

#### After School Program 2024 - 2025 Fir Grove Elementary Every Monday Afternoon 2:20pm - 3:30pm

## All Kids Are Welcome!

• You work and want to have your child in a safe and active after school program

• Kids in sports and you want to keep them moving on non-practice days

• Kids not in sports and need more play and activity time

• You're an at-home parent, and you want more activity and social interaction for your child

# Play. Fit. Fun. is the answer!



Get Up Get Out Get Moving!

## The Place To Be For Games! Play! Fun! Activity! & Fitness!

**After school Program:** Your Child will meet their Play.Fit.Fun. coach immediately after school in the gymnasium. Kids will have fun being active and then Finish their day with renewed energy and focus!

**Play.Fit.Fun.** is like PE that has crashed into field day and then bumped into team building! Activities are organized, uplifting, empowering and 100% focused on the kids! Fun, Organized, ACTIVE Play is what we do!

### Goal for your child:

increased fitness levels, improved self esteem, teamwork, focus, confidence, leadership and a positive attitude!



**Play. Fit. Fun! Philosophy:** Kids of all ages and abilities need more activity, fun and play! Kids are meant to play and move! With play and group activities kids learn, socialize and build confidence. Your child will be empowered, supported, and instructed.

For additional information, please visit: **PlayFitFun.com** 971-732-4745 • spencer@playfitfun.com



Get Up. Get Out. Get Moving.