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Brookline Bulletin

September 6, 2024

Volume 1, Issue 1



Captain Samuel
Douglass Academy
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Brookline, NH 03033
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Dates to remember

September 10	NO SCHOOL , Professional Development
September 11	School Pictures
September 11	RMMS Open House grades 1-3 6:00 p.m.
September 16	CSDA Open House 6:00 p.m. to 7:30 p.m.
September 17	PTO Meeting at RMMS 6:00 p.m.
October 1st	Early Release RMMS 12:45 p.m. CSDA 12:55 p.m.
October 2nd	RMMS Vision Screenings
October 8th	PTO Meeting at RMMS 6:00 p.m.
October 14	NO SCHOOL , Columbus Day
October 28	Picture Retake Day



Dear Families,

Please remember to put your pickup sign in your passenger side window during afternoon car line.

Thank you!



CSDA Happenings

Grade 4: Welcome to Fourth Grade and CSDA! We have spent the first few days learning about the school, routines, schedules, and expectations. We have started learning place value in math and we are in Unit One in our new reading program, Amplify-CKLA, learning about personal narratives. We are looking forward to a fantastic year

Grade 5: Welcome to 5th grade! We have spent the first few days learning routines, expectations, and getting to know each other. We are starting to dip our toes into the 5th grade curriculum.

Grade 6: Welcome back to school, sixth graders! We've spent the first few days together learning how to manage assignments in sixth grade, what our days will look like, and our new ELA curriculum. Let's have a wonderful year together!

CSDA Unified Arts: In physical education, we are having fun getting to know our new classmates. We are doing this by participating in Wolf Den meetings and simple movement activities. Go Wolves!

RMMS Happenings

Grade K: Kindergarten is looking forward to beginning the Reading Workshop model! Students will explore environmental print around the building and words they can already read in their lives.

Grade 1: First graders will continue to build kind and respectful classroom communities as they work and play together. Students will continue to observe monarch caterpillars and watch them change into butterflies.

Grade 2: Next week second graders will jump into their new math program, Eureka Squared! Their first module will be all about graphing.

Grade 3: Third graders will start working on Building a Reading Life through Reading Workshop. They will also start their dive into multiplication through equal groups.

Unified Arts: In Physical Education Class, classes are starting the year with introductions, class expectations, self assessments, and freeze dance! It has been great getting to know all the students to start the year!

Hello Parents and Students, September 2024
Welcome back to school

Anaphylactic Allergies: CSDA and RMMS Classrooms and all building areas are Nut Safe.

There are **no foods or snacks allowed that contain nut products or are processed in a facility with nut products in any classrooms or other parts of the school building, with the following exception.** Students can bring nut products in their lunch from home to be consumed in the **Cafeteria** at lunchtime. Nut products are not served in the cafeteria.

- **Snack –Pack separate from lunch.** Please pack a nut safe morning snack separately from the lunch. The snack will be kept and consumed during the morning in the classroom. Include the ingredient label for processed food.
- **Lunch from home- Pack separate from snack. Lunch will be kept in backpacks and brought to the cafeteria at lunchtime.** Students cannot access their lunchbox for morning snack; pack snack separately.
- In addition to nuts, there are students with other food related allergies and you may receive classroom specific notices requesting you not send certain food items.

Health Concerns: If your child **requires medication, has asthma, allergies** or any other **health concern** that may require care during the school day, please contact us as soon as possible if you have not sent medical information.

Student Medications during the school day:

1. If your child needs **prescription medication** during the school day, the medication must be **hand delivered to school by an adult** and include the physician's prescription for administration during the school day. The medication needs to be in the original labeled container. Contact us to obtain the form to provide physician and parent authorization.
- 2.
3. **You will provide authorization in PowerSchool for over the counter medication (OTC) that your child can receive if needed during the school day.**
- 4.
5. If your child needs **OTC medication** that is not included on the general list, a permission form must be completed by the parent. Please contact us to obtain the form. The medication must be provided in the original packaging and **hand delivered to school by an adult.**
- 6.

Illness: To prevent the spread of illness, do not send your child to school if they are experiencing any of the following symptoms: **fever (temperature 100 or above), vomiting, diarrhea, undiagnosed skin rash, or any communicable disease. If they have a fever, they should remain at home until they have been free of symptoms (fever free without medication) for 24 hours. If they are diagnosed with strep throat they should be fever free and on antibiotics for 24 hours before returning to school.**

Student **Vision and Hearing Screening will take place in the fall and will be announced in the Newsletter. If you do not want your child to be screened, please send a note to be excluded.**

Grade 6 -Immunizations & Physical Exam During this school year if your child has a physical exam (dated 8/1/24 or later) and/or immunizations including the Tdap vaccine, please send a copy to us, for the health file. It will be a requirement to enter grade 7.

Please contact us with any questions you may have.
Maureen Lorden RN CSDA, Tena Ferenczhalmay RN RMMS

Brookline Schools Allergen Safe Procedures

The school buildings at CSDA and RMMS are **nut-safe** with the exception of the cafeteria for students at lunch time. Nut-safe includes no **peanuts or tree nuts** or foods that are processed in factories that manufacture the listed items.

How you can help:

SNACK Pack the morning snack separately from lunch. Some families have found that a reusable quart or gallon size Ziploc bag is helpful. All snack items can be packed together. Check that the items are nut safe and label the bag. If your child accidentally brings a snack that is unlabeled or not nut safe, it will be sent home with a note explaining why it was not safe to be consumed in the classroom. A safe snack will be provided. In the event there is no supply, a safe snack can be purchased from the café.

LUNCH Pack lunch in a separate container from the snack. Lunches CAN contain nut products.

Brookline Schools Healthy Celebrations

Individual Class Celebrations such as birthdays and School Wide Celebrations such as Halloween

In order to provide a healthier and safer school environment SAU 41 has adopted the following:

- Individual class birthday parties will be celebrated in ways that **do not include any food items**. Please check in with your child's teacher prior to the birthday for prior approval.
- School wide celebrations will also be celebrated in ways that **do not include food items**.

Listed below are some suggestions on celebrating with your child at school.

- **Read a book to the class:** Please contact your child's teacher via email two weeks or more before the birthday to arrange a time and an approved book.

- **Favorite Book:** Have your child bring in his/her favorite book to share with the class. Your child or the teacher can read it. Please email the teacher the title/author of the book 2 weeks in advance for approval.

- **Non-Edible Items:** Send in non-edible items such as pencil, eraser, stickers, book, small puzzle etc. Please contact your child's teacher ahead of time to make arrangements.

- **A gift for the classroom:** Send in a wrapped item that your child can open and then share with the class. Items can include, board game, card game, puzzle or something on the teacher's wish list. Please email the teacher ahead of time to make arrangements.



PICTURE DAY IS ALMOST HERE!

¡El día de la foto llegará pronto!



www.geskusprint.com

Picture Day
Día de la foto:

09-11-24

Captain Samuel Douglass Academy

Unique Code
Código único:

9HA42HZF

Be sure to take a look at the packages, prints, & novelties we offer and place an order online until 24 hours after picture day. Pay full price for first 2 children's orders and receive each additional child's order for **FREE!**

1

Visit us online

Visit us online at
geskusprint.com

2

Enter your code

Use your unique
code above to log in
& pre-order photos

3

Place your order

Select your packages,
prints, and novelties
then checkout

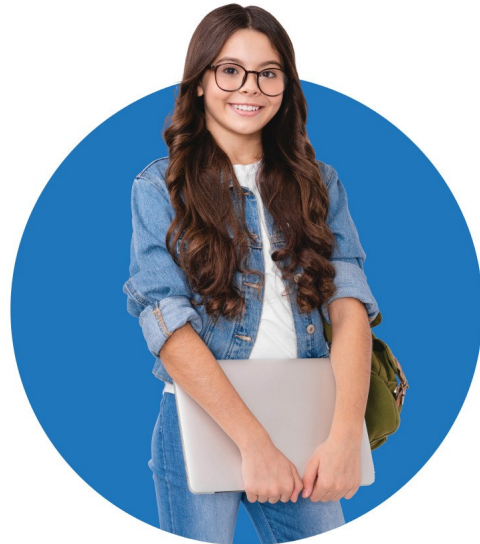
Asegúrese de echar un vistazo a los paquetes, impresiones y novedades que ofrecemos y haga un pedido en línea hasta 24 horas después del día de la foto. Pague el precio completo de los 2 primeros pedidos de niños y reciba GRATIS el pedido de cada niño adicional.

1. Visítenos en geskusprint.com
2. Utilice su código exclusivo para iniciar sesión y reservar fotos
3. Seleccione sus paquetes, impresiones o novedades y pase por caja



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Picture Day
Día de la foto:

09-11-24

Richard Maghakian Memorial School

Unique Code
Código único:

ZXFYY6T4

Be sure to take a look at the packages, prints, & novelties we offer and place an order online until 24 hours after picture day. Pay full price for first 2 children's orders and receive each additional child's order for **FREE!**

1

Visit us online

Visit us online at
geskusprint.com

2

Enter your code

Use your unique
code above to log in
& pre-order photos

3

Place your order

Select your packages,
prints, and novelties
then checkout

Asegúrese de echar un vistazo a los paquetes, impresiones y novedades que ofrecemos y haga un pedido en línea hasta 24 horas después del día de la foto. Pague el precio completo de los 2 primeros pedidos de niños y reciba GRATIS el pedido de cada niño adicional.

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3. Seleccione sus paquetes, impresiones o novedades y pase por caja



2024-2025 Food Service Information for Families

Dear Parents/Guardians:

We welcome you all back!

The School Nutrition Department is looking forward to serving your children nutritious, great-tasting meals that support their achievements in school and promote healthy lifestyles. We strive to provide outstanding service and good quality meals that meet Federal & State Requirements.

We are passionate and committed to serving all our students!

We are always available for questions or concerns and we look forward to seeing the students on the first day of school!

Contacts

Amy Cassidy RD, LD, Director of School Nutrition – amy.cassidy@sau41.org, 324-5997 ext 3061

HBHS – Megan King, Head Cook 821-4477 ext 1151

HBMS – Inger Walega, Head Cook 324-5997 ext 3062

HUES – Elizabeth Murray, Head Cook 877-465-5474

HPS – Cindy Tomer, Head Cook 324-5995

CSDA – Anne Marie Connors, Head Cook 821-0439

RMMS – Lilliana Spillane, Head Cook 673-4640

We are hiring staff and subs to work in all schools. Great hours and great people!!

**Please visit the SAU website to apply:
<https://www.sau41.org/administration/human-resources/employment-opportunities>**

Free & Reduced **VERY IMPORTANT!!!**

EACH school year a **new** application MUST be submitted (1 per household family) even if your child was receiving free or reduced meals the last school year.

PLEASE – if you have qualified in the past or think you might qualify, fill out an application NOW.

The free/reduced lunch application is available in every school building and is also found on the SAU website to print, or **apply online at:**
<https://www.sau41.org/administration/food-service>.

Meals

Breakfast and lunch are available each day at all schools.

Style of serving meals will vary by school – please call the head cook at your child's school if you have specific questions.

Menus are online to view and print:
<https://sau41.nutrislice.com/menu>.

HBHS and HBMS have many lunch choices each day including a main entrée, salads, sandwiches, and yogurt.

Elementary schools have a main lunch choice, yogurt lunch choice and a sandwich or salad lunch choice.

Snacks & Purchasing Info

We offer snacks, drinks and a la carte items at HBHS & HBMS. A selection of Smart Snack Compliant snacks are available at CSDA & HUES. Students MUST have money in their accounts or cash to buy snacks, bottled drinks, and second servings.

MILK: One milk per meal is served with all meals. Extra milk or single-purchase milk is \$0.50, regardless of free/reduced meal eligibility and will be charged to the account (and students must have money in their accounts).

Lunch account balances rollover year to year (negative and positive). Please visit myschoolbucks.com if you are unsure of your student's balance.

How do I add money to an account?

We recommend sending in a check or using myschoolbucks.com to make a payment online. If you must send cash, please put it in an envelope with your student's name and it will be deposited into your student's account.

Checks are made payable to:
'School name' Food Service

Setting up a free [Myschoolbucks.com](https://myschoolbucks.com) account will also allow you to track purchases. You may add money via credit card ([Myschoolbucks](https://myschoolbucks.com) charges a fee).

Meal Pricing

Breakfast - all schools: \$1.75
Lunch - Elementary \$2.90
Lunch - HBMS: \$3.15
Lunch - HBHS: \$3.30

Have a great school year!!

September 2024



Richard Maghakian Memorial School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  Labor Day	3 All Time Favorite... Popcorn Chicken Bowl • Popcorn Chicken • Creamy Mashed Potatoes • Gravy • Classic Corn • Dinner Roll • Fresh Apple Slices Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	4 Nacho Day! Beef and Cheese Nachos Cheese Nachos Refried Beans w/Cheese • Fresh Baby Carrots • Lite Ranch Dip • Pineapple Tidbits Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	5 Breakfast for Lunch! Delicious Waffles Ben's Sugar Shack Syrup Vanilla Yogurt Parfait Golden Tater Tots Frozen Juice Slushy Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	6 • Gill's Fresh Cheese Pizza Salad w/Homemade Italian Dressing • Fresh Baby Carrots Fruit Variety Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick
9 It's All About the Sticks... • Mozzarella Cheese Sticks • Marinara Dip Cup • Parmesan Breadstick • Carrot Sticks • Lite Ranch Dip • Watermelon Chunks Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	10  Teacher Professional Day	11 Meatball Frenzy Cup o' Meatballs w/Marinara Sauce • Parmesan Cheese Packet • Garlic Knot • Roasted Broccoli Trees • Applesauce Cup Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	12 New !! Homemade Sweet & Sour Chicken • Fortune Cookie • Seasoned Brown Rice Steamed & Yummy Carrot Coins • Orange Smiles Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	13 • Gill's Fresh Cheese Pizza Salad w/Homemade Italian Dressing • Salty Roasted Garbanzo Beans Fruit Variety Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick
16 Classic... Crispy Chicken Tenders Butter Glazed Dinner Roll Fresh Zucchini & Carrots • Lite Ranch Dip • Chilled Peaches Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	17 Taco Tuesday! Beef & Cheese Soft Taco Classic Corn • Refried Beans w/Cheese • Pineapple Tidbits Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	18 NH Harvest of the Month Day! Pasta Bar Penne Pasta w/Marinara Sauce & Cheese Cup Penne Pasta w/Meatsauce • Garlic Texas Toast • Fresh Pepper Strips • Lite Ranch Dip • Mandarin Oranges Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	19 Breakfast for Lunch! Fluffy Pancakes Ben's Sugar Shack Syrup • Breakfast Sausage Patty Sweet Potato Fries • Fresh Apple Slices Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	20 • Gill's Fresh Cheese Pizza Salad w/Homemade Italian Dressing • Fresh Baby Carrots Fruit Variety Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick
23 Homemade & Delicious Cheese Quesadilla • Salsa • Sour Cream Cup Shoestring French Fries Black Bean Salad • Fruit Cocktail Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	24 Old Favorite... • Crispy Chicken Sandwich Garden Salad w/Ranch Dressing Strawberries & Cantaloupe Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	25 SPECIAL of the Month! Sweet & Crispy Mandarin Orange Chicken Plain Lo Mein Noodles • Fortune Cookie Powerhouse Steamed Broccoli • Fresh Apple Slices Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	26 Classic... • Toasty Cheese Sandwich • Smartfood Popcorn • Potato Smiles Chilled Pears Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	27 • Gill's Fresh Cheese Pizza • Fresh Baby Carrots • Lite Ranch Dip Fruit Variety Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick
30 Burger Day! • Cheeseburger on a Bun • Hamburger on a Bun Baked Beans • Oven Baked Kinkie Fries • Orange Smiles Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick	1	2	3	4

September 2024

Richard Maghakian Memorial School

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  Labor Day	3 Cereal Variety Bagel w/Cream Cheese 100% Juice Fruit Milk Choice	4 Cereal Variety • Chocolate Chip Muffin 100% Juice Fruit Milk Choice	5 Cereal Variety Strawberry Yogurt Cinnamon Grahams 100% Juice Fruit Milk Choice	6 Cereal Variety Breakfast Favorites 100% Juice Fruit Milk Choice
9 Cereal Variety Whole Grain Cinnamon Roll 100% Juice Fruit Milk Choice	10  Teacher Professional Day	11 Cereal Variety Mini Maple Pancakes 100% Juice Fruit Milk Choice	12 Cereal Variety Vanilla Yogurt Cinnamon Grahams 100% Juice Fruit Milk Choice	13 Cereal Variety Breakfast Favorites 100% Juice Fruit Milk Choice
16 Cereal Variety Whole Grain Breakfast Bun 100% Juice Fruit Milk Choice	17 Cereal Variety Mini Cinnamon French Toast 100% Juice Fruit Milk Choice	18 Cereal Variety Bagel w/Cream Cheese 100% Juice Fruit Milk Choice	19 Cereal Variety Strawberry Yogurt Cinnamon Grahams 100% Juice Fruit Milk Choice	20 Cereal Variety Breakfast Favorites 100% Juice Fruit Milk Choice
23 Cereal Variety • Blueberry Muffin 100% Juice Fruit Milk Choice	24 Cereal Variety Smoothie Tuesday! NEW Crackers Milk Choice	25 Cereal Variety Whole Grain Cinnamon Roll 100% Juice Fruit Milk Choice	26 Cereal Variety Vanilla Yogurt Cinnamon Grahams 100% Juice Fruit Milk Choice	27 Cereal Variety Breakfast Favorites 100% Juice Fruit Milk Choice
30 Cereal Variety Mini Maple Pancakes 100% Juice Fruit Milk Choice	1	2	3	4

Menu is Subject to Change

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