

## BREAKFAST MENU

<p><b>2</b></p> <p>NO SCHOOL TODAY!</p> 	<p><b>3</b></p> <p><b>NEW</b></p> <p><b>CHICKEN &amp; VEGETABLE DUMPLINGS</b> Apple Slices</p>	<p><b>4</b></p> <p>Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p><b>5</b></p> <p>Chicken &amp; Vegetable Dumplings Apple Slices</p>	<p><b>6</b></p> <p>Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana</p>
<p><b>9</b></p> <p>Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl Grapes</p>	<p><b>10</b></p> <p>Chicken &amp; Vegetable Dumplings Apple Slices</p>	<p><b>11</b></p> <p><b>NEW</b></p> <p><b>BANANA CHOCOLATE CHIP MUFFIN</b> OR Teriyaki Chicken Rice Bowl Banana</p>	<p><b>12</b></p> <p>Chicken &amp; Vegetable Dumplings Apple Slices</p>	<p><b>13</b></p> <p><b>NEW</b></p> <p><b>CARAMEL MINI CINNAMON ROLLS</b> OR Teriyaki Chicken Rice Bowl Banana</p>
<p><b>16</b></p> <p>Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Grapes</p>	<p><b>17</b></p> <p>Chicken &amp; Vegetable Dumplings Apple Slices</p>	<p><b>18</b></p> <p>Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p><b>19</b></p> <p>Chicken &amp; Vegetable Dumplings Apple Slices</p>	<p><b>20</b></p> <p>Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana</p>
<p><b>23</b></p> <p>Saint Paul Sunrise Sandwich OR Teriyaki Chicken Rice Bowl Grapes</p>	<p><b>24</b></p> <p>Chicken &amp; Vegetable Dumplings Apple Slices</p>	<p><b>25</b></p> <p>Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p><b>26</b></p> <p>Chicken &amp; Vegetable Dumplings Apple Slices</p>	<p><b>27</b></p> <p>Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl Banana</p>

**DAILY CHOICES**

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

**NEW**



Chicken & Vegetable Dumplings



Banana Chocolate Chip Muffin



Caramel Mini Cinnamon Rolls

## LUNCH MENU

<p><b>2</b></p> <p>NO SCHOOL TODAY!</p> 	<p><b>3</b></p> <p>Mongolian Beef Jasmine Rice</p> <p>Soybutter Sandwich</p>	<p><b>4 NACHO DAY</b></p> <p>Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Soybutter Sandwich</p>	<p><b>5</b></p> <p>Grilled Cheese</p> <p>Soybutter Sandwich</p> <p>Potato Wedges Corn-on-the-Cob</p>	<p><b>6</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p>
<p><b>9</b></p> <p>Penne Pasta Meat Sauce or Marinara Sauce Dinner Roll</p> <p>Soybutter Sandwich</p>	<p><b>10</b></p> <p>Chicken Teriyaki Jasmine Rice</p> <p>Soybutter Sandwich</p>	<p><b>11 TACO DAY</b></p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell</p> <p>Soybutter Sandwich</p>	<p><b>12</b></p> <p>Chicken Fingers Mac &amp; Cheese</p> <p>Soybutter Sandwich</p>	<p><b>13</b></p> <p>Cheese or Turkey Sausage Pizza</p> <p>Soybutter Sandwich</p>
<p><b>16</b></p> <p>Chicken Alfredo with Penne Pasta Green Beans</p> <p>Soybutter Sandwich</p>	<p><b>17</b></p> <p>Beef Bulgogi Jasmine Rice</p> <p>Soybutter Sandwich</p>	<p><b>18</b></p> <p>Chicken Fingers Sweet Potato Wedges Corn Muffin</p> <p>Soybutter Sandwich</p>	<p><b>19</b></p> <p>Cheeseburger Potato Wedges</p> <p>Soybutter Sandwich</p>	<p><b>20</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p>
<p><b>23</b></p> <p>Glazed Chicken Bites Potato Wedges Dinner Roll</p> <p>Soybutter Sandwich</p>	<p><b>24</b></p> <p>Grilled Cheese Sweet Potato Wedges</p> <p>Soybutter Sandwich</p>	<p><b>25</b></p> <p>Beef &amp; Cheese Burrito Nacho Cheese Sauce</p> <p>Soybutter Sandwich</p>	<p><b>26</b></p> <p>Pancakes Chicken Sausages Hash Browns</p> <p>Soybutter Sandwich</p>	<p><b>27</b></p> <p>Cheese or Turkey Sausage Pizza</p> <p>Soybutter Sandwich</p>

Milk is available at every meal. Menu subject to change.  
 For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).  
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