



Menu Name :Twin Cities International Breakfast Menu					
Grade Level / Age Group : K-8 Grades		Meal Pattern : NSLP		Meal : Breakfast	
September - 2024					
Breakfast	Monday, September 2, 2024	Tuesday, September 3, 2024	Wednesday, September 4, 2024	Thursday, September 5, 2024	Friday, September 6, 2024
	Maple Snack'n Waffle	Vanilla Boli	Trix Big Muffin	Confetti Pancake Bites	Warm French Toast Sticks Pack or WG Brekkie
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)
Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.					
Breakfast	Monday, September 9, 2024	Tuesday, September 10, 2024	Wednesday, September 11, 2024	Thursday, September 12, 2024	Friday, September 13, 2024
	French Toast Breakfast Bread	Glazed Honey Breakfast Bun	WG Large Muffin	Cake Glazed Donut	Warm Chocolate Swirl
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)
Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.					
Breakfast	Monday, September 16, 2024	Tuesday, September 17, 2024	Wednesday, September 18, 2024	Thursday, September 19, 2024	Friday, September 20, 2024
	WG Brekkie	Cinnamon Toast Crunch Muffin	Banana Loaf	Choco Crisp Belgian Waffle	Pancake Puffs Pack
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)
Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.					
Breakfast	Monday, September 23, 2024	Tuesday, September 24, 2024	Wednesday, September 25, 2024	Thursday, September 26, 2024	Friday, September 27, 2024
	Strawberry Boli	Mini French Toast Bites	Banana Chocolate Chip Muffin	Blueberry Snack'n Waffle	Warm Caramel Mini Cinnis
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each)
Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.					
Breakfast	Monday, September 30, 2024	CKC Good Food Dictionary			
	Apple Cinnamon Muffin	When we say 'House-made', it is truly made 'In-House' from scratch			
	100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) Entrée is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée.	<p>Our house-made sauces are examples of our chefs' creativity. Our ranch dressing, creamy Italian dip & boom, yowza and tzatziki sauces are not prepackaged products available to any food service program. They are all our own recipes, developed from a proprietary combination of bases and herbs, to complement the entrees and vegetables with which they are served. Each recipe is tailored to enhance the foods with which they are served.</p> <ul style="list-style-type: none"> • Ranch: We have multiple varieties of the dressing we call, "ranch," each with a slightly different herby profile of the well-known staple. • Italian Dip: When marinara sauce isn't quite enough, we have our creamy Italian dip to serve alongside our twisted cheesy bread items. • Boom Sauce: A little spicy and citrusy, our boom sauce is a much-loved accompaniment to our Mexican meals. • Yowza Sauce: Yowza, as in "wowza, this is good!", adds a little kick to our spicy Southwestern meals. • Tzatziki Sauce: This yogurt sauce draws out the flavors in entrees like our Greek bowl. 			

*** Three items meet USDA Requirements (One item must be fruit) ***

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.