily basis. Students are required to follow all rules associated with each activity and may be asked to spot or assist one another during activities. Students not following these rules are subject to being asked to sit out of class and a loss of Daily Mustang Points. The Physical Education Department has established these rules to ensure that your child will have a safe and enjoyable year.

Student's will be issued a heart rate monitor to be used throughout the school year. Replacement of this equipment if the heart rate monitor is broken, stolen or lost will be at the current rate for replacement through Polar USA.

Student's will be participating in the state mandated Fitnessgram Physical Fitness Assessments three times throughout the school year. Students will be required to make-up any missed tests. This is a required state mandated assessment; please see the Maple P.E. Website for more information regarding the testing procedures and protocols.

All P.E. related materials and information can be obtained through the use of our P.E. Website. If you need to contact a teacher please do so in the form of an email, as it is the best way for us to be reached.

Please refer to the website below for all of your P.E. questions, concerns, and needs.  
<https://sites.google.com/a/district30.org/maple-p-e/home>

This document must be electronically signed during registration. No students are allowed to participate in any P.E. activities until this document has been electronically signed. No exceptions.

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I have read and understand the above rules and procedures as well as information listed on the Maple P.E. Website.

STUDENT NAME (Please Print): \_\_\_\_\_

GRADE: \_\_\_\_\_

STUDENT SIGNATURE: \_\_\_\_\_

Date: \_\_\_\_\_

PARENT SIGNATURE: Electronic Signature and acknowledgment on form **R09 - Agreements** during Registration