



Troy Elementary Newsletter

September 2024

A Message From the Principal ...

Welcome back to another exciting school year at Troy Elementary School! We've had a great start, with staff and students connecting and a fantastic first assembly. Our theme this year is "WE ARE BETTER TOGETHER" As a community, we are taking the first few weeks to get to know each other, set some goals for the year in order to build a strong school team.

As we begin another year, please be reminded that helping your child strengthen their study skills is one of the most important ways you can assist them to do better in school. The start of a new year is the perfect time to get started. Here are some suggestions to "get the ball rolling".

Choose a regular time and place for homework. It should be a quiet, comfortable location free from distractions. Stock it with necessities such as paper, pencils, and a dictionary.

Allow some free time first. Many children need to "blow off steam" after school by exercising or talking about their day. Many also head straight for a snack. Keep healthy options available that will energize your child for work and play.

Postpone screen time. Watching TV and playing video games are privileges that often take time away from priorities, including reading, homework, and chores. Save all screen time for after study time.

Encourage organization. Productive studying starts with a "to do" list. Older children should make one each day.

Pay attention. Study time is a chance for you to learn about your child. Does s/he excel at reading? Have trouble at spelling? Struggle with multiplication?

Be supportive. Don't ever do your child's homework for them Do stay nearby to supervise. It's okay to answer questions and guide your child through problems. If you are feeling that too much help is needed, please reach out to the teacher! Please remember to send in any remaining forms as soon as possible. Also, please check out our Monadnock Regional School District Family/Student Guide that can be found online at MRSD.org

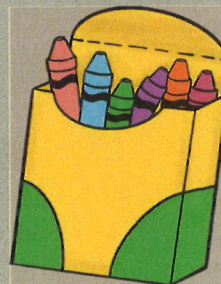
If you have any questions, feel free to reach out to myself or your child's teacher. We're here to help!

And just a quick reminder: September 10th is a staff workshop day, so students will have the day off while our staff focuses on professional development.

Upcoming Events

September 16 Flu Shots
September 26 Picture Day

October 4 Roller Skating



The Third Day of Third Grade!

Third Grade spent this day celebrating 3's! This included lots of activities such as counting by 3's during math sparkle games, reading "Wolf", which refers to the Three Little Pigs, adding and subtracting numbers which contain the number 3, 3 recesses and a taste test that included 3 flavors of Pringles potato chips! Pizza flavored was the class favorite while Salt and Vinegar was the least favorite. We had a fun time celebrating #3 together!

Welcome back from the Health Office!

Please remember to complete your student/s school health record as soon as possible - I am unable to treat your student without your written consent except in emergencies without it. Please let me know if you need a blank one!

Dartmouth Hitchcock Pediatrics will be at Troy School on Monday, September 16th at 9:00 am to administer flu shots to those students whose parents have consented. Afternoon Pre-K students are welcome to participate if parents wish to bring them to the school at that time.

As always, I am always available in person, by phone or email with any questions or concerns!

Shannon Tarbox, BSN, RN
School Nurse
Troy Elementary School
(P) 603-242-7741
(F) 603-719-0862
starbox@mrsd.org

Reminder

Please be aware, we do not have the capability to warm up food from home.



Counselors Corner

Hello families! I am so excited to begin another school year with your children. This is my 4th school year and every new year I feel grateful for this special privilege to witness so many of our friends grow and change.

For our new families, my role as school counselor allows me to meet with students who need extra social emotional support in groups, within the classroom, and individually. Some students may see me on a consistent basis and some just for a moment; My role also allows me to meet with all students here at Troy School. Finally, I also work with teachers to deliver some targeted lessons in each classroom.

This month we will be discussing bullying. Each classroom will engage in lessons around recognizing bullying, reporting, setting boundaries with friends, caring for each other by being an Upstander instead of a Bystander, and respecting each other's differences. As we begin this school year these discussions on bullying will also emphasize that the best way to counter bullying is kindness, acceptance, and inclusion for everyone.

Please look for notices home in your child's classroom around our classroom discussions and how to talk with your child about bullying and support our message here at school.

If you have any concerns or input please reach out! Always! I love connecting with parents!

Mary Frazier
School Counselor



RADICAL RECYCLERS ARE AT IT AGAIN!

by
Kelly Wichland

Once again, second graders have agreed to accept Mrs. Wichland's challenge for the 2024-2025 school year. Students will continue the tradition of collecting waste paper for recycling. Third graders in Ms. Schroeder's class are mentoring the project by showing new recyclers how it's done. Last Friday, we worked together and collected 16 bags schoolwide. Thanks to all staff and students for their support. The Radical Recyclers will continue this effort throughout the year and you can help, too. Please consider donating any brown grocery size bags to our class. If you know a Troy Elementary student, simply ask them to bring the bags in. They will know where to find us in second grade. Thanks and keep on recycling. Together we make a difference for our school, community, and planet!



Monadnock Regional School District

2024-2025 School Year Calendar

August (4 Student Days)

M	T	W	Th	F
O	W	W	SO	SO
W	27	28	29	30

8/19 - New Staff Orientation
 8/20 - Workshop Day (District)
 8/21 - Workshop Day (Principal)
 8/22 - 8/23 Soft Opening
 8/26 Workshop Day (Classroom)

February (14 Student Days)

M	T	W	Th	F
3	4	5	6	C
10	11	12	13	14
17	18	19	20	21
X	X	X	X	X

2/7 -Parent/Teacher Conferences
 2/24-2/28 Feb. Break

September (19 Student Days)

M	T	W	Th	F
X	3	4	5	6
9	W	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

9/2 - Labor Day
 9/10 -Workshop (Teacher)

March (20 Student Days)

M	T	W	Th	F
3	4	5	6	7
10	W	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

3/11 - Workshop (Teacher)
 3/14- End Trimester 2 (elementary)
 3/28 - End Q3 (MRMHS)

October (21 Student Days)

M	T	W	Th	F
	1	2	3	4
7	8	9	10	C
X	15	16	17	18
21	22	23	24	25
28	29	30	31	

10/11 - Parent/Teacher Conferences
 10/14 - Columbus Day

April (17 Student Days)

M	T	W	Th	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
X	X	X	X	X
28	29	30		

4/22-4/26 - April Break

November (16 Student Days)

M	T	W	Th	F
				1
4	W	6	7	8
X	12	13	14	15
18	19	20	21	22
25	26	X	X	X

11/1 - End Q1 (MRMHS)
 11/5 - Workshop (District)
 11/11 - Veterans Day
 11/27-11/29 Thanksgiving Break

May (21 Student Days)

M	T	W	Th	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
X	27	28	29	30

5/26 - Memorial Day

December (15 Student Days)

M	T	W	Th	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	ER
X	X	X	X	X
X	X			

12/6 - End Trimester 1 (elementary)
 12/20 - Early Release
 12/23-1/3 - Holiday Break

June (10 Student Days)

M	T	W	Th	F
2	3	4	5	6
9	10	11	12	13
W	W	S	S	S

6/13 - Last Day For Students
 6/16 - Workshop (Principal)
 6/17 -Workshop (Classroom)
 6/18-6/20 Snow day Make-up if needed
 Snow days 1-5 are built in

January (19 Student Days)

M	T	W	Th	F
		X	X	X
6	7	8	9	10
13	14	15	16	17
X	21	22	23	24
27	28	29	30	31

1/1-1/3 - Holiday Break
 1/20 - MLK Jr. Day
 1/17- End Semester 1 (MRMHS)

176 Student Days - August 27 - June 13

188 MDEA Days - August 20 - June 17

183 MESSA Days (SY) - August 20 - June 16

Non-Instructional Days

X - Schools are Closed
 W - In Service Workshop Day
 C - Parent/Teacher Conferences
 SO- Soft Opening
 ER - Early Release

Term Endings

November 1st - End of Quarter 1
 December 6th - End of Trimester 1
 January 17th - End of Semester 1
 March 14th - End of Trimester 2
 March 28th - End of Quarter 3

This calendar meets the school year requirements of RSA 189:1 and 189:24 and is subject to change due to storms or other unforeseeable emergencies. 3 make-up days (S) have been added which will only be used if necessary.

*****2/27/2024 - Approved by MRSD School Board*****

MRSD Elementary Calendar

2024 - 2025 School Calendar

August '24						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September '24						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October '24						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November '24						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December '24						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January '25						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February '25						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March '25						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

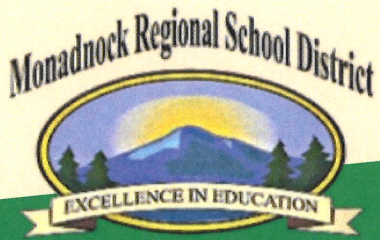
April '25						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May '25						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June '25						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	

July '25						
Su	M	Tu	W	Th	F	S

	DAY 1		DAY 4		No school
	Day 2		DAY 5		
	Day 3		DAY 6		



IT'S MORE THAN A MEAL APPLICATION.

Meal Applications may be downloaded from your school's website or obtained from the district's food service director.

Completing an application takes less than 10 minutes and application information remains private and confidential. Only one application per household is needed.



ONLINE APPLICATION

DON'T DELAY! COMPLETE AND SUBMIT AN APPLICATION TODAY!

FILLING OUT THE SCHOOL MEAL APPLICATION MAY HELP PROVIDE:

After School Academic & Enrichment Programs.

Free/reduced meal for the first 30 school days for next school year.

State and Federal funding for school budgets.

Fund computers and technology - at home and for your school.

Fee waivers for college applications and admissions tests.
**parent/guardian consent required to disclose information.*

Resources for classrooms, teachers, and children.

For more Monadnock Nutrition Department Information visit <https://www.mrsd.org/domain/552>

Distributed by NHED, Office of Nutrition Programs and Services June 2024. This institution is an equal opportunity provider.



NH Department of Education
**Office of
Nutrition Programs
& Services**



Greetings from

TITLE I

www.mrsd.org/title1

READY!
for Kindergarten®

FALL CLASSES

held in person

633 Old Homestead Highway, Swanzey

Wednesday evenings

5:30-7:00

9/11 For parents of 4-5 year olds

9/25 For parents of 3-4 year olds

10/9 For parents of 2-3 year olds

10/30 For parents of 1-2 year olds

11/13 For parents of 0-1 year olds

To register online for these
free classes, please scan this
QR code:



For more information, please
call **357-2042** or email:

Beth Audette baudette@mrsd.org

Lynn Speckman lspeckman@mrsd.org

The McKinney-Vento Act

*Ensuring the educational rights of
students experiencing homelessness*

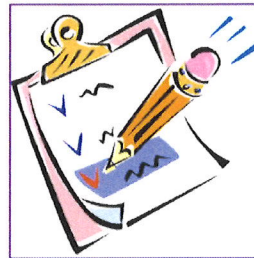
If you are in a temporary housing situation
due to loss of housing or economic hardship,
or a similar reason, you may be able to receive
help for your child through a federal law
called the McKinney-Vento Act.

For more information,
please call our office
at 603-357-2042.



My Back-to-School Checklist

A helpful activity from pbskids.org

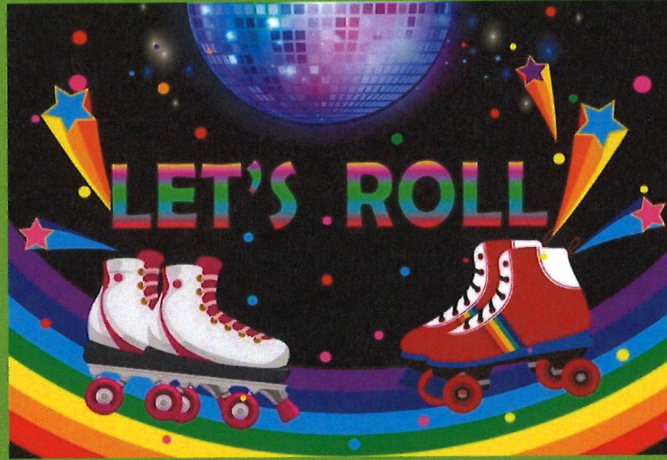


For children who are new
to school, here are things
to know about and
practice. Those who have
been in school for a while
may already be quite

skilled in these departments, but it's always
good to check and be sure!

- ☐ I know my school bedtime and how to get
myself ready for bed.
- ☐ I practiced my morning routine 3 times:
clothes on, eat breakfast, brush teeth, put on
shoes—then off to school!
- ☐ I know how I am getting to school and back
home each day.
- ☐ I have a special place at home to keep my
backpack and supplies.
- ☐ I have practiced packing and putting on my
backpack.
- ☐ I know my teachers' names.
- ☐ I wash my hands with soap and water.
- ☐ I have created a weekly schedule with a
grown-up in my family that includes time for
play when I finish school!





Friday Night Roller Skating

September 06, 2024

Troy Elementary School

The first session starts at 6 pm and goes on until 7:30 pm and is for beginner skaters and family.

The second session is for skilled skaters and 8:00 pm till 9:30 pm

Admission \$5.00

Helmets are mandatory this year! If you forget yours, we have a limited supply.

Not a school sponsored event



PICTURE DAY IS ALMOST HERE!

¡El día de la foto llegará pronto!



NEW
items added!

¡NUEVOS artículos
añadidos!



www.geskusprint.com

Picture Day

Día de la foto:

09-26-24

Unique Code

Código único:

Q9N22U2Y

Scan
me!



Be sure to take a look at the packages, prints, & novelties we offer and place an order online until 24 hours after picture day. Pay full price for first 2 children's orders and receive each additional child's order for **FREE!**

1

Visit us online

Visit us online at
geskusprint.com

2

Enter your code

Use your unique code above
to log in & pre-order photos

3

Place your order

Select your packages, prints,
and novelties then checkout

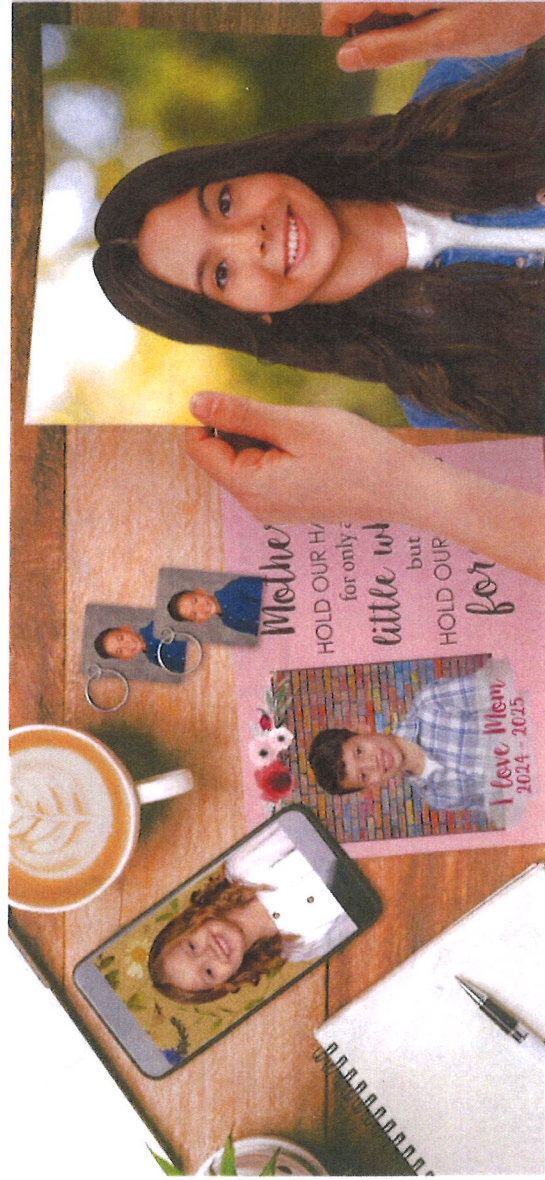
Asegúrese de echar un vistazo a los paquetes, impresiones y novedades que ofrecemos y haga un pedido en línea. Pague el precio completo de los 2 primeros pedidos de niños y reciba GRATIS cada pedido adicional.

1. Visítenos en geskusprint.com

2. Utilice su código exclusivo para iniciar sesión y ver su prueba

3. Seleccione sus paquetes, impresiones o novedades y pase por caja

Troy Elementary School (NH)



Picture Day: Día de la foto:

09-26-24

Unique Code: Código único:

Q9N22U2Y

Expires 24 hours after picture day.
Caduca 24 horas después del día de la foto.

Visit us online! Visítanos en línea



Scan QR or go to:
geskusprint.com

NEW items added online!

NUEVOS artículos en línea

Classic Packages Paquetes clásicos

Deluxe + Deluxe +

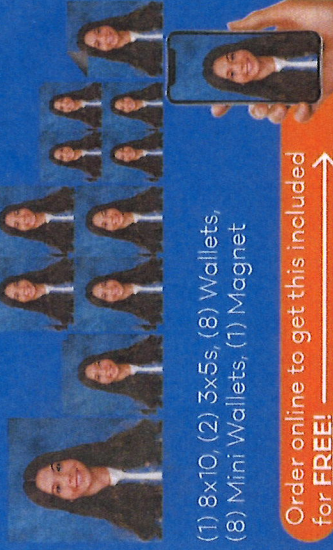


(2) 8x10s, (2) 5x7s, (2) 3x5s, (12) Wallets,
(8) Mini Wallets, (1) Magnet

Order online to get these
included for **FREE!** →

Haga su pedido en línea para obtenerlos gratis.

Most Popular + Más populares



(1) 8x10, (2) 3x5s, (8) Wallets,
(8) Mini Wallets, (1) Magnet

Order online to get this included
for **FREE!** →

Haga su pedido en línea para obtenerlo gratis.

Deluxe
Deluxe



(2) 8x10s, (2) 5x7s, (2) 3x5s,
(12) Wallets, (8) Mini Wallets

Most Popular
Más populares



(1) 8x10, (2) 3x5s, (8) Wallets,
(8) Mini Wallets

Looking for more options?

Order online for more school district packages,
bonuses, and free items!

¿Busca más opciones? Haga su pedido en línea para
obtener más paquetes para distritos escolares, bonifi-
caciones y artículos gratuitos.

Home Decor & Photo Gifts Decoración del hogar y regalos con foto



(1) Snow
Ornament



(2) Keychains



(2) Magnets

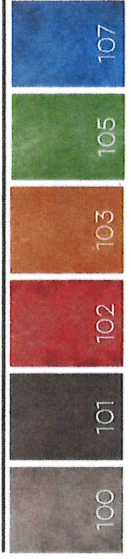


(1) 8x10



(2) 5x7s

Backgrounds Fondos



If no background is chosen, background 100
will be used.
Si no se elige ningun fondo, se utilizará el
fondo 100.

MORE online!

Más en línea

Enhancements Mejoras

Retouching Retoque

Minimize minor facial blemishes*
Minimizar las pequeñas imperfecciones faciales**

*Does not remove scars, chapped lips, or fly-away hairs. Does not whiten teeth.
**No elimina cicatrices, labios agrietados ni pelos sueltos. No blanquea los dientes.

Personalize Personalice

Student's first name & "2024-2025" printed on all photos**
Nombre del estudiante y "2024-2025" impreso en todas las fotos**

**Not available on keychains.
**No disponible en llaveros.