



**GLACIAL DRUMLIN SCHOOL**  

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***SILVER EAGLES***

**Athletic & Activities  
Code of Conduct**

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# Glacial Drumlin Athletic Department

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## GDS Sport Offerings

Glacial Drumlin offers the follow sports for 7th & 8th graders:

Fall:               Girls Volleyball  
                      Boys and Girls Cross Country

Winter:           Boys Basketball  
                      Girls Basketball

Spring:           Boys and Girls Track & Field

## Philosophy

Student extra-curricular activities are a vital part of the educational experience of young people. The athletics/activities program provides certain opportunities and emphasizes definite aims that are difficult to duplicate in other school activities. Participation in these programs assists in the development of students in the following areas, but not limited to:

- Physical
- Social
- Emotional

Activities are optional, but are an important part of an individual's total educational program. Therefore, participation requires additional expectations. As a summary, to participate Monona Grove expects students to attend a full day of school, pass all of their classes, and stay out of trouble.

This code is an educational and accountability tool that encourages positive behavior. There may be some occasions when it is necessary to restrict or remove participation in extracurricular activities for a period of time.

Participation in our extracurricular activities allows the participant to represent our school community to others. To have that honor, students must uphold school values. Being a Silver Eagle is an all the time agreement.

# Objectives

Extra-curricular opportunities should provide the following to students:

- organize and plan
- assume leadership roles
- gain recognition and develop identity
- experience self-governance
- develop interests and talents
- recreate physically and emotionally
- mature socially

These opportunities come from a significant degree from extra-curricular activities.

Interscholastic athletic participation should achieve the following:

- give students an opportunity to participate in organized physical activity, recognizing that participation carries with it certain responsibilities.
- provide an outlet for athletic competition.
- provide a "whole school" interest and activity; to bring in students other than athletes and to include other student organizations.
- teach students good habits in health, hygiene and safety. • teach new skills and offer opportunities to improve those already learned.
- provide an opportunity to exemplify and observe good sportsmanship and good citizenship.
- provide opportunities for lasting friendships, both with teammates and opponents. • teach that every sport has rules and regulations that must be followed.
- help students develop leadership skills, the ability to cooperate and meet responsibilities.

The Athletic/Activities Code will assist in the objectives of our extra-curricular programming.

## Student-Athlete Expectations

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Students who are involved in athletics/activities are students first. Our athletes represent themselves, as well as, GDS/MG in our community and in surrounding communities. Therefore, we expect that our students in athletics/activities uphold the basic expectations as learners first.

If students in athletics/activities are unable to be productive GDS community members they may lose the opportunity to participate in athletics/activities (practices and competitions).

### **Student Expectations**

#### Academic

Works through Productive Struggle - I try to learn even when it is hard for me

Collaborates Effectively with other students - I work well with my peers and teachers

Uses Materials to support learning - I am prepared for class, I use the resources provided to me, I try to find answers before asking for help

### Attendance

I am at school and in class as required.

I am in class on time.

I do not leave class without a pass.

I am where I am supposed to be during all times of the school day.

### Behavior

I am kind to everyone.

I am respectful to peers and adults

I am a kind bus passenger and I follow driver rules.

## Parent Information

Parents play a key role in the development of student-athletes and our program moving forward. Each person in our program has their role to embrace: players play, coaches coach, and parents support.

The best thing parents can do is support their children in their efforts. Participating in school athletics/activities means making sacrifices. Support them in the investment of the process, their growth and character as a person, and overall dedication to the team, regardless of their abilities.

Studies show that a player's most dreaded time with their sports parents is the car ride home and the coaching that comes with it. Studies also show that what players want most from their parents is to hear these words:

- "I am so proud of you."
- "I love to watch you play"

For our programs to achieve maximum success, it takes a village. We appreciate your support in our journey.

## Injuries

Training services are NOT provided at the middle school level. All injuries should be reported to the supervising coach or advisor immediately. Unreported injuries can lead to serious complications and increased time lost from competition and school. Should an injury be discovered after a participant has returned home, the coach of the sport should be contacted as soon as possible.

The use of a family physician is also an important piece to treating general injuries. Very often, a complete history of an athlete's health plays an important part in the care of athletic injuries.

Injured athletes should be seen by the athletic trainer and/or doctor. It should be the decision of the athletic trainer and/or doctor when the athlete is able to return to practice and competition. If an athlete is seen by a doctor, the athlete must obtain a release from the doctor to return to practice and competition and pass that documentation onto the coach and/or athletic trainer. If an injured athlete does not see the trainer or doctor, the decision to return to play should be made by the athlete and his or her parents.

# Chain of Command & Issue Resolution

The goal of the athletic/activities department chain of command and issue resolution program is to resolve issues at the level at which the problem occurs. Coaches should notify the Head Coach and the Athletic Director of any issues where the coach is not able to resolve the issue at their level or if the coach would like help in resolving an issue.

**Coach to Student Athlete:** Coaches are expected to communicate their expectations to student athletes clearly and consistently. Coaches should encourage student athletes to approach them if they have any issue about their experience on an interscholastic school team. The athletic/activities experience that the Monona Grove School District provides for young people is intended to aid in the development of communication with adults and those in positions of authority. The student athlete and coach must develop a mutual respect and understanding that allows them to discuss issues openly and honestly while striving to gain a better understanding of each other's roles, responsibilities and perspectives.

**Coach to Parent:** Coaches are expected to communicate with parents. Coaches should encourage parents to schedule meetings or phone calls to discuss important matters to enable each person to be prepared for the discussion, clearly listing out the objectives of the meeting.

Appropriate topics to be discussed with parents:

- Treatment of their child, mentally and physically
- Ways to help their child improve individually and as a team member
- Concerns about their child's behavior or academic status

Inappropriate topics to be discussed with parents:

- Playing time
- Team strategy
- Play calling
- Other student-athletes
- Coach's skill and knowledge of the game

Unresolved issues should be appealed based on the established Chain of Command.

## Academic Eligibility

Participants in activities shall not receive any failing grades at the end of any quarter. When considering academic eligibility, only grades reflecting academic performance during the most recent grading period will be considered.

Participants who receive one failing grade at the end of any term will be suspended from all activities for 14 calendar days. Students regain eligibility after their suspension has been served. Students with two or more failing grades are ineligible for an additional 7 days for each failing grade.

# School Attendance

To be able to participate in our activities that go beyond the school day, students must be in attendance for the full school day. This participating after school means practices/competitions/performances.

# Conduct Violations

Students involved in our extra and co-curricular activities are expected to hold themselves in a manner consistent with the principles and ideals of the Monona Grove School District. Students may be suspended from participation in extra and co-curricular activities at any time for involvement in conduct to the contrary.

# Sportsmanship & Spectator Conduct

No matter in the stands or on the court, spectators at Glacial Drumlin events (home & away) must understand that they represent their peers, their school, and their larger community with their conduct. Attendance at these events is a privilege that enhances the school experience. Positive displays of conduct and sportsmanship are an expectation at all events.

When deemed appropriate, students who display poor acts of sportsmanship either as spectators or as athletes may be removed from the ability to participate/attend contests. The removal from said contests will factor in the following:

- student previous history
- context of the event
- repeated offenses
- continued disruption
- impacting the safety of themselves and/or others

Spectators that are ejected from the contest for poor sportsmanship are suspended for no less than one week of events. That week will be enforced when events are being hosted by Glacial Drumlin. Incidents of poor sportsmanship cited by opposing/away administration, law enforcement, or community members may lead to revocation of privileges.

MG student spectators that are ejected from contests may be subject to additional requirements in order to return to events. These requirements include, but are not limited to:

- completion of sportsmanship restorative assignment
- apologies to other parties as necessary
- campaigning for improved sportsmanship at games amongst peers

# Expectations & Participation Contract

The Monona Grove Board of Education sponsors activities as learning opportunities that contribute to the physical, social, intellectual, and emotional growth of students. Through these activities, students develop the positive character traits of responsibility, leadership, cooperation, and teamwork. Moreover, these activities foster honest effort and fair play within the spirit of competition.

This code represents the belief that the success of an extra-curricular program rests not upon an event won or an exhilaration that may last for a day, but rather upon lessons learned and experiences gained that will last for a lifetime.

All students interested in activities at the Glacial Drumlin School must have a signed contract on file with their advisor/coach/director prior to participation in any practice, event, or related activity.

Both Student and Parent/Guardian signatures are required on the Athletic Registration Packet. All other Activities use the signature space below.

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*I have read the Glacial Drumlin School Activities Code. I understand the rules and the consequences for violating them, and I agree to abide by all of the rules set forth in this Handbook.*

*As an activities participant, I assume full responsibility for all school property and equipment issued to me. I will respect and care for the use of that equipment during practices, games, meets, performances, and events. I further agree to pay for any and all property or equipment that I lose, misplace, or carelessly or intentionally damage.*

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

*As the parent or guardian of the above participant, I have read this Code of Conduct, understand the rules and the consequences for violating them, and I agree to support the rules set forth in this handbook. I give my child permission to participate in activities under these conditions.*

Parent's/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_