



# Carmel Unified School District Health Policy

## ATTEND SCHOOL HEALTHY *STAY HOME WHEN SICK*

In the school environment where there are many children, illnesses can be easily transmitted from child to child. While we want children to attend school as consistently as possible, for the health and safety of our staff and students, it is extremely important students attend school when feeling healthy and stay home when sick.

If your child is sick, please call the school in the morning to notify the school of the absence. Students who show signs of illness or infection during the school day will not be allowed to attend school.

Parents/guardians must come immediately or make arrangements for the child to be picked up if they are brought to school showing symptoms of illness or if they become ill during the day.

Please keep your student home if they have any of these symptoms:

- **Fever of 100.0 degrees or above (must be free of this symptom for at least 24 hours before returning to school without the use of fever reducing medication)**
- **Nasal discharge** that is profuse
- **Pink eye** (red inflamed eyes or any eye discharge)
- **Any skin rash**, unless diagnosed as non-infectious by a doctor
- **Sores of any kind**, unless they can be covered with a bandage
- **Diarrhea or vomiting** within a 24-hour period regardless of cause/frequency
- **Head lice** (child may return after treatment).
- **The first 24 hours on an antibiotic** for any reason
- **Relentless coughing**

If you or your student contracts a communicable disease such as *chicken pox, scabies, ringworm, strep throat, pink eye (conjunctivitis), head lice, fifth disease, etc.*, please contact your school as soon as possible so that other families may be notified about the exposure. Your student should stay home if they test positive for COVID and are in their isolation period per CDPH guidelines.

**When at school, it is the role of our staff members to make the decision whether your student's illness and/or need for care is greater than can be provided without compromising the health and safety of others on site. Parents/guardians must come immediately (within one hour) or make arrangements for the child to be picked up if they become ill during the day with any of the symptoms listed above. Children who are ill may wait in the office until they can be picked up, however we are not licensed or equipped to treat students who are ill.**

**Thank you for your cooperation in helping to keep our students and staff members healthy.**