

Daily Offerings

- Boar's Head Oven Roasted Turkey or Ham (P) with or without American Cheese on WG Sliced Bread
- Sun Butter with or without and Jelly on WG Sliced Bread
- Caesar Salad with Chicken
- Turkey Chef Salad
- Bagel Lunch with Yogurt Cups or String Cheese
- Homemade Yogurt Parfait
- Cheese or Pepperoni(P) Pizza

Daily Vegetables & Fruit

- Apple, Orange and Banana
- Celery Sticks, Carrot Sticks & Romaine Salad
- 1% Whole Milk, Fat Free Chocolate & Fat Free White (Milk is included with all meals)



September 2024

Seaford Elementary Schools

LUNCH MENU

MON	TUES	WED	THURS	FRI
				Grandparents Day
2	3 All- Natural Chicken Tenders Sautéed Carrots Sweet Potato Fries Applesauce	4 BBQ Boneless Chicken Dinner Roll (WG) Steamed Corn Romaine Salad Blueberries	5 National Cheese Pizza Day Pepperoni(P) Pizza Steam Spinach Banana	6 French Toast Bites Chicken Sausage Roasted Black Beans Sliced Apple
9 BBQ Chicken Calzone BBQ Vegetarian Beans Cantaloupe	10 Homemade Macaroni & Cheese WG Dinner Roll Sautéed Zucchini Pear	11 Waffle Wednesday WG Confetti Waffles Turkey Sausage Glazed Carrots Blueberries	12 Cheesy Stuffed Breadsticks Roasted Corn Strawberries	13 Cheese Pizza Chicken Sausage Pizza Sautéed Broccoli Honeydew
16 Chicken Patty Sandwich on a Bun (WG) , Mashed Potato Tomatoes Slices Sliced Orange	17 Chicken Nachos WG Corn Nacho Chips Melted Cheddar Cheese Brown Rice Pinto Beans Pineapple	18 Brunch for Lunch WG French Toast Sticks Turkey Sausage Cucumber Coins Banana	19 Grilled Cheese Sandwich on WG Sliced Bread Tomato Salad Roasted Broccoli Orange Wedges	20 Cheese Pizza BBQ Chicken Pizza Steamed Corn Pears
23 Beef Hamburger / Cheeseburger on WG Bun Butternut Squash Sliced Apple	24 General Tso's Chicken w/ Boneless Chicken Brown Rice Roasted Potatoes Watermelon	25 Brunch for Lunch WG Waffles Chicken Sausage Roasted Broccoli Strawberries	26 Chicken Nachos WG Corn Nacho Chips Melted Cheddar Cheese, Brown Rice Pinto Beans Pineapple	27 Cheese Pizza Or Meat Lovers Pizza (Crumbled Chicken, Pepperoni(P), Ham(P) and Turkey Sausage) , Steamed Green Beans Banana
30 Penne Pasta w/Chicken Meatballs & Tomato Sauce French Fries Sauté Broccoli Sliced Apple				

Menus are subject to change.

Free/ Reduce: \$0.00
 Full Price: \$3.00
 Adult Price: \$5.03
 (WG) Whole Grain
 (P) Denotes items may contain pork

Menus are subject to change

All Lunches Must Include
 Choice of:
 Fruits and/or
 Vegetable
 And May Include:
 1% Low-Fat Milk



This institution is an equal opportunity provider.