

Lunch menu week one



**DWIGHT
SCHOOL
LONDON**

Available everyday

Salad Bar

Selection of Seasonal Salad with Daily Dressing and Toppings

Yoghurt / Fruit Bar

Plain Yogurt with Daily Toppings and Sauces
Selection of Whole Fresh Fruit

Jacket Potato Bar

Hot Jacket Potatoes
with a choice of Daily Fillings, cheese and tuna

Soup of The Day

Chefs homemade freshly made soup of the day.

**Please see daily menu boards
for ALL allergens**

Monday

Main meal

Penne Arrabiata served with Garlic Bread

Vegetarian Meal

Baked Creamy Mac N Cheese served with Garlic Bread

Sides

Roasted Pumpkin & Steamed Brussel Sprouts

Dessert

Fruit Salad

Thursday

Main meal

Stir-fried Noodles served with Naan Bread

Vegetarian Meal

Homemade Basil Pesto with Penne Pasta and Naan Bread

Sides

Roasted Aubergine and Steamed Peas

Dessert

Fruit Salad

Tuesday

Main meal

Traditional Cottage Pie served Vegetable Gravy

Vegetarian Meal

Vegan Cottage Pie with Vegetable Gravy

Sides

Oven Baked Broccoli and Roasted Mixed peppers

Dessert

Fruit Salad

Friday

Main meal

Breaded Fish Fingers with Fries

Vegetarian Meal

Premium Vegetarian Burger With Fries

Sides

Steamed Cauliflower & Green beans

Dessert

Strawberry Jelly

Wednesday

Main meal

Oven Roasted Chicken with Roasted Potatoes and Roasted Vegetables served with Gravy

Vegetarian Meal

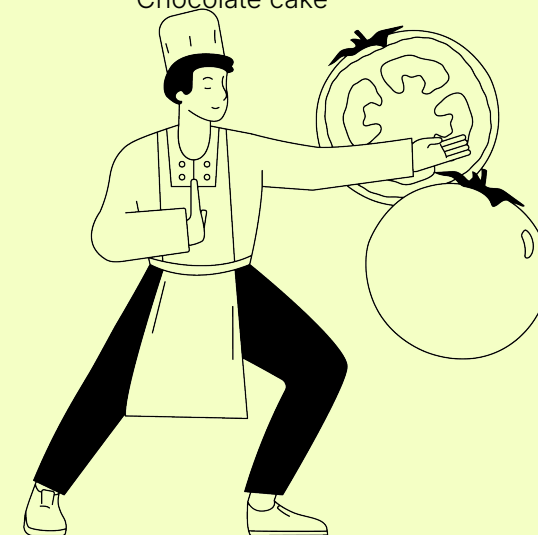
Creamy Mushroom Risotto with Parmesan Cheese and Rocket

Sides

Steamed Sweetcorn and Roasted carrots

Dessert

Chocolate cake



*All menus are subject to change due to availability and supply

Lunch menu week two

Available everyday	Monday	Tuesday	Wednesday
<p>Salad Bar Selection of Seasonal Salad with Daily Dressing and Toppings</p> <p>Fruit/Yoga Bar Plain Yogurt with Daily Toppings and Sauces Selection of Whole Fresh Fruit</p> <p>Jacket Potato Bar Hot Jacket Potatoes with a choice of Daily Filling with cheese or tuna</p>	<p>Main meal Fusilli Pasta with Tomato sauce , Olives and capers served with Garlic Bread</p> <p>Vegetarian Meal Classic Spaghetti with Chilli Garlic Oil and Parsley, served with Garlic Bread</p> <p>Sides Pan fried Spinach and Mixed Peppers</p> <p>Dessert Fruit Salad</p>	<p>Main meal "Taco Tuesday" served with Basmati rice and Guacamole</p> <p>Vegetarian Meal Grilled Halloumi in sweet chilli sauce and basmati rice</p> <p>Sides Roasted Courgettes and baby carrots</p> <p>Dessert Fruit Salad</p>	<p>Main meal Classic Beef Burger with smoked paprika Potato Wedges</p> <p>Vegetarian Meal Veggie Burger served with smoked paprika potato wedges</p> <p>Sides Steamed Broccoli and cauliflower</p> <p>Dessert Homemade Bread and butter pudding</p>
<hr/> <p>Please see daily menu boards for ALL allergens</p> <hr/>	<p>Thursday</p> <p>Main meal Classic Beef Lasagne served with warm bread</p> <p>Vegetarian Meal Classic Lasagne with warm bread (Meat Free Mince)</p> <p>Sides Ratatouille & Green Beans</p> <p>Dessert Fruit Salad</p>	<p>Friday</p> <p>Main meal Breaded Fish Fingers with Fries</p> <p>Vegetarian Meal Veggie Nuggets with Fries</p> <p>Sides Steamed Garden Peas & Sweetcorn</p> <p>Dessert Homemade Vanilla Cake</p>	

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Lunch menu week three



Available everyday	Monday	Tuesday	Wednesday
<p>Salad Bar Selection of Seasonal Salad with Daily Dressing and Toppings</p> <p>Fruit/Yoga Bar Plain Yogurt with Daily Toppings and Sauces Selection of Whole Fresh Fruit</p> <p>Jacket Potato Bar Hot Jacket Potatoes with a choice of Daily Filling</p> <p>Soup of The Day Chefs homemade freshly made soup of the day</p>	<p>Main meal Potato Gnocchi with a tomato and basil sauce, served with garlic bread</p> <p>Vegetarian Meal Oven baked Aubergine parmigiana served with garlic bread</p> <p>Sides Pan fried Fresh Spinach & carrots</p> <p>Dessert Fruit Salad</p>	<p>Main meal Selection of homemade pizza</p> <p>Vegetarian Meal Selection of homemade pizza</p> <p>Sides Corn on the cob and coleslaw</p> <p>Dessert Fruit Salad</p>	<p>Main meal Homemade chicken goujons with roasted wedge potatoes</p> <p>Vegetarian Meal Veggie nugget serve with roasted wedge potatoes</p> <p>Sides Broccoli florets and roasted mixed peppers</p> <p>Dessert Carmel flapjack</p>
<hr/> <p>Please see daily menu boards for ALL allergens</p> <hr/>	<p>Thursday</p> <p>Main meal Classic Bangers n Mash served with onion gravy</p> <p>Vegetarian Meal Plant based sausage served with mash and onion gravy</p> <p>Sides Steamed Sweetcorn & Green Beans</p> <p>Dessert Fruit Salad</p>	<p>Friday</p> <p>Main meal Breaded Fish Fingers with Fries</p> <p>Vegetarian Meal Breaded Vegan Fishless Fingers with Fries</p> <p>Sides Steamed Garden Peas & Baby Carrots</p> <p>Dessert Lemon Jelly</p>	

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