## **Mental Health Resources**

\*Please Note\* There are other great resources within our communities not listed below

Nueces Center for Mental Health and Intellectual Disabilities (MHID) 1630 S. Brownlee Blvd., Corpus Christi, TX 78404 Phone: 361-886-6900 After-hours crisis hotline: 888-767-4493 Hours: Monday-Friday 8 a.m.-5 p.m.

Bayview Behavioral Hospital 6629 Wooldridge Road Phone: 361-986-8200 Adolescent and adult outpatient and inpatient services

Coastal Plans Community Center Locations in Rockport, Beeville, Falfurrias, Alice, Kingsville, and Portland Main location: 200 Marriott Drive, Portland, TX 78374 Main Phone: 361-777-3991 24/7 psychiatric crisis hotline: 1-800-841-6467

Click on the link to find contact information for your county office. https://coastalplainsctr.org/locations/

TAMUCC The Counseling & Training Clinic NRC (Natural Resource Center) Building, 2700 Suite (2nd Floor) TAMUCC Campus Phone: 361-825-3988 Hours: Tues/Wed/Thurs noon-8 p.m.

Family Counseling Service 3833 S. Staples, Suite S203 (South Building) Phone: 361-852-9665 Hours: 8:30 a.m.-8 p.m. Monday-Thursday, 8:30 a.m.-5 p.m. Friday Location in Kingsville Individual, couples, and family therapy are offered. Sliding scale fee; Medicaid and most insurance accepted

If you struggle with suicidal thoughts, call the National Suicide Prevention Lifeline at 1-800-273-8255. If you have a plan to die by suicide or are in immediate danger, go to the nearest emergency room.

In a crisis? Text HOME to 741741 to connect with a Crisis Counselor Free 24/7 support at your fingertips.



Crisis - Suicide Support call or text 988