

## **LOCAL HEALTH AND WELLNESS NUTRITION**

~~Stanwood Camano School District is committed to the optimal development of every student. The District believes~~ **board recognizes that for a healthy school environment prepares students to have the opportunity to achieve personal, academic, developmental and social success, we need to create positive, safe and health promoting learning environments at every level for college, careers, and successful futures. Students who eat well-balanced meals are more likely to learn, in every setting the classroom. The board supports the district's increased emphasis on nutrition at all grade levels to , throughout the school year. enhance the well-being of the district's students. Therefore, it is the policy of the board to** ~~The District will~~ **provide students with access to nutritious food as stated in this policy and the applicable procedure,; emphasize health education and physical education; and provide students with opportunities for physical activity in compliance with state and federal requirements for districts participating in the**

### **Nutrition and Food Services Program**

**The board supports the philosophy of the National School Lunch Program, the and School Breakfast Programs and the United States Department of Agriculture (USDA) Smart Snacks in School nutrition standards. will provide wholesome and nutritious meals for children in the district's schools. The board authorizes Tthe superintendent or designee will develop procedures to implement administer the policy food services program, provided that any decision to enter into a contract with a food service management company will require the approval of the board. Expenditures for food supplies shall not exceed the estimated revenues.**

### **The superintendent or designee is responsible for:**

- **Annually distributing meal applications and determining eligibility for school meals;**
- **Protecting the identity of students eligible for free and reduced-price meals;**
- **Ensuring meals meet USDA meal pattern requirements;**
- **Ensuring meal periods are in compliance with USDA regulations;**
- **Establishing a Food Safety Plan;**
- **Determining meal prices and submitting them to the board for approval annually;**
- **Using the full entitlement of USDA Foods;**
- **Maintaining a nonprofit school food service account;**
- **Ensuring all revenues are used solely for the school meal program;**
- **Establishing a meal charge policy if not serving meals at no cost to students;**
- **Accommodating children with special dietary needs;**
- **Ensuring compliance with USDA nondiscrimination policies;**
- **Following proper procurement procedures; and**
- **Ensuring compliance with the Smart Snacks in School nutrition standards.**

### **Federal Programs**

**Participation in various federal programs related to nutrition, including the National School Lunch Program, the School Breakfast Program, and the United States Department of Agriculture (USDA) Smart Snacks in School nutrition standards, require a wellness policy. The district will address and follow its comprehensive wellness policy in accordance with 6702 – Wellness.**

Cross References: ~~Policy 2100~~ ~~Instructional Program Offerings~~  
**Policy 3210** **Nondiscrimination**  
~~Policy 4260~~ ~~Use of School Facilities~~

Legal References: ~~RCW 28A.230.040~~ ~~Physical Education – Grades 1-8~~ ~~28A.230.050~~  
~~Physical Education in High School~~  
**RCW 28A.210.365** **Food Choice, physical activity, childhood fitness – Minimum standards – District waiver or exemption policy**  
28A.235.120 Meal Programs – Establishment and operation – Personnel - Agreements  
~~28A.30.050~~ ~~Surplus or Donated Food Commodities for School Hot Lunch Programs~~  
28A.235.130 Milk for children at school expense  
**28A.235.140** **School Breakfast programs**  
**28A.235.145** **School Breakfast and lunch programs – Use of state funds**  
**28A.235.150** **School Breakfast and lunch programs – Grants to increase participation – Increased state support**  
**28A.235.160** **Requirements to implement school breakfast, lunch and summer food service programs – Exemptions**  
**28A.235.170** **Washington grown fresh fruit and vegetable grant program**  
28A.623.020 Nonprofit meal program for elderly – Authorized – Restrictions  
~~Title~~ ~~RCW 69.04~~ ~~RCW~~ Intrastate Commerce in Food, Drugs, Cosmetics, and Poisons  
69.06.010 Food **and beverage** service worker – permit – **Filing, duration – Minimum training requirements**  
69.06.020 Permit exclusive and valid throughout state – Fee  
69.06.030 Diseased persons – May not work – Employer may not hire  
69.06.050 Permit to be secured within fourteen days from time of employment-  
69.06.70 Limited duty permit  
~~WAC~~ ~~392-157-125~~ ~~Time for meals~~ ~~180-50-135~~  
~~Physical Education – Grade school and high school requirement~~  
~~180-51-085~~ ~~Physical Education Requirement Excuse~~

**2 CFR Part 200**

**Procurement**

7 CFR, Parts 210 and 220

National Lunch Program and School  
Breakfast Program

7 CFR, Part 245.5

Public Announcement of the eligibility  
criteria

**Adoption Date: 07.15.03**

**Stanwood-Camano School District**

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