

EL Health Syllabus 2023-2024

Teacher: Mrs. Kleffman-Moen

Room: 101 G-B or 105 G

Office: 106 G

Email: KKLEFFMAN-MOEN@WEST-FARGO.K12.ND.US

Course Description:

In this course, students will be provided with the knowledge and skills necessary to make responsible life choices. This will be done through activities such as critical reading, note taking group activities, hands-on activities, and more. Health is a required course for graduation, and it includes lessons on communication, decision-making, physical, emotional, and social well-being, chemical dependencies, and human sexuality.

This class is about YOUR LIFE! The choices you make today impact tomorrow!

Classroom Expectations:

- Come to class on time and prepared to learn
- Be respectful of both peers and teachers, this includes differing opinions
- Come Prepared (bring iPad, folder/binder, writing utensil, and writing paper each day)
- Participate in discussions and classroom activities
- Turn in work on time!

Course Outline: During each quarter you will find the rough breakdown of a semester in health class.

Quarter 1	Quarter 2
<ul style="list-style-type: none">• Introduction to health• Nutrition & essential food groups• Eating Disorders• Communication Styles• Mental Health	<ul style="list-style-type: none">• Peer Pressure & Refusal Skills• Alcohol, Tobacco, and Other Drugs• Male & Female Anatomy• Birth Control• Sexually Transmitted Diseases

Grading Scale: A = 90% or higher B = 80-89% C = 70-79% D = 60-69% F = 59% or lower

Semester Grade: Each quarter grade is 50% of your semester grade. KEEP THIS IN MIND!

Late Work Policy:

If a learner is absent, it is their responsibility to check Schoology or check in with their teacher to see what they have missed. All late homework must be turned in by the end of the unit. No work will be accepted after the completion of the final unit assessment.

- However, no work will be deducted points due to lateness.

Attendance Policy: If you are not in the classroom ready to begin class by class, you will be marked tardy. Additionally, per West Fargo High School policy, every fifth tardy will be converted to a UV. If a learner is over 20 minutes late to class that will result in UV (unverified absence)

Technology policy

- Per school policy, phones must be out of sight and out of use bell to bell. This means phones must stay either in the learner's pocket or inside their backpack.
 - First offense will be a warning to put it away
 - Second offense Mrs. Kleffman-Moen will take the phone for the block
 - Third offense the phone will be taken and brought to the office
 - All other offenses will result in the phone being taken for the block & brought to the office
- Air Pods are not allowed to be used while the teacher or another person speaks. Meaning, unless it is individual worktime, air Pods are not allowed within the classroom.
- iPads are to be used for content-related work only. Watching videos, playing games, etc will not be allowed.
 - iPads are a privilege and can be taken away since they are the property of West Fargo Public Schools. If a learner is using their iPad for non-academic purposes or inappropriately in class, it will be taken away.

Additional Information

- No food in the classroom
- Only drinks with a non-spill lid are allowed
 - Other drinks will be prompted to be thrown away
- If you are 20 minutes late to class, you will be marked UV for the period.
 - 5+ tardies will turn into a UV for the class.
- Use of AI, ChatGPT, etc will not be allowed in class. If used it will result in a 0 on the assignment and a log entry will be completed.



PACKER PRIDE

“Be a Member of the Pack”

EXPECTATION	CLASSROOM
<u>Compassion</u>	<ul style="list-style-type: none">• I follow rules and procedures.• I make a positive impact on my school.• I show kindness to others.
<u>Collaboration</u>	<ul style="list-style-type: none">• I am respectful in words and actions.• I accept and give feedback.• I know when it is appropriate to listen and to speak.• I can ask relevant questions.
<u>Responsibility</u>	<ul style="list-style-type: none">• I complete my work on time.• I am organized.• I am engaged in my learning.• I can pick up after myself.• I am ready to work.• I keep trying, even when it is hard.