

# Lincoln Leopard Newsletter

August 2024



## A 'Welcome Back' message from the Lincoln School Principal...

Happy New School Year,  
Leopards!

I hope that your summer vacation was restful and wonderful! My family and I also enjoyed our break. We spent lots of time on home projects, swimming, and reading and took a short trip to the beach. Family time is precious to us, especially with my oldest entering college this year and my daughter entering her senior year!

We believe every Lincoln Leopard who walks onto campus is destined for greatness! Each year, our staff is honored to teach new and exciting grade level content to stretch students academically in all subjects. Through Positivity Project, we teach character strengths and skills for building positive and healthy relationships as a

foundational support for social emotional growth. We also use Positive Behavior Intervention and Support to teach students behavior expectations on campus and will be implementing a new app to reward students for following their PAWS (Personal Best, Always Responsible, Work and Play Safely, and Show Respect). There is a lot to learn and look forward to this school year, so attending school daily and on time is of utmost importance in order to ensure our Leopards receive all we have to give them in order to prepare them for the next grade level!

Thank you for all you do for your children. We look forward to partnering with you to help make the 2024-25 school year a success. I will see you on the first day of school!

*-Mrs. Vega*

In this newsletter  
you can expect:

---

What's  
happening at  
Lincoln?

---

Important  
School  
Events

---

Counselor's  
Corner

---

Volunteer  
Information

---

DUSD Food  
Distribution  
information

---

Staff highlights!

---



Inspirational rock painting to celebrate "Other People Matter."



## Lincoln School: A Green Shield School

Lincoln Elementary School has been named a Green Shield School by The Positivity Project for the 2023-24 school year, the second year in a row! Green Shield Schools are recognized for exemplifying character and relationships-driven systems among staff, students, and families – to cultivate lifelong learning and a positive school culture.

The Positivity Project (P2) is an organization whose mission is to empower students to build positive relationships and become their best

elves. Students are taught the 24 character strengths as a foundation, ranging from bravery and perseverance to integrity and gratitude. By consistently teaching students about the character strengths that people possess, they see themselves and other people based on the content of their character. This ability enhances self-awareness and self-confidence, understanding and appreciation of others, and interpersonal relationships.

To learn more, please visit [www.posproject.org](http://www.posproject.org).

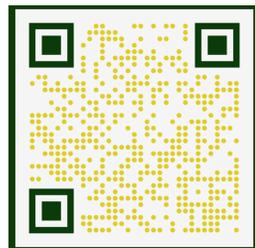
# All Lincoln Volunteers SEPTEMBER 4 @5:00

**At Lincoln School we want to assure you that we appreciate your support! We encourage you to volunteer in the classroom or at school events. While we understand that many would like to volunteer, our children's and staff safety is a top priority. If you are interested in becoming a volunteer this year we would appreciate it if you would fill out the appropriate documentation and receive a quick safety training. Thank you so much in helping our campus stay safe for all of us.**

**scan here**

A training will be set up during the beginning of September. A message will go out to those who have completed interest form.

**CLICK HERE**





**LINCOLN ELEMENTARY  
PARENT MEETING**

All parents are welcome to attend our Leopard PAC Meeting. Topics for the evening will be focused around school safety and will include Parent Volunteer Training for the 2024-25 school year and special guests from the district, police, and fire departments!

Please join us!  
Wednesday | Sept. 4, 2024  
5:00-6:00 PM

Lincoln Elementary Cafeteria  
850 Eaton Ave.

<https://lincoln.dinuba.k12.ca.us>

LIKE LINCOLN ELEMENTARY SCHOOL



---

## Staff Profile Highlights



**Mrs. Vega**

PRINCIPAL

*I HAVE WORKED FOR DUSD FOR MORE THAN 20 YEARS AS A TEACHER, ACADEMIC COACH, LEARNING DIRECTOR, AND NOW AM SERVING MY 6TH YEAR AS LINCOLN'S PRINCIPAL. IT IS AN HONOR TO SERVE THE FAMILIES OF LINCOLN SCHOOL, THE SCHOOL I ATTENDED AS A CHILD!*



**Mrs. Montejano**

LEARNING DIRECTOR

*HAVING SERVED DUSD FOR 15 YEARS, I AIM TO SUPPORT THE SOCIAL, EMOTIONAL, BEHAVIORAL AND ACADEMIC NEEDS OF ALL STUDENTS. MY DOOR IS ALWAYS OPEN TO COLLABORATE WITH FAMILIES IN SUPPORT OF OUR STUDENTS TO BUILD OUR COMMUNITY.*



**Mrs. Forbes**

COUNSELOR

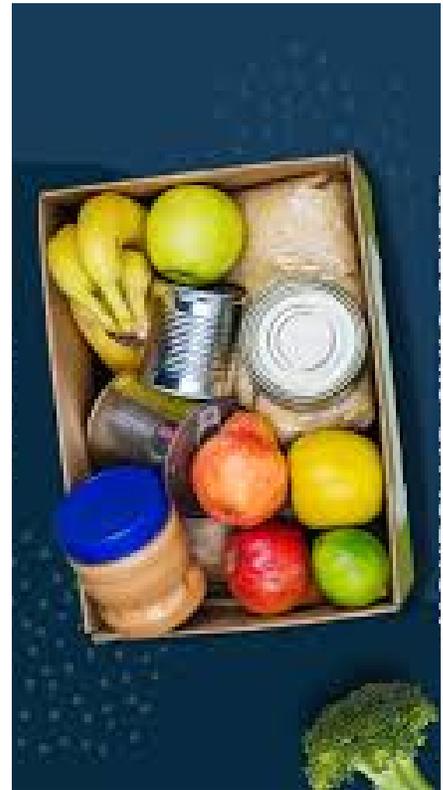
*I HAVE WORKED IN THE DISTRICT FOR MORE THAN 20 YEARS IN VARIOUS POSITIONS AND SITES. I AM PLEASED TO BE HERE SERVING AS YOUR COUNSELOR. IF YOU OR YOUR CHILD IS IN NEED OF ANYTHING PLEASE REACH OUT! WE ARE HERE TO HELP.*



**Mrs. Smith**

ACADEMIC COACH

*THIS IS MY 9TH YEAR IN EDUCATION AND MY SECOND YEAR AT LINCOLN AS THE ACADEMIC COACH. I'M LOOKING FORWARD TO PARTNERING WITH OUR STAFF TO SUPPORT STUDENT LEARNING.*



## DUSD Food Distribution

*DINUBA UNIFIED WILL CONTINUE TO HAVE MONTHLY FOOD DISTRIBUTIONS WHICH ARE HELD AT SIERRA VISTA HIGH SCHOOL IF YOU HAVE ANY QUESTIONS IN REGARDS TO THE FOOD DISTRIBUTION PLEASE CALL AND REQUEST TO SPEAK WITH OUR COUNSELOR. THE NEXT DISTRIBUTION IS:*

**DATE: SEPTEMBER 18, 2024**

**TIME: 3:00-5:00**

**ADDRESS: 8470 AVE. 406**

**DINUBA**

---

# CORNER

Mrs. Forbes, [eforbes@dinuba.k12.ca.us](mailto:eforbes@dinuba.k12.ca.us)  
559-595-7260 ext. 1063

## wellness tips

# Returning to School

### SETTING YOUR CHILDREN UP FOR SUCCESS

## How can I help?

- **GRIEF**
- **ANXIETY**
- **FRUSTRATION**
- **SELF-ESTEEM**
- **SOCIAL SKILLS**
- **DIVORCE**
- **TRAUMA**
- **SHY/WITHDRAWN**
- **TIME MANAGEMENT**
- **GOAL SETTING**
- **SELF-CONTROL**
- **INDEPENDANCE**
- **COPING SKILLS**
- **CALMING STRATEGIES**
- **EMPATHY**

### STAY ORGANIZED

- **PLAN AHEAD:** LAY OUT CLOTHES AND PREPARE LUNCHES THE NIGHT BEFORE.
- **CHECKLISTS:** USE CHECKLISTS TO ENSURE NOTHING IS FORGOTTEN IN THE MORNING RUSH.

### STAY POSITIVE

- **ENCOURAGEMENT:** PROVIDE LOTS OF ENCOURAGEMENT AND REASSURANCE.
- **LISTEN:** BE AVAILABLE TO LISTEN TO THEIR EXPERIENCES AND FEELINGS AFTER SCHOOL.

### CREATE STUDY HABBITS

- **HOMEWORK SPACE:** SET UP A QUIET, DEDICATED SPACE FOR HOMEWORK AND STUDY.
- **SCHEDULE:** ESTABLISH A HOMEWORK ROUTINE TO CREATE CONSISTENCY.

### WATCH AND LISTEN

- **WATCH** FOR ANY SIGNS OF ANXIETY OR DIFFICULTY ADJUSTING.
- **SUPPORT:** PROVIDE EXTRA SUPPORT AND COMMUNICATE WITH TEACHERS IF NEEDED. I AM HERE TO HELP IF /WHEN YOU OR YOUR CHILD NEEDS SUPPORT.



Call the office, send an email or simple click to send me a message

*Lincoln Leopards: Destined for Greatness!*

LINCOLN ELEMENTARY	559-595-7260
Home of the Leopards <a href="https://lincoln.dinuba.k12.ca.us/">https://lincoln.dinuba.k12.ca.us/</a>	850 Eaton Ave. Dinuba, CA 93618