

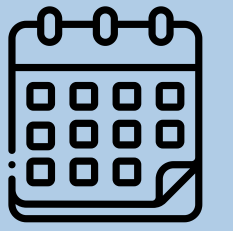
September 2024



BCHS Counseling Updates

Follow @bearcreek_counseling on Instagram!

Next Month!



Suicide Prevention Awareness month is in September! We are working together as a community to continue bringing awareness and conversation to the forefront for our kids and community.

Suicide Prevention Awareness Month Resources

General Information Flyer: Available in [English](#) and [Spanish](#).

Free Virtual QPR: (Question, Persuade, Refer) Sessions for Parents/Caregivers: Information available in [English](#) and [Spanish](#).

Upcoming Events:

- **Women in Construction:** Sept. 26th
- Counselors will be in Senior English classes within the next month to discuss ICAP (Individual Career and Academic Plans) and College Application timelines with students.

Counselors Alphabet

Kristen Kofoed	A-E
Gretchen Slaughter	F-L
Allison Williams	M-Ri
Melanie Ryer	Rj-Z

September College Visits

Colorado School of Mines	Wednesday, Sept. 4 @ 12:30
Colorado College	Wednesday Sept. 4 @ 2:00
Texas A&M University	Thursday, Sept. 5 @ 10:35
Western Colorado University	Wednesday Sept. 11 @ 2:00
Metropolitan State; University of Denver	Monday, Sept. 16 @12:45
Claremont McKenna College	Wednesday Sept. 18 @ 12:30
University of Colorado- Denver	Tuesday, Sept. 24 @ 9:00
Washington State University	Thursday, Sept. 26 @ 10:35

Contacts and Important Links



[Bear Creek Counseling Webpage](#)

Announcements!

We are excited to welcome our new Career Hub Counselor and Prevention Specialist Marissa Herzog who will be assisting our counseling program. More information to come soon!

