



TRINITY WRESTLING

Our program is dedicated to building strong character through the sport of wrestling. We have both state and nationally ranked wrestlers and newcomers to the sport, all working toward self-improvement.

Recent Success:

- Advanced to 2023 & 2024 District Team Championship Tournament
- Four wrestlers currently ranked in PIAA
- Two wrestlers recorded their 100th varsity match victories in the 2023-24 season
- USA Wrestling 2023 National Champion in Greco Roman and 2 Freestyle All-Americans

Connect With Us:

- Varsity Head Coach Kyle Shoop, at kyleshoop6@gmail.com
- Jr. High Coach Bill Prince, at williamprince22@hotmail.com
- Facebook: Trinity High School Shamrocks Wrestling Team
- Instagram: [thshamrock.wrestling](https://www.instagram.com/thshamrock.wrestling)

**OPEN TO INCOMING
7-12 GRADE BOYS & GIRLS
Open Practices Mondays &
Wednesdays 5:00-6:30pm**

WHY WRESTLE?

- Make friends
- Build strength, character & confidence
- Considered one of the best sports to prepare a child for future success

REQUIREMENTS

- Good attitude
- Willingness to work hard
- Commitment to continuous improvement

COACHING STAFF

- NCAA D1 wrestling experience
- Freestyle/Greco success
- Dedicated strength coach

SEASON

- PIAA season runs November – March
- Year-round training opportunities
- Coaches attend off-season national events

“The Trinity wrestling program changed [my son’s] life. I will never be able to express in words how grateful I am.”

-Trinity Parent, 2023