



24/25 BASE

9th Grade	10th Grade	11th Grade	12th Grade
<u>Getting to Know You</u>	<u>Vision of Self</u>	<u>Mindfulness</u>	<u>Equity</u>
<u>Coping Strategies</u>	<u>Digital Citizenship</u>	<u>Self-Esteem</u>	<u>All or Nothing Thinking</u>
<u>Impulsive Decision Making</u>	<u>Anxiety</u>	<u>Future Goals</u>	<u>Healthy Relationships</u>
<u>Bullying/Cyberbullying</u>	<u>Depression</u>	<u>Stress Management</u>	<u>Motivation</u>
<u>Learning to Say "No Thanks"</u>	<u>Suicide Education & Prevention</u>	<u>Primary & Secondary Impacts of Behavior</u>	<u>Life Changes & Adjustments</u>