



The Bear Facts

Franklin Elementary School

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<http://franklinelementary.fssd.org/>

Dr. April Carrigan, Principal

Lauren Simpson M.Ed., Assistant Principal

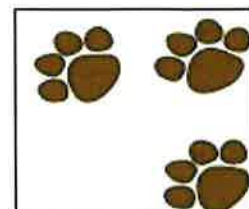
Important Numbers

Front Office 615-794-1187

FES MAC 615-591-2813

Nurse 615-472-3808

Cafeteria 615-472-3866



BIRTHDAYS

- 9/10 Betsy Fuqua
- 9/11 Kaneshia Coffee-Jackson
- 9/15 Jenny Williams
- 9/16 Michelle Pieczura



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CALENDAR

- 9/13 Grandparents Lunch
- 9/17 International Dot Day
- 9/19 PTO Meeting @ 8:45 am
- 9/19 Spirit Night @ Tio Fun
- 9/27 Cub Run Pep Rally
- 10/2 Kindergarten and 2nd grade Field Trip
- 10/3 Cub Run
- 10/4 End of First Quarter Grading Period
- 10/4 Early Dismissal Day
- 10/7-11 Fall Break



Principal's Message

By: Dr. April Carrigan

I hope you and your family enjoyed the 3-day weekend! It was nice to have an extra day to relax and spend time with family.

Our City Saver sale is in full swing! We truly appreciate our students and families for helping to raise money for our school. We have extended our sale until September 9, so there is still time to sell more!

We are excited to host our Grandparents Lunch on Friday, September 13. This lunch is always special for our students and their grandparents. For entry into our school, a valid photo ID is required. Please bring cash if you are interested in purchasing a lunch in the cafeteria.

- K 11:05-11:45
- 1st 10:45-11:20
- 2nd 11:55-12:35
- 3rd 12:15-12:55
- 4th 11:35-12:15

Assistant Principal's Post

By: Lauren Simpson

Hispanic Heritage Month is Sept. 15 - Oct. 15. We will be honoring this month in a variety of ways. During this time students will be exposed to art, literature, and music inspired by Hispanic artists, authors, and musicians. We are looking forward to honoring Hispanic Heritage during this time.

Nurse's Note

By: Sandra Deal, School Nurse

Here are some facts about head lice that you may not know:

*Head lice cannot jump or fly. They are passed from person to person by head-to-head contact, or by sharing items such as combs, hats, pillows, etc.

*Head lice will attack clean or unclean hair with equal zest. *You cannot get head lice from, nor give head lice to your pets.

*Head lice will only live about 48 hrs. without a human host, and they will not reproduce off the body. Any nits that fall off the body will not hatch or reattach.

*One telltale sign of head lice is persistent itching of the scalp.

Parents are encouraged to check their child's hair every 2 to 3 days and treat if an infestation is found. Parents are encouraged to have their child checked by the school nurse prior to return to school.



Coordinated School Health News

By: Lisa Chatman, FSD School Health Coordinator



The FES MAC Student Health Club will have its first meeting on Thursday, September 12th at 4:00 PM in the FES cafeteria. Students in the 2nd, 3rd and 4th grades who attend MAC are invited to join Nurse Deal and Ms. Chatman as we talk and learn about lifestyle choices, easy snack preparation, and much more. This is the first meeting for the 2024-25 school year. The student health club will meet monthly, and the full schedule will be shared soon. We hope to see you there!

Counselor's Corner

By: Andrea Gillette, School Counselor



1187.

Happy Friday! I hope you and your family had a nice week. The character word for the month of September is respect, and we are continuing to learn the meaning of respect. In my class this week, kindergarten students learned how to make friends, and third-grade students learned positive friendship qualities. Next week, first, second, and fourth grade students will come and first-grade will learn about listening and following directions the first time, and second-grade will learn about self-control. Fourth-grade will learn about friendship boundaries (joking – fun vs. mean, touching – playful vs. hurtful, BFF's – togetherness vs. exclusion, do this – ideas vs. control, chit chat – positive vs. negative). If you have questions or concerns, please feel free to contact me at 615-794-

As a small child, I didn't think about how powerful and meaningful our family meals were. My mom worked so hard each night to prepare a yummy meal for us. We would gather around the table, all four of us, each night and eat and talk. Sometimes, we were too tired to talk. Other times, we talked about our day, good and bad. We were together though, and that is what mattered. Don't underestimate the importance of the family meal together. It sets the tone for your family, and some wonderful conversations and life lessons can transpire. Make time to eat together no matter the meal. They truly are powerful and meaningful.



International Dot Day!

By: Jennifer Alvarado, Art Teacher

When: Tuesday, September 17th

What: *The Dot* tells the story of a caring teacher who reaches a reluctant student in a remarkably creative way. In Peter Reynolds' book, the teacher dares a very resistant Vashti to "make her mark". Vashti's breakthrough begins with a simple dot on a piece of paper. Encouraged by her teacher, she sets off on a journey of self-discovery, letting her creativity bloom and, ultimately, inspiring others along the way.

How: Dress up in your spotty or dotty-est attire! Find something in your closet, make a special Dot Day outfit and come ready to celebrate our 10th Annual Dot Day at FES!

How does Reynolds' recommend celebrating? "Spread the word...On International Dot Day, read *The Dot*, wear dots, eat dots, draw dots, frame dots, connect the dots, splurge on art supplies, try a new medium—a new instrument, write a poem, rearrange your furniture, reconnect the dots with old friends, make something, or make something with a friend. Share your creativity with the world.



PTO Happenings

By: Callie Alexander, PTO President

We just wrapped up our first PTO meeting of the school year and what an amazing turnout it was! It was great to see so many new faces around the table. We discussed details regarding our first fundraiser of the year, the City Saver, and began initial planning for the upcoming Cub Run happening next month. It's always great to gain fresh perspectives and I want to welcome you to attend our next PTO meeting Thursday, September 19th at 8:45am at FES. All upcoming PTO



meetings will now be held in our newly designated PTO room located in the First-Grade wing of the building.

Our City Saver fundraiser will be extended through Monday, September 9th. Your kids have worked hard and should be proud of their efforts thus far! With this additional time, let's make one more big push and meet our goal! If each child sold just two books FES can earn the schoolwide incentive, a pajama day!

Friday, September 13th will be our annual Grandparents Lunch here at FES. A flyer should have come home with your child. Lunch times will be altered slightly the day of to accommodate our extra guests. Adult lunches this day will cost \$6.00 and the preferred payment for lunch is cash. Please remind any guests attending that a photo ID will be required to enter the building. We are always looking for volunteers to help set up the day prior and volunteers the day of. If you are interested in volunteering, please look at the Signup Genius on the Remind App. We really can't wait to welcome our grandparents on this fun and special day!

Planning for the Cub Run, our biggest FUNdraiser and event of the year, is well underway. We'd like to give a big thank you to our 2024-2025 Cub Run Title Sponsor Puckett's! Puckett's roots stretch back to the '50s and is located in the heart of downtown Franklin. Puckett's is known for its laid-back down-home atmosphere, and we are thrilled to have them be our title sponsor! We would also like to thank our Community School Sponsor Rachel Oates Family Dental, located right outside of downtown Franklin, for their generous donation and investment in our school.

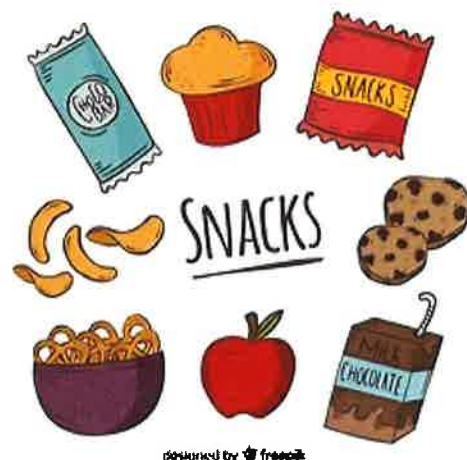
Furthermore, a thank you to our Friends of Franklin Elementary Sponsors including: Kiewit, Simply Living Life, Vulcan, Mitsubishi Motors, Kemp and Rice Dental, and Five Points Roofing. Our school wide goal this year is \$20,000 and this money will go towards resealing the basketball courts, fluorescent light covers for 2nd grade, Bee Bots used for coding, interactive read aloud kits, phonics readers, dual language readers, and kindergarten furniture, activities, and materials for arrival activities. Please mark your calendars for the Cub Run which will take place Thursday, October 3rd. There will be many opportunities to volunteer for this event, please look to the Remind App for sign-ups as they come available. Thank you!

A La Carte Cafeteria Items

By: Debby Persch, Café Manager

A la carte items are available for purchase by students in 2nd, 3rd and 4th grades starting this week. The prices will range from \$.25 to \$1.25. A la carte items available include items such as pretzels, chips, fruit snacks, sunflower seeds, mini rice krispy treats, popcorn, etc.

Students will only be able to purchase a la carte items if they have money in their account or bring money in.



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Lunch Menu

Franklin Elementary / Lunch

SEPTEMBER 2024

Mon	2	Tue	3	Wed	4	Thu	5	Fri	6
No Information Provided		Cheesy Chicken and Rice Casserole Fish Taco Salad Bar Cheesy Broccoli Lettuce, Tomato, Salsa Assorted Fruit Treat Tuesday		Chicken Smackers Teriyaki Chicken Salad Bar Green Beans Mashed Potatoes Roll Assorted Fruit		Macaroni & Cheese Macaroni and Cheese with Ham BBQ Sandwich Salad Bar Coleslaw Peas Assorted Fruit		Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza Romaine Tossed Salad Salad Bar Baby Carrots Assorted Fruit	
Mon	9	Tue	10	Wed	11	Thu	12	Fri	13
Hamburger/Cheeseburger Meatball Sub Salad Bar Roasted Potatoes Lettuce, Tomato, Pickles Assorted Fruit		Chicken Fajita Chicken Nachos Salad Bar Lettuce, Tomato, Salsa Assorted Fruit Treat Tuesday		Chicken Smackers Ranch Chicken Salad Bar Green Beans Mashed Potatoes Roll Assorted Fruit		Wings Oven Roasted Wings of Fire Wings Sriracha Salad Bar Crinkle Cut Fries Cheesy Broccoli Assorted Fruit		Cheese Pizza Pepperoni Pizza BBQ Chicken Pizza Caesar Salad Salad Bar Corn Assorted Fruit	
Mon	16	Tue	17	Wed	18	Thu	19	Fri	20
Hamburger/Cheeseburger Chicken Sandwich Salad Bar Tater Tots Lettuce, Tomato, Pickles Assorted Fruit		Tacos Baked Potato with Taco Meat Salad Bar Black Beans Lettuce, Tomato, Salsa Assorted Fruit Treat Tuesday		Chicken Smackers BBQ Chicken Salad Bar Green Beans Mashed Potatoes Roll Assorted Fruit		Bosco Sticks Home-style Meatloaf Salad Bar Honey Glazed Carrots Corn Assorted Fruit		Cheese Pizza Pepperoni Pizza Taco Pizza Romaine Tossed Salad Salad Bar Baby Carrots Assorted Fruit	
Mon	23	Tue	24	Wed	25	Thu	26	Fri	27
Hamburger/Cheeseburger Mini Corn Dog Salad Bar Baked Beans Lettuce, Tomato, Pickles Assorted Fruit		Cheese Enchiladas Casserole Chicken Enchiladas Casserole Salad Bar Refried Beans Steamed Broccoli Assorted Fruit Treat Tuesday		Chicken Smackers Lemon Pepper Chicken Salad Bar Green Beans Mashed Potatoes Roll Assorted Fruit		Spaghetti with Meat Sauce Buttery Noodles Salad Bar Italian Vegetable Blend Creamed Spinach Breadsticks Assorted Fruit		Cheese Pizza Pepperoni Pizza Chicken Bacon Ranch Pizza Caesar Salad Salad Bar Corn Assorted Fruit	
Mon	30								
Hamburger/Cheeseburger Cheesy Chicken Sub Salad Bar Emoji Potatoes Lettuce, Tomato, Pickles Assorted Fruit									

Beverages Apple Juice - Orange Juice - Milk Chocolate Fat Free - Milk Fat Free - Milk 1%

Condiments Honey Mustard Dressing - Ketchup - Mayonnaise - Ranch Dressing - Tarter Sauce - Taco Sauce

Salad Bar

Breakfast(\$2.75) Breakfast Reduced(\$0.30) Breakfast- Adults(\$3.00) Lunch(\$3.75) Lunch- Reduced(\$0.40) Lunch- Adult(\$4.25)
Lunch- Child Visitors(\$3.75) Holiday Meals Visitors(\$5.00) Ice Cream(\$1.00) Milk(\$0.75)

View more: <http://schools.mealviewer.com/school/FranklinElementary>

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