

Hello Trojan Families,

This is Principal Bender with your Trojan updates for the week of September 9-13. We are halfway through the 1st Quarter. This is the time to provide positive encouragement to your student. Assess your teen's study habits and routines. Make any necessary adjustments and prioritize academics. Help your student stay organized. Reach out to teachers and counselors for additional support.



The photo of the week is of the LHS Girls Volleyball team at their home opener! (Photo Credit to Jacob Mamaril, gr. 10, with 22 Visuals)

If you have any questions about any of the information in the Trojan Times, you can email me (<u>kbender@lusd.net</u>), call the office (209) 953-8920 or respond to this post. It is a GREAT day to be a Trojan! Kat Bender Principal

Q1 Progress Reports

Quarter 1 progress report cut off date was Thursday, September 5th. The grades for progress reports will be finalized on September 10th and you will have access to these grades on Aeries after that.

- Please note, for ALL freshmen playing a sport, 1st Quarter Progress determines eligibility to continue participating on the team. Athletes must maintain a 2.00 GPA with no F's,
- For Juniors & Seniors, those students who were NOT eligible for an Off Campus Pass, can meet eligibility with 1st quarter Progress grades, attendance and behavior.

Suicide Prevention Month

September is Suicide Prevention Month. The theme "Change the Narrative" starts with each of us. Reaching out and checking in with friends, colleagues, family members, etc. can change the course of another's life by showing that you care. Give someone hope. No act is too small. Simply reaching out and asking how someone is doing can make a difference.

Here are some available resources:

Know the Signs is a part of the Take Action for Mental Health campaign with the purpose of educating and providing available resources. <u>https://www.suicideispreventable.org/</u>

The Child Abuse Prevention Council has gathered resources for those struggling and their families available in this area. <u>https://nochildabuse.org/suicide-prevention/</u>

San Joaquin County Behavioral Health Services offers a variety of resources regarding mental health. <u>https://www.sjcbhs.org/</u>

You can access a list of resources on the **Lincoln High School** website. Counselors are available to provide student and family support. Valley Community Council Services are available with a referral. <u>https://www.lincolnhigh.org/parents/suicide-prevention</u>

Student Digital ID's

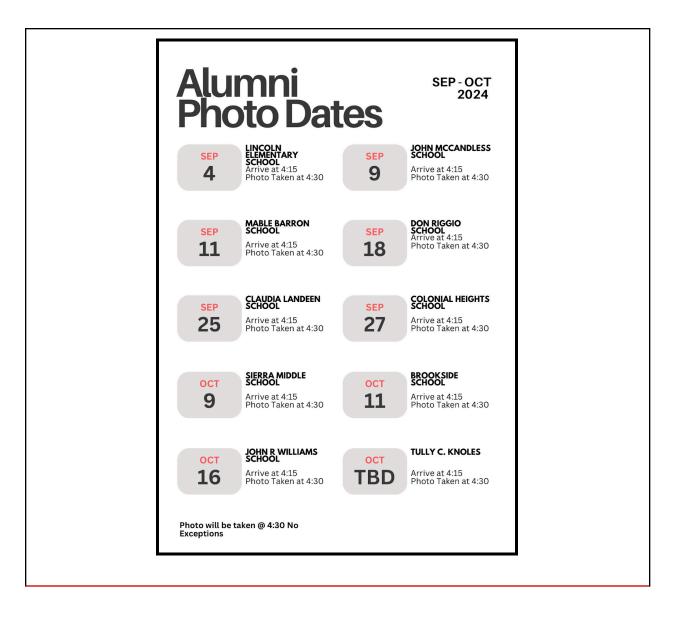
LHS is using a digital student ID system. Student digital ID's will have the activities punch and off campus pass on it. The app is called **5-Star Student**. The Student Digital ID is REQUIRED for entrance at all LHS events. This includes the upcoming home football game on Sept 13!



Use the links below or search the app stores for **5-star students** to locate the App.



LHS Yearbook Information for the Class of 2025





SHOW YOUR LOVE Create a Yearbook Ad

Don't miss this opportunity to recognize your student's accomplishments and express your love.

Go to **yearbookordercenter.com** to create an ad honoring your child.

Lincoln High - Order Code 6556

email questions to: rselna@lusd.net - yearbook adviser

Tech Support: 1-877-362-7750

Ad size and formatting options differ based on school choices.

YEARBOOKORDERCENTER.COM



Counselor's Corner

LHS Counseling Team			
David Bailey <u>dbailey@lusd.net</u> A-Cag	Annette Knowles <u>aknowles@lusd.net</u> Lop-New		
Carrie Hake <u>chake@lusd.net</u> Cah-Esc	Lisa Barbieri <u>Ibarbieri@lusd.net</u> Ng-Ri		
Kelly Jensen <u>kjensen@lusd.net</u> Esp-Hem	Kory Kambara <u>kkambara@lusd.net</u> Ro-Thak		
AnneLisa Butcher <u>abutcher@lusd.net</u> Hen-Lon	Karen Vallery <u>kvallery@lusd.net</u> Thao-Z		
April Diaz Gomez <u>apgomez@lusd.net</u> Multilingual Center	Julie Dickson j <u>dickson@lusd.net</u> College & Career Center		

Melia's Back: Meila (LHS Therapy Dog) will be back on campus twice a week. Here is a little info <u>about Melia</u>

Attendance Information

Absent or Late to School? Have an Appointment?

If your student is absent, arriving late to school, or needs to leave campus during the school day for an appointment, simply send a note with the student **OR** call the Attendance Office (a) 209-953-8926 at least 20 minutes ahead of time.

Attendance Office needs parent/guardian permission BEFORE a student may leave campus, either by a signed note with the student or a phone call ahead of time.

If you come into the Attendance Office to get your student out of class for an appointment, <u>BRING YOUR I.D.</u> We need to verify who you are and your relationship to the student as indicated in our records.

REMINDER: You have two school days (48 hours) to clear absences.

Note: Using a cell phone to leave messages can be unreliable; too often messages are garbled. Please speak slowly, clearly and spell out the student's first and last name.

Attendance Phone Number (209) 953-8926

Student Service Center

Parking Permits: Parking Permit applications are available in the Student Service Center M-Z side for students who wish to park in the front main parking or the fenced in parking lot between the Sierra gym and Sture Larsen classrooms on Harrisburg. Students are not allowed to park on Stanton.

Starting 8/19/24, there will be a table set up in front of the Student Service Center M-Z side during lunch and students will be able to turn in their Vehicle Registration Applications. In order to be issued a Parking Permit, they will need to provide a Valid California Driver's License, current vehicle registration and current proof of insurance along with the completed application. Our Public Safety Officers will begin enforcement starting September 23rd and any student or staff who does not have a current Parking Permit will be cited. Citations will also be issued to any student parked in a designated staff or visitor space.

Meals: Breakfast is available at LHS beginning at 7:45 am - 9:15 am at the Huddle, Endzone and various carts. Lunch is available during lunch time. The first few weeks will be very busy during lunch. Thank you in advance for your patience. You can review the menu <u>here</u>.

Menstrual products are available to students in the Student Service Center and the Nurse's station.

School Site Council

School Site Council is an important leadership group at Lincoln High School. It is comprised of staff, parents/guardians and students. This group works on important school related issues, the school plan, the safety plan and more. Please email Principal Bender (<u>kbender@lusd.net</u>) if you are interested in being a part of this group or if you would like to nominate someone. Thank you!

LHS Events & Activities · September 9-13

Monday, September 9

- John Mcandless alumni photo at JMC at 4:15 pm (Class of 2025)
- Music Booster Meeting, <u>Monday September 9th at 6pm</u> in the Choir room. Please come and help us prepare for this year's marching season.

Tuesday, September 10

- Red Cross Blood Drive in the Practice Gym. Sing up here!
- Our Planet Club meeting at lunch in room 1117
- Harvest Club meeting at lunch in room 1301
- Freshmen Class meeting at lunch in room 1332
- Sophomore Class meeting at lunch in room 1310
- Junior Class meeting in room 1107 at lunch
- Senior Class meeting in room 1103 at lunch
- Crochet Club meeting at lunch in room 2204
- Drug Prevention Informational Session: Vapes & Edibles at 6 pm at the Lincoln Theater

Wednesday, September 11

- Bring Change to Mind meeting at lunch in room 1421
- Women of Color meeting at lunch in room 1104
- Mable Barron alumni photo at Mable Barron at 4:15 pm (Class of 2025)

Thursday, September 12

- Fashion Club meeting at lunch in the Lecture Hall
- Science Olympiad meeting at lunch in room 1517
- CSU Stanislaus informational session during 5th period

Friday, September 13

- Underclassmen vs Staff Dodgeball Tournament in the main gym at lunch
- Lego Club meeting at lunch in room 1312
- Filipino Club meeting at lunch in room 1105

Save the Date!

2025 Safe and Sober Grad Night After Party planning meeting is on Wednesday September 25th at 6:30 pm at the Staff Lounge on Stanton Way. Any questions please email Katina Iten - katinawalsh@hotmail.com

Student Bulletin

Student Bulletin: Please help your student to stay informed about all of the events and happenings at LHS by reading the <u>Student Bulletin</u> each day!

Student Store is open on Tuesday and Thursday from 2:30 - 4:00 (at the student store) PE Clothes available at lunch (Wed / Fri) and before school in Student Activities

Student vs Staff Dodgeball Sign up your team for Student vs Staff Dodgeball here!

Stockton Scholars for Service: Join us for an informational meeting on Friday, September 6, 2024 in Room 1214!! (Mr.Ponte's class) We will be discussing some amazing volunteer opportunities, as well as an upcoming fundraiser event. We will also share the club merch store to order club spirit wear! You don't want to miss out! Bring your lunch and a friend! See you there, Trojans.

Yearbook pictures needed: Hey, trojans! Want a chance to end up in this year's yearbook? Help the yearbook staff team by sending pictures of you and your friends on the first day of school for a chance to end up in this year's book! (Not all pictures will be used) <u>Fill the form out here!</u>

Poly Club Practice: Poly Club Practice is Monday through Thursday from 4-5:00PM in front of the Staff Lounge every week!

Women of Color Hygiene Drive: The Women of Color Club is putting on a hygiene drive for a local women's shelter! We are looking for hygiene products such as shampoo, body wash, pads/tampons, toothpaste, etc. Everything must be new, unopened, and preferably travel sized. You can drop off donations in room 1104 (Mrs.Chuck's Room) by September 27th. All goods are appreciated!

FCA: All students interested in purchasing an FCA shirt, please click here to start shopping! This is not a fundraiser - all costs go to the production and delivery of shirts to keep prices for our customers as low as possible. Happy shopping!

Helping Hand Drive: Looking for a way to serve your community? Donate any of the following items to the Helping Hand Drive: tooth brushes, toothpaste, DEODORANT, body wash, shampoo, Conditioner bar soap, face wipes , Hand sanitizer , Chapstick, Non-Perishable food, & water. Drop off Donation items at room 1424/Student Activities Office and support the Stockton Community!

Student Ambassador Program: "Are you interested in being a representative for the program you're involved in or interested in being more involved with your school? Then become a Lincoln High ambassador! An ambassador will serve as a representative for their program (band, culinary, etc) and will work with USB. The ambassador's duties will be to communicate any support needed from USB such as an upcoming event that they need help publicizing or any ideas they may have for the school year. There will be an ambassador's meeting once a month that ambassadors will need to attend. If vou're interested, sign up here! If you have any questions, feel free to contact the Outreach Director at 202300259@students.lusd.net! Thank you!"

Science Camp Counselors: Attention, Juniors and Seniors! If you are interested in being a science camp counselor, please use the link below to complete the google form. You must have a GPA of 2.0 or above and great attendance. https://forms.gle/2uotHAMjcmbGXbCwg

Trojan Athletics						
Trojan Sports this week!						
Date	Sport	Place	Time	Opponent	Dismissal	
Mon, 9/9	V Girls Golf	А	9:00 am	OPEN Bulldog Invit	8:30 am	
Tues, 9/10	V Girls Water Polo	н	4:00 pm	Sierra HS (Manteca)	2:45 pm	
	V Boys Water Polo	н	5:00 pm	Sierra HS (Manteca)		
Wed, 9/11	V Girls Golf	н	3:30 pm	Bear Creek HS	1:45 pm	
Thurs, 9/12	V Girls Golf	А	3:30 pm	Kimball HS	1:45 pm	
	FR Girls Volleyball	н	4:30 pm	El Capitan HS		
	JV Girls Volleyball	н	5:30 pm	El Capitan HS		
	FR Boys Football	н	6:00 pm	Pleasant Grove HS		
	V Girls Volleyball	н	6:30 pm	El Capitan HS		

Fri, 9/13	JV Boys Water Polo	А	ТВА	Modesto HS 9/13-9/14	8:30 am
	V Girls Water Polo	А	ТВА	OPEN Sierra 9/13-9/14	8:30 am
	JV Football	Н	5:00 pm	Pleasant Grove HS	
	V Football	Н	7:15 pm	Pleasant Grove HS	
Sat, 9/14	V Cross Country	А	9:40 am	OPEN Josh Ruff Mem Invitational	
	V Girls Volleyball	А	ТВА	OPEN CIVT	
	FR Girls Volleyball	А	ТВА	OPEN Stockton Classic	

General Information

You can find athletics information for all LHS sports on the <u>LHS Athletics website</u> linked on our school website (<u>www.lincolnhigh.org</u>)

HUDL: Lincoln High School has an account with HUDL. This means that many of our home athletic events will be livestreamed. You can access it here: <u>Trojan Sports</u>

Scores: You can find scores for all games/matches for fall sports on Max Preps. Here is the link for <u>Lincoln's page</u>.

Tickets: You can purchase tickets for upcoming Trojan sporting events on Go Fan.

College and Career Information

College and Career Center: The College & Career Center is located in the library. Mrs. Dickson (College & Career Counselor) is available for support and information! <u>jdickson@lusd.net</u>

Upcoming events at the College and Career Center

Join your class google classroom for info and updates on post-high school options, financial aid, dual enrollment, and more.

% 2025 - iwurgus % 2026 - nbkzmzt % 2027 - pr55by3 % 2028 - vhcfn6f

College and Career Night - Lincoln High School Main Gym, **September 24, 5-7:30pm -** come talk to colleges, trade schools, military academies, and others for information on post-high-school options.

College Visits - in the Lecture Hall unless otherwise noted; sign-in when you arrive for the presentation

9/12 - CSU Stanislaus, 5th per., 12:55pm

9/17 - Grand Canyon University, 4th per, 11:25am

9/26 - St. Mary's College, 6th per., 1:50pm

10/9 - Jessup University, 6th per., 1:50pm

10/14 - CSU application workshop, 5th and 6th period

10/21 - University of San Diego (USD), 2nd per., 9:27am- PAC

*Due to high demand and limited space, we were not able to accommodate all students for the UC Santa Cruz informational visit. We will be arranging a virtual visit from UC Santa Cruz for juniors this fall. Please check with Mrs. Dickson or Mrs. Hernandez in the College and Career Center or check the board outside the library for updates!

Scholarship Information Check out the <u>LHS CCC Scholarship Newsletter</u> for up to date Scholarship information.

College Applications UC and Common Apps are now OPEN. You may begin submitting them Oct. 1. UCs are due Nov. 30. Common App due dates vary so be sure to check each school's deadline. CSUs open Oct. 1.

FAFSA The Free Application for Federal Student Aid (FAFSA) is the form you need to fill out to receive financial aid from the federal government and help pay for college. All seniors need to complete the <u>FAFSA</u>. We will be providing workshops throughout the year. The FAFSA opens in **December**.

Dual Enrollment

Delta Dual Enrollment - Check your google classroom and/or the <u>website</u> for information on all things dual enrollment. Also join the remind by texting @lhsdelta to 81010

- Fall classes began on Aug. 26.
- Last day to drop without a "W" on your transcript is Sept. 16
- Registration for Spring classes will begin on Oct. 28

Work Permits Work Permits issued last school year (2023-2024) and this summer expired September 6, 2024. Please stop by the College & Career Center to renew your work permit.

ASVAB, Wednesday, Oct. 9, 2024 - Sign up <u>here</u>. If you're interested in more information on what the ASVAB can offer you, check out their website <u>https://www.officialasvab.com/</u>

Commitment to Community

It is part of the Lincoln way to be a productive part of our community. This includes volunteering time and effort to the many organizations that help make our community better. Students who earn 100 hours each year are awarded the Commitment to Community Service Award and will receive a cord to be worn at graduation. We encourage all students to make a positive impact on our community. Click <u>here</u> for the website.

Commitment to Community (C2C) Sign up for the Remind for updated volunteer opportunities. Text to 81010 @lhsc2cp

Volunteer Opportunities

Be sure you turn in the Parent/Guardian Enrollment Agreement. You also need to complete the Consent for Participation in Community Service **EACH** time you volunteer. Documents can be found <u>here</u>.

Brookside Harvest Festival - Fri., Oct. 25, 4-9pm Students needed to help set up, take down, and run games. Pizza and drinks will be provided. Sign up <u>here</u>

Claudia Landeen - Interested in tutoring after school? Scan the QR code on the flyer to sign up.



TCK ASES - TCK needs help with their after school program. Accepting students in grades 10-12. Please use the QR code to complete the form.



Garden Clean Up

Get your community service hours digging in the garden and picking veggies! We meet every sunny Wednesday during 7th period and give 2 for 1 hours for this activity. See Mr. Bo in the library if you have questions.

General Information and Resources				
LHS website - <u>www.linco</u>	olnhigh.org	General Information		
<u>Aeries Parent Portal</u>		Student Store		
Student Handbook		<u>Student Bulletin</u>		
Frequently Used Phone Numbers				
Administration Office Attendance Office Athletics Office College & Career Center	953-8920 953-8926 953-8924 953-8949	Student Service Center A-Es 953-8933 Et-Lop 953-8932 Lor-Rod 953-8934 Roe-Z 953-8935		