



COLUMBIA
WELLNESS

Child and Family Mobile Crisis Team

New Addition to the Crisis
Services Continuum of
Care for Grays Harbor
County

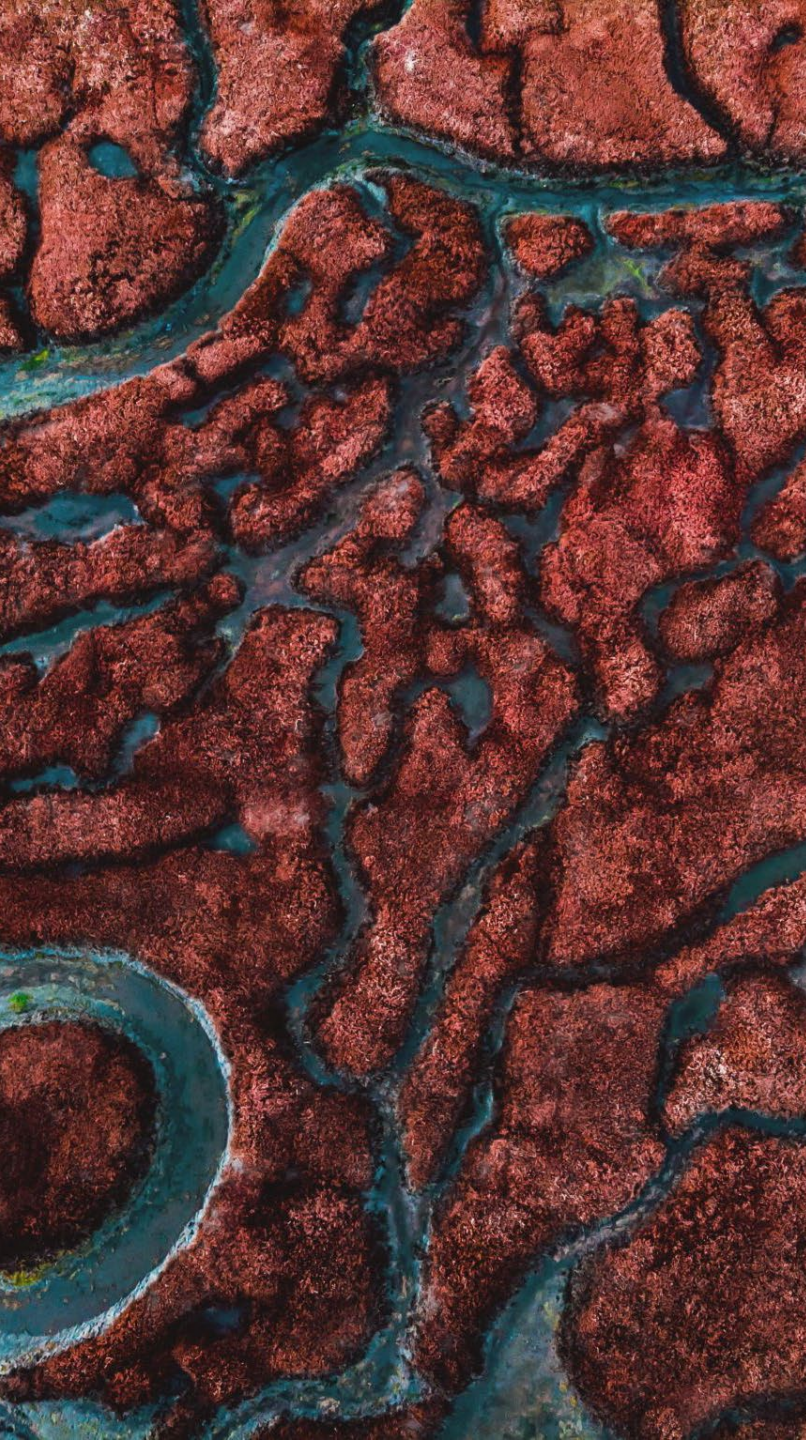
Columbia Wellness History

Opens doors in Cowlitz County in 1953 to serve children and families.

Expands to serving chronically mentally ill adults in early 1970's.

We now serve the full behavioral health (mental health and substance use) needs of both age groups.





Columbia Wellness – Great Rivers Administrative Service Organization Region

- Prior to 2016, Washington State had Regional Service Networks (RSN's) in place to oversee distribution of Medicaid and "State - Only Dollars" within each county or region.
- From 2016 to 2019, Behavioral Health Organizations (BHO's) replaced RSN's to prepare communities for the division of State - Only dollars and the Medicaid Dollars. Grays Harbor became a member of the Great Rivers BHO. This BHO included Grays Harbor, Cowlitz, Wahkiakum, Lewis, and Pacific Counties.
- The Great Rivers - Administrative Service Organization (ASO) was formed in 2019. The Great Rivers - ASO continues to cover each of the five counties identified above. They oversee utilization of State - Only Dollars while Managed Care Organizations (MCO's) oversee the utilization of Medicaid Dollars in each region.

Columbia Wellness in Grays Harbor County (History)

In 2016, Columbia Wellness was invited by Behavioral Health Resources and the Great Rivers - BHO to provide Crisis Services in Grays Harbor County. These services included Crisis Hotline Coverage, Mobile Crisis Outreach, Implementation of Involuntary Treatment Act Services, and Short-Term (15 days or less) Adult Residential Crisis Stabilization.

In 2018, the Great Rivers - BHO elected to remove the Involuntary Treatment Services functions from all local providers in each of the five counties and place them with Olympic Health and Recovery Services in Olympia.

In 2018, CW closed the short-term beds due to building structural and maintenance issues and insufficient reimbursement rates.

Columbia Wellness in Grays Harbor, 2019 to Today



Regional Crisis Hotline Coverage for all Five Great Rivers Counties



Mobile Crisis Response Teams in Grays Harbor, Cowlitz, and Wahkiakum Counties. Now, the New Child and Family Mobile Crisis Team for Grays Harbor County.



Outpatient Behavioral Health Services (Mental Health and Substance Use Disorders)



Psychiatric Medication Prescription and Management



Treatment Admission and Care Coordination with 16-Bed Inpatient Unit in Cowlitz County (Voluntary Crisis Stabilization and Acute Withdrawal Management)

Ages Served by Both Teams



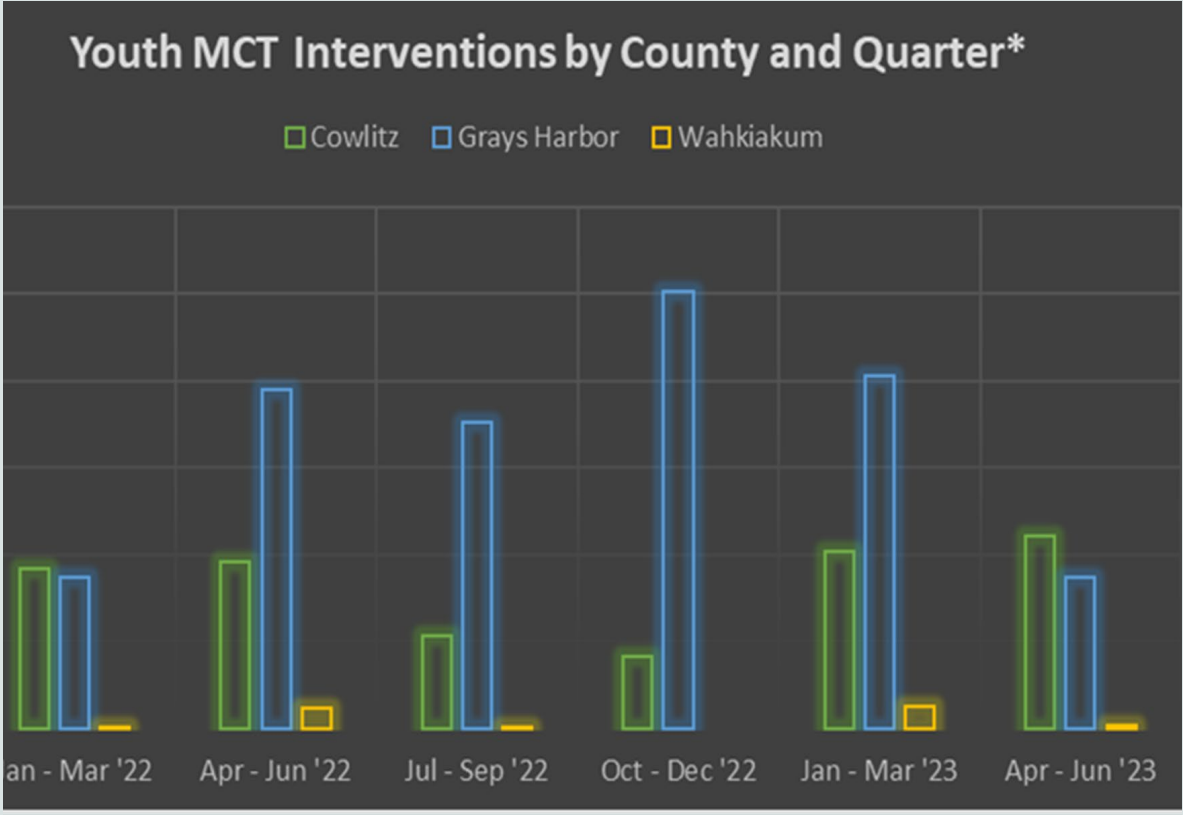
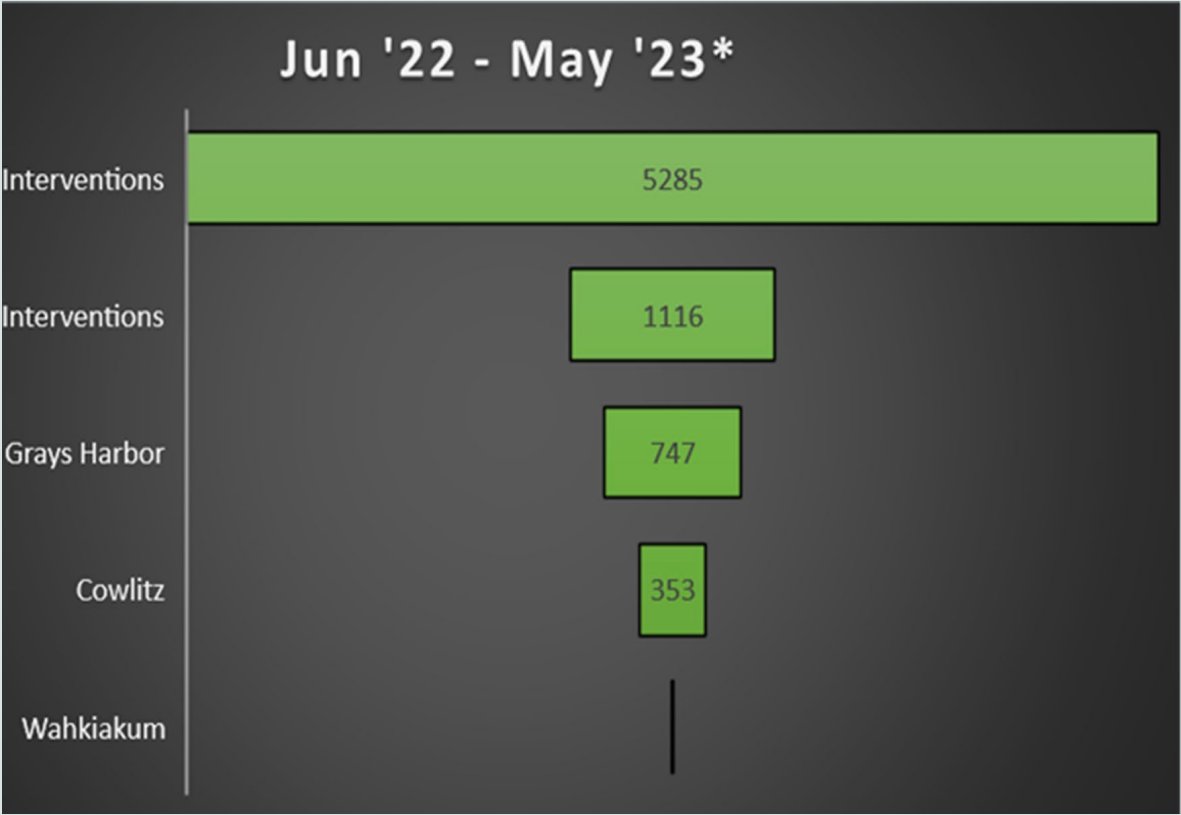
Crisis Services are available to all age groups and regardless of abilities to pay.

Ages 12 and Under: Child and Family Mobile Crisis Services can be provided with consent of parent or legal guardian. Crisis Services can additionally be provided in good faith without such consent if immediate danger is perceived.

Ages 13 to 20: Child and Family Mobile Crisis Services can be provided without parental or legal guardian consent. Confidentiality is protected up to the point of perceived risk or danger.

Ages 21 and Above: Crisis Services will be provided by the Adult Mobile Crisis Team

Why Grays Harbor for the New Child and Family Mobile Crisis Team?





What Exactly Does a Mobile Crisis Team Provide?

- **24/7 Local Crisis Hotline Services**
- **Local Face-to-Face Crisis Interventions In-Office**
- **Face-to-Face Crisis Interventions in the Community**
- **Brief and Short-Term Crisis Stabilization Support**
- **Referral and Engagement Support**
- **Community Education, Training, and Advocacy**

Voluntary Care Versus Involuntary Care

Columbia Wellness will endeavor to provide culturally sensitive and age-appropriate crisis intervention services to all who request them. However, a need for a higher level of care, beyond that which can be given in outpatient settings, is often indicated. In these circumstances, placement in a more protective setting may be necessary. If voluntary, the Mobile Crisis Team can help facilitate such discussions.

If, however, potential involuntary care appears necessary, these interventions exceed the scope and authority of local, Mobile Crisis Outreach Teams. Full responsibility for taking individuals into protective custody or for initiating the Involuntary Assessment and Detention Procedures fall solely to local Peace Officers and to the Designated Crisis Responders with Olympic Health and Recovery Services in Olympia.



If I Call, What Can I Expect to Happen?

RCW 71.34.010

“It is the purpose of this chapter to assure that minors in need of behavioral health care and treatment receive an appropriate continuum of culturally relevant care and treatment, including prevention and early intervention, self-directed care, parent-directed care, and involuntary treatment”.

Child and Family Mobile Crisis Team Goals

01

Support and
Maintain Youth in
their Current Living
Environment

02

Outreach and
Engagement to
Youth and Families

03

Promote Safe
Behavior in the
Community

04

Reduce the Use of
Emergency
Departments,
Corrections,
Inpatient Care

05

Assist with
Identifying and
Securing Medically
Necessary
Community and
Clinical Services

I Call You, but Police Come Out? Why?

- It is the preferred practice for Mobile Crisis Teams to respond without the need for law enforcement accompaniment. However, Safety of all persons involved must always be the top priority.
- Law enforcement assistance on outreaches will be pursued if the need for containment for safety purposes is perceived.
- Law enforcement assistance on outreaches to unsecured locations is likely when these locations are unknown or potentially dangerous.



Key Partners to Help Ensure Capacity Exists to Meet the Needs of Children and Families

Primary Care
Providers

Schools

Law
Enforcement

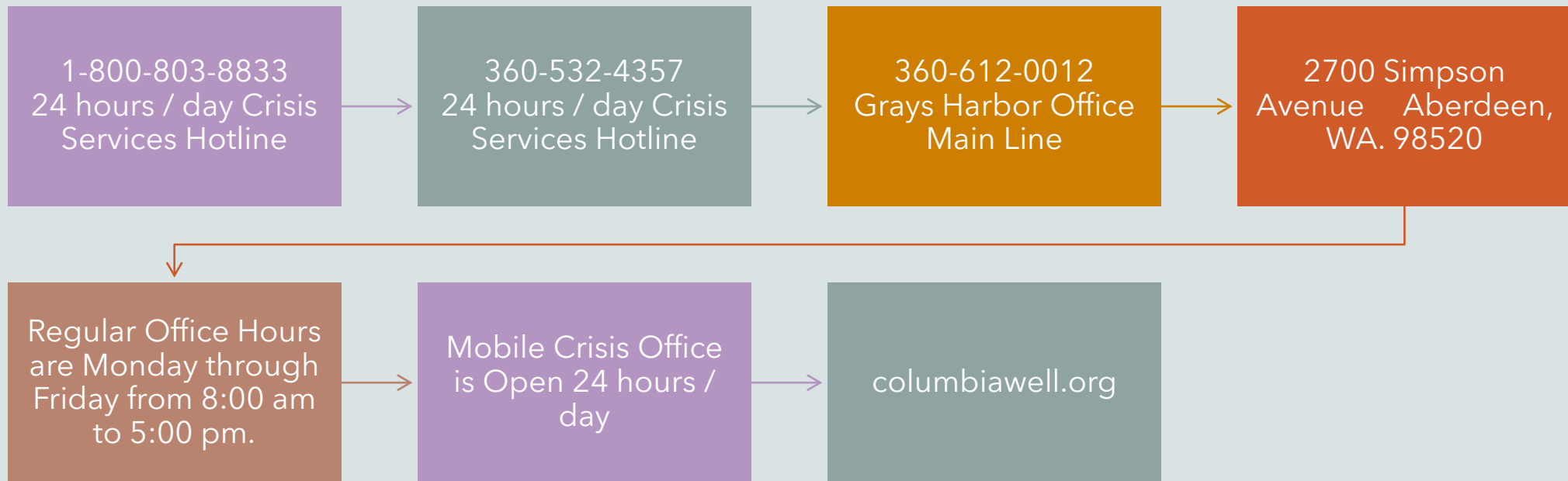
Emergency
Departments

Behavioral
Health
Outpatient
Providers

Juvenile Justice
System

Local and
Regional Political
Support and
Investment

Where Are You Located and How Do I Reach You?



References, Links, and Information I Should Become Familiar With

- <https://www.columbiawell.org/>
- <https://www.grbhaso.org/>
- <https://www.hca.wa.gov/assets/program/mobile-crisis-response-program-guide.pdf>
- <https://app.leg.wa.gov/rcw/default.aspx?cite=71.34>
- <https://app.leg.wa.gov/rcw/default.aspx?cite=71.05>
- <https://www.youtube.com/watch?v=rR-D1PgO0hI>

Thank You for Being
a Part of the Future!

