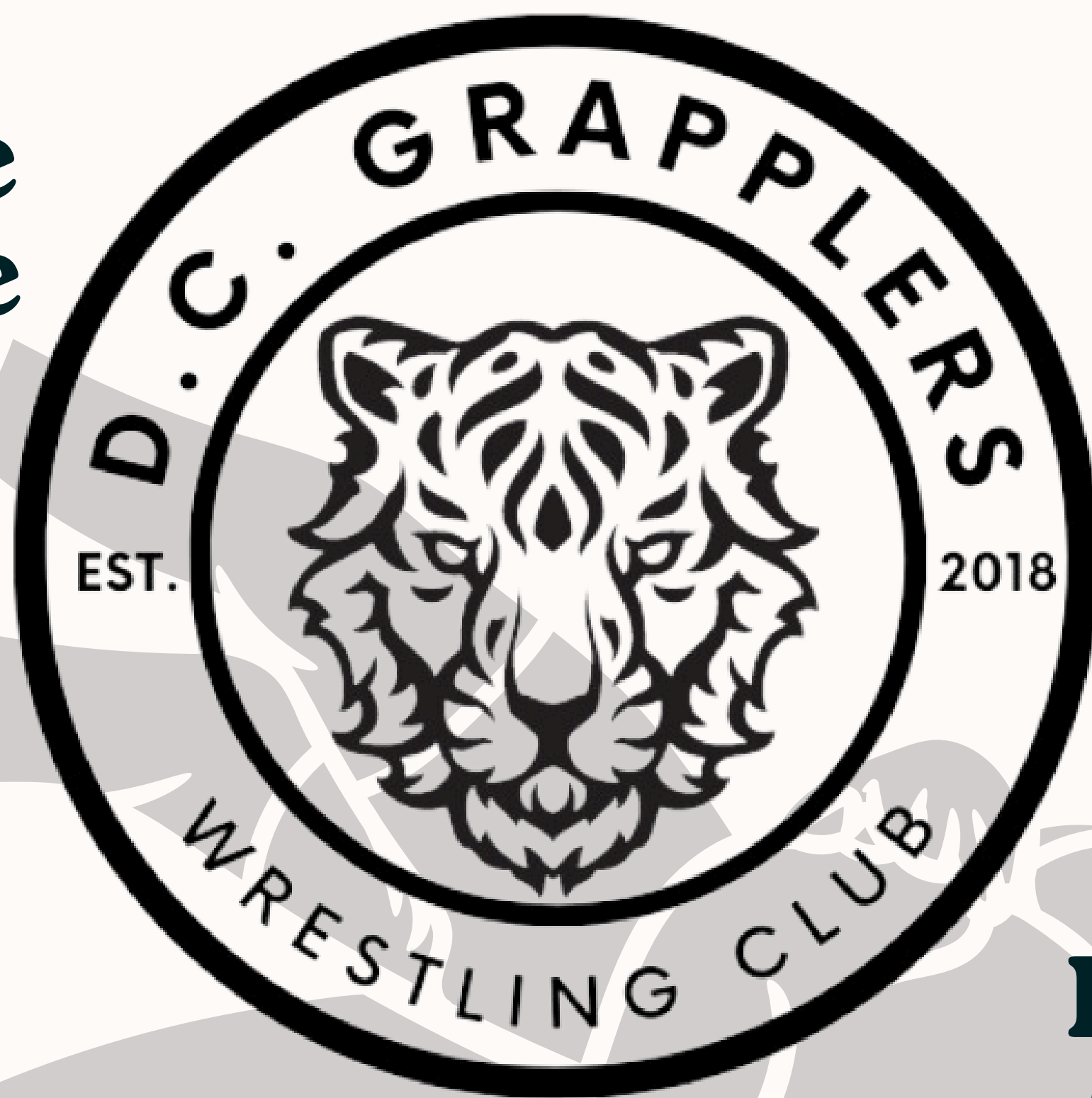


DOUGLAS COUNTY GRAPPLERS WRESTLING CLUB

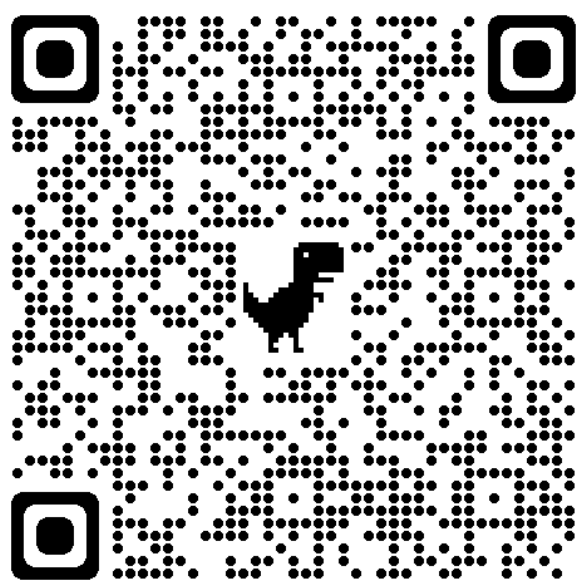
Monday - Wednesday - Friday 5:30 PM - 6:30PM

**Folkstyle
Freestyle
Greco-Roman**



**Boys and
Girls Ages
5 & UP**

**SIGN UP
HERE:**



**ALL SKILL
LEVELS**

**Register
TODAY!**

Wrestling is for everyone!

Practice Starts Monday, September 30 @ CVMS Gym

COST: \$60 PER Month (Family Discounts)

***Does not include league or tournament registration**

Questions? Contact Coach Ben: benyhna@gmail.com or (775) 450-1391

**Douglas County
Grapplers Wrestling
Club is a recognized
501(c)(3) not for profit
organization.**



**Douglas County
Grapplers Wrestling
Club is an affiliated
club with USA
Wrestling and Sierra
Wrestling Association.**