



Spectrum Spotlight

REGION ONE ESC | NEWSLETTER



Welcome Back!

EDUCATORS!

As the new school year begins, we want to offer our support and share some key strategies for working with students on the autism spectrum. Every student brings unique strengths and challenges, and your role is crucial in helping them thrive in the classroom.

This year, consider incorporating these approaches:

- **Establish Clear Routines:** Predictability helps reduce anxiety. Use visual schedules and consistent routines to create a structured environment.
- **Foster Communication:** Whether through spoken language, sign language, or communication devices, encourage and support all forms of communication.
- **Sensory-Friendly Spaces:** Create calming areas in your classroom where students can take a break if they feel overwhelmed.
- **Collaborate with Parents and Specialists:** Regular communication with families and support staff ensures that everyone is on the same page, working toward the student's success.

Remember, your dedication makes a world of difference.

Let's make this school year a positive and inclusive experience for all our students!

PARENT CORNER

- **Celebrate Strengths:** Focus on your child's unique talents and abilities. Every milestone, big or small, is worth celebrating.
- **Build a Support Network:** Connect with other parents, support groups, and professionals who understand your experience. Sharing insights and advice can be invaluable.
- **Advocate and Educate:** Be your child's biggest advocate. Understanding their needs and educating others can help create a more inclusive environment for them.

UPCOMING WORKSHOP

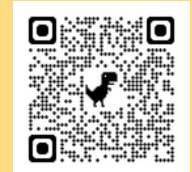
REGISTER NOW!



Teachers



Paras



Laredo Area

Parent Workshops

Coming Soon

RESOURCES

- **Texas Sped Support resource Library**
- **Autism Focused intervention Resources & Modules**
- **Parents Guide to Autism**
- **Victories in Autism (downloadable visuals)**
- **Autism Speaks (resource Guide)**