



September 2024

Berks Catholic High School
Lunch

MONDAY

2

Happy Labor Day

No School

TUESDAY

3

- Rodeo Chicken Sandwich Pretzel Bun
- Spiral Fries
- Steamed Corn

WEDNESDAY

4

National Waffle Week

Breakfast for Lunch

- Golden Crisp Waffles
- Breakfast Sausage
- Crunchy Hash Browns
- Fresh Veggie Dippers

THURSDAY

5

- Sweet and Sour Popcorn Chicken
- Steamed White Rice
- Sauteed Broccoli

FRIDAY

6

Pizza Day

- Personal Cheese Pizza
- Freshly Prepared Maschio's House Salad

9

- Chicken Nuggets
- Buttered Noodles
- Sauteed Green Beans

10

- Seasoned Beef Taco Scoop-a-Bowl W/ Shredded Cheddar Cheese, Lettuce, Diced Tomatoes & Salsa
- Yellow Rice
- Churro Bites

11

Breakfast for Lunch

- Bacon, Egg & Cheese on a Croissant
- Tater Tots
- Fresh Veggie Dippers

12

- Pasta and Meatballs
- Freshly Prepared Maschio's House Salad

13

Pizza Day

- Stuffed Crust Pizza
- Freshly Prepared Maschio's House Salad

16

- Penne with Chicken & Broccoli

17

- Philly Cheesesteak Sandwich
- Battered French Fries
- Fresh Veggie Dippers

18

Breakfast for Lunch

- Fluffy French Toast Slices
- Breakfast Sausage
- Crunchy Hash Browns
- Fresh Veggie Dippers

19

- Vegetable Pasta Salad
- Roasted Garlic Green Beans

20

Pizza Day

- French Bread Cheese Pizza
- Freshly Prepared Maschio's House Salad

23

- General Tso's Chicken
- Steamed Rice
- Steamed Broccoli

24

- Loaded Tot-Chos
- Fresh Veggie Dippers
- Churro Bites

25

Breakfast for Lunch

- Egg, Sausage and Cheese on a Croissant
- Tater Tots
- Fresh Veggie Dippers

26

- BBQ Chicken Bacon Cheddar Melt
- Spiral Fries
- Steamed Corn

27

Pizza Day

- Pizza Crunchers
- Freshly Prepared Maschio's House Salad

30

- Ciabatta Grilled Cheese
- Tomato Soup
- Fresh Veggie Dippers

Lunch Price
• Student Lunch: \$6.00
• Adult Lunch: \$6.00

*Menu is Subject to Change



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QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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