



Menu Name : Twin Cities International Lunch Menu					
Grade Level / Age Group : K-8 Grades		Meal Pattern : NSLP		Meal : Lunch	
September - 2024					
Monday, September 2, 2024	Tuesday, September 3, 2024	Wednesday, September 4, 2024	Thursday, September 5, 2024	Friday, September 6, 2024	
Hot Meal	Golden Breaded Chicken Patty Sandwich	Walking Taco	French Bread Pizza	Chicken Nuggets w/ Ketchup	Fresh Baked Big Daddy's Pizza
	Ketchup	Nacho Cheese Doritos, Cheese & Crema	Sliced Cucumbers w/ Dip	Birthday Cake Grahams	Garden Greens Salad & Homemade Dressing
	Corn Salad	Black Bean Salad & Shred Lettuce	Daily Fruit	Baby Carrots & Ranch Dip	Daily Fruit
	Celery Sticks	Daily Fruit	Choice Milk	Daily Fruit	Choice Milk
	Daily Fruit & Choice Milk	Choice Milk		Choice Milk	
Hot Meal	Monday, September 9, 2024	Tuesday, September 10, 2024	Wednesday, September 11, 2024	Thursday, September 12, 2024	Friday, September 13, 2024
	Chicken Tenders & Ketchup	Penne Pomodoro	Mandarin Orange Chicken	Old Fashioned Hamburger	Fresh Baked Big Daddy's Pizza
	Crispy Ranch Crackers	W/ Cheese	Steamed Brown Rice	Beef Patty, WG Bun & Ketchup	Garden Greens Salad & Dressing
	Pinto Bean Salad & Cucumbers	Baby Carrots	Celery Sticks & Dip	Corn Salad	Daily Fruit
	Daily Fruit	Daily Fruit	Daily Fruit	Daily Fruit	Choice Milk
Choice Milk	Choice Milk	Choice Milk	Choice Milk	Fresh Baked Cookie	
Hot Meal	Monday, September 16, 2024	Tuesday, September 17, 2024	Wednesday, September 18, 2024	Thursday, September 19, 2024	Friday, September 20, 2024
	Spicy Chicken Sandwich	Burrito Bowl	Brunch Lunch	Twisted Cheese Breadsticks	Fresh Baked Big Daddy's Pizza
	WG Bun & Ketchup	Taco Beef, Seasoned Rice	French Toast Sticks & Syrup	Warm Red Sauce	Mixed Greens Salad & Dressing
	Pinto Beans Salad	Corn Salad & Boom Sauce	Sliced Cucumbers & Dip	Carrot Silms & Dip	Daily Fruit
	Sliced Cucumbers & Dip	Daily Fruit	Daily Fruit	Daily Fruit	Choice Milk
Daily Fruit & Choice Milk	Choice Milk	Choice Milk	Choice Milk		
Hot Meal	Monday, September 23, 2024	Tuesday, September 24, 2024	Wednesday, September 25, 2024	Thursday, September 26, 2024	Friday, September 27, 2024
	Premium Chicken Nuggets	Smoky Chicken Drumstick	CKC Chef's Texas Burger	Sichuan Chicken	Fresh Baked Big Daddy's Pizza
	Ranch Dip	Cool Ranch Doritos	Celery Sticks & Dip	Seasoned Rice	Baby Carrots & Dip
	Wheat Crackers	Potato Stix & Ketchup	Daily Fruit	Crisp Broccoli & Dip	Daily Fruit
	Pinto Bean Salad & Cucumbers	Daily Fruit	Choice Milk	Daily Fruit	Choice Milk
Daily Fruit & Choice Milk	Choice Milk		Choice Milk	Fresh Baked Cookie	
Hot Meal	Monday, September 30, 2024				Week VI
	Crunch Wrap	CKC Good Food Dictionary			
	WG Tortilla, Shred Cheese, Ranch Dip	When we say 'House-made', it is truly made 'In-House' from scratch			
	Shred Lettuce	Our house-made sauces are examples of our chefs' creativity. Our ranch dressing, creamy Italian dip & boom, yowza and tzatziki sauces are not prepackaged products available to any food service program. They are all our own recipes, developed from a proprietary combination of bases and herbs, to complement the entrees and vegetables with which they are served. Each recipe is tailored to enhance the foods with which they are served.			
	Cheesy Refried Beans	<ul style="list-style-type: none"> • Ranch: We have multiple varieties of the dressing we call, "ranch," each with a slightly different herby profile of the well-known staple. • Italian Dip: When marinara sauce isn't quite enough, we have our creamy Italian dip to serve alongside our twisted cheesy bread items. • Boom Sauce: A little spicy and citrusy, our boom sauce is a much-loved accompaniment to our Mexican meals. • Yowza Sauce: Yowza, as in "wowza, this is good!", adds a little kick to our spicy Southwestern meals. • Tzatziki Sauce: This yogurt sauce draws out the flavors in entrees like our Greek bowl. 			
Daily Fruit & Choice Milk					

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.