

Early Dismissal

School will dismiss at **2:05** every **Friday** again this year.

HEADS UP!

As we have previously shared, **ALL** students eat Breakfast and Lunch **FREE** of charge this entire school year, at Thompson Falls Schools, through CEP (Community Eligibility Provision). No paperwork is needed. However, if you have qualified for the Summer Electronic Benefits Transfer (S-EBT) program in past years, or if you think you might qualify, you will want to take a moment to fill out the application, which can be found at, <https://dca.opi.mt.gov/FRAApp?sponsorNum=0804> as this application will be used to issue benefits for the Summer Electronic Benefits Transfer (S-EBT) program next summer. (A clickable link can be found on our website under Food Services) The Summer Electronic Benefits Transfer (S-EBT) program will provide \$120 per eligible child in the form of preloaded cards that your family can use to purchase groceries. Children must be directly certified or income eligible to qualify for this program. The program is intended to help fulfill hunger gaps when children are not in school.

Elementary Fun Run

Our annual Elementary Fun Run has been scheduled for **Tuesday, September 17th** during Homecoming Week! Boys will run first this year, beginning at 1:45PM at the High School Track Field, followed by girls at 2:15PM. Students will be bussed to and from the High School Track Field and will be returned to the Elementary Campus in time for dismissal.

Mark Your Calendars

Homecoming Week has been set for **September 16th - September 21st**. Watch for information coming home next week regarding various activities planned at the Elementary, as we unite with the High School and Junior High in showing our school spirit! Go Blue Hawks!

TOMORROW IS FUN FRIDAY

The theme of tomorrow's FUN FRIDAY is Blue Hawk Friday! Wear your Blue Hawk gear or Blue Hawk colors of Blue and Gold.

Important Happenings

- 9/6 FUN FRIDAY - Blue Hawk Day
- 9/6 *Early out - 2:05PM*
- 9/9 School Board Meeting - postponed to 9/16
- 9/13 *Early out—2:05PM*
- 9/16 School Board Meeting - 6:00PM - Board Room
- 9/16-9/21 Homecoming Week
- 9/17 Elementary Fun Run—HS Track Field
- 9/20 *Early out—2:05PM*
- 9/27 **NO SCHOOL—Teacher Development Day**
- 10/1 5th Gr Water Festival - TFalls State Park
- 10/4 *Early out—2:05PM*
- 10/10 Fall Picture Day by Legacy Photography
- 10/11 *Early out—2:05PM*
- 10/17-10/18 **NO SCHOOL—Teacher PIR—MEA**
- 10/25 *Early out—2:05PM*
- 10/25 End of 1st Quarter
- 11/1 **NO SCHOOL—Teacher Development Day**
- 11/5 Parent Teacher Conferences
- 11/7 Parent Teacher Conferences
- 11/8 *Early out—2:05PM*
- 11/15 *Early out—2:05PM*
- 11/22 *Early out—2:05PM*
- 11/27-11/29 **NO SCHOOL—Thanksgiving Break**
- 12/6 *Early out—2:05PM*
- 12/13 *Early out—2:05PM*
- 12/16 K-8 Christmas Concert—6:30PM—Elem Gym
- 12/20 *Early out—2:05PM*
- 12/23-1/3 **NO SCHOOL—Christmas Break**
- 1/10 *Early out—2:05PM*
- 1/16 End of 2nd Quarter
- 1/17 **NO SCHOOL—PIR Day**
- 1/24 *Early out—2:05PM*

Thompson Falls Elementary

Mr. Len Dorscher,
Principal

School web site:
<https://tfes.thompsonfalls.net>



ThompsonFallsSchools



Thompson Falls School District #2 shall provide equal educational opportunity and treatment for all students without regard to race, creed, color, national origin, sex, marital status, previous arrest or incarceration or non-program-related physical, sensory or mental handicaps as stated in board policy and MCA 49-2-307, 49-3-205.

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What is Parenting with Love and Logic?

"I don't understand it. The techniques my parents used so effectively just don't seem to work with kids today." Does this statement sound familiar to you? A lot of parents today are wondering what to do with their kids and are frustrated because the old techniques just don't seem to get the job done. Parents want to enjoy their kids, have fun with them, and enjoy a less stressful family life. But even if their kids are trouble-free right now, they fear what the coming years will bring. At no time in history have parents been more unsure of their parental role. Even the best are not all that sure about whether they are using the best techniques. They say that their kids don't appear to be much like the ones they knew in years past. A lot of conflicting philosophies have been presented over the last 40 years. Many of these sound good, but don't seem to do the job of helping children become respectful, responsible, and a joy to be around.

Many ideas, offered with the best of intentions, center around making sure that kids are comfortable and feeling good about themselves in order to have a good self-concept. However, we have discovered that self-confidence is achieved through struggle and achievement, not through someone telling you that you are number one. Self confidence is not developed when kids are robbed of the opportunity to discover that they can indeed solve their own problems with caring adult guidance. There is, however, an approach to raising kids that provides loving support from parents while at the same time expecting kids to be respectful and responsible. This program is known as Parenting with Love and Logic, a philosophy developed by Jim Fay and Foster W. Cline, M.D., and based on the experience of a combined total of over 75 years working with and raising kids.

Many parents want their kids to be well prepared for life, and they know this means kids will make mistakes and must be held accountable for those mistakes. But these parents often fail to hold their kids accountable for poor decisions because they are afraid the kids will see their parents as being mean. The result is these parents often excuse bad behavior, finding it easier to hold others, including themselves, accountable for their children's irresponsibility. Jim Fay teaches us that we should "lock in our empathy, love, and understanding" prior to telling kids what the consequences of their actions will be. The parenting course Parenting the Love and Logic Way teaches parents how to hold their kids accountable in this special way. This Love and Logic method causes the child to see their parent as the "good guy" and their own poor decision as the "bad guy." When done on a regular basis, kids develop an internal voice that says, "I wonder how much pain I'm going to cause for myself with my next decision?" Kids who develop this internal voice become more capable of standing up to peer pressure.

What more could a parent want? Isn't that a great gift to give your child? Parent-child relationships are enhanced, family life becomes less strained, and we have time to enjoy our kids instead of either feeling used by them or being transformed from parent to police officer.

The Love and Logic technique in action sounds like this:

Dad: "Oh, no. You left your bike unlocked and it was stolen. What a bummer. I bet you feel awful. Well, I understand how easy it is to make a mistake like that." (Notice that the parent is not leading with anger, intimidation, or threats.) Dad then adds, "And you'll have another bike as soon as you can earn enough money to pay for it. I paid for the first one. You can pay for the additional ones."

Love and Logic parents know that no child is going to accept this without an argument, but Love and Logic parents can handle arguments. Jim advises parents to "just go brain dead." This means that parents don't try to argue or match wits with the child. They simply repeat, as many times as necessary, "I love you too much to argue." No matter what argument the child uses, the parent responds, "I love you too much to argue." Parents who learn how to use these techniques can completely change, for the better, their relationships with kids and take control of the home in loving ways.

Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.

Contact our school counselor, Ms. Taylour Freed, for more info.