General Health Procedural Reminders and Recommendations

- Please call each day that your child is absent using your building's absentee message line. (Decker-973-398-6400 press-1 and MAPS 973-398-4400 press-1)

- Students who show signs and symptoms of a new illness should not be sent to school. Signs of common communicable diseases include but are not limited to fever, cold symptoms, sore throat, headache, malaise, unexplained skin rash, nausea, vomiting/diarrhea, and pink eye(s).

- When returning to school following an illness, **please ensure it has been at least 24 hours without a fever without the use of a fever reducer (Tylenol or Motrin) before returning. Your child needs to be at least 24 hours symptom-free following vomiting or diarrhea and able to hold down food and liquids.**

- Some illnesses have minimum timeframes and instructions for returning to school. The school nurses follow the most recent guidelines from the NJ-DOH when providing return-to-school instructions. You may be asked to provide a clearance note for return to school if your child is suspected of having a contagious illness. Children are expected to stay home for a respiratory virus if they have had a fever in the past 24 hours, are too uncomfortable to complete work or have an uncontrolled cough. **Any lingering symptoms should be mild upon return to school.**

- **We ask that students with Strep Throat stay home until 24 hours after the first dose of antibiotics and they are improving.**

- If your child is returning with lingering symptoms after an illness, please contact your child's school nurse to ensure they are supported in their return. Children often need not be 100% better before returning to school.

- Students who are out due to illness for 3 or more days should come in with a return-to-school note from their physician.

- Medication directions and forms are available on our website. Please contact your building nurse regarding individual questions related to medication in schools and required forms.

Nurse Contact information-
Decker School Nurse- Jennie Asaro, BSN, RN, CSN-NJ
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MAPS School Nurse- Emily Crispino, BSN, RN, CSN-NJ
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