

Student Wellness Committee

Minutes

May 3, 2024

Members:

Char Fronko, Food Service Coordinator

Tina McClung, WE Head Cook

Melissa Kemper, School Nurse

Kim Yabs, WE Physical Education Teacher

Ann Skufca, Family and Student Liaison

Melcie Wells, Treasurer

1. Committee members – Board Policy and requirements
 - The Committee reviewed Board Policy, EFG – Student Wellness Program and discussed the policy in great detail including the food sales during the school day by groups affiliated with the school. Mrs. Wells will work with the administrative team to assure that the building administration is aware of the policy and works with the food service department on nutritional guidelines.
2. Wellness plan – examples and plan going forward
 - Examples of wellness plans were distributed and the committee reviewed pros and cons to the examples. Missy Kemper and Char Fronko will work together to recommend a student wellness plan at the next committee meeting.
3. Immediate concerns on student wellness for next school year
 - Ms. Skufca raised concerns on making sure we are meeting the needs to students that are shut in and unable to attend school, including social needs as well as nutritional needs.
 - Mrs. Fronko updated the committee on upcoming changes to nutritional guidelines and the challenges that will bring for the District to meet.
 - Mrs. Yabs talked about the District showing the community how we are utilizing our facilities and resources to provide physical instruction during the school day.
 - Mrs. Kemper would like the plan to address eliminating any outside food prepared in a home and brought in to the school.
4. Committee going forward – meeting dates and strategy.
 - The committee plans to meet early in the 2024-2025 school year to review recommendations on the student wellness plan. The committee plans to have a recommended plan to present to the Board and community by late fall 2024.