

# September 2024

## Lunch Menu

### Grab & Go Cart - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
<b>Minimum Day</b>				
2		3		4
<b>Labor Day - Holiday</b> *no meal service*		Cocoa Cherry Bistro Box (v)	PopTart Bistro Box (v)	Turkey & Cheese Sandwich Wedges
		Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
		Cool Cucumber	Cool Cucumber	Baby Carrots w/ Ranch
		Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch
		Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk
5		6		6
PB & J Bistro Box with Yogurt (v)		PB & J Bistro Box with Yogurt (v)		PB & J Bistro Box with Yogurt (v)
Yogurt Parfait		Yogurt Parfait		Yogurt Parfait
Buffalo Ranch Fava Bean Crisps		Buffalo Ranch Fava Bean Crisps		Buffalo Ranch Fava Bean Crisps
Baby Carrots w/ Ranch		Baby Carrots w/ Ranch		Baby Carrots w/ Ranch
Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit
8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk or NF Chocolate
9		10		11
Rice Krispies Bistro Box (v)	B-Day Cake Bistro Box (v)	Rice Krispies Bistro Box (v)	Cocoa Cherry Bistro Box	PB & J Bistro Box with String Cheese (v)
Krypton Kale Salad w/ Chicken & Breadstick	Krypton Kale Salad w/ Chicken & Breadstick	Krypton Kale Salad w/ Chicken & Breadstick	Krypton Kale Salad w/ Chicken & Breadstick	Krypton Kale Salad w/ Chicken & Breadstick
It's Corn	Cool Cucumber	Cool Cucumber	Baby Carrots w/ Ranch	Buffalo Ranch Fava Bean Crisps
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate
16		17		18
PopTart Bistro Box (v)	Cocoa Cherry Bistro Box (v)	PopTart Bistro Box (v)	Turkey & Cheese Sandwich Wedges	PB & J Bistro Box with Yogurt (v)
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
Baby Carrots w/ Ranch	Cool Cucumber	Cool Cucumber	It's Corn	Buffalo Ranch Fava Bean Crisps
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate
23		24		25
Rice Krispies Bistro Box (v)	B-Day Cake Bistro Box (v)	Rice Krispies Bistro Box (v)	Cocoa Cherry Bistro Box	PB & J Bistro Box with String Cheese (v)
Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips
It's Corn	Cool Cucumber	Cool Cucumber	Baby Carrots w/ Ranch	Buffalo Ranch Fava Bean Crisps
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate
26		27		27
PopTart Bistro Box (v)	Cocoa Cherry Bistro Box (v)	PopTart Bistro Box (v)	Turkey & Cheese Sandwich Wedges	PB & J Bistro Box with Yogurt (v)
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
Baby Carrots w/ Ranch	Cool Cucumber	Cool Cucumber	It's Corn	Buffalo Ranch Fava Bean Crisps
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate
9/30		10/1		10/2
PopTart Bistro Box (v)	Cocoa Cherry Bistro Box (v)	PopTart Bistro Box (v)	Turkey & Cheese Sandwich Wedges	PB & J Bistro Box with Yogurt (v)
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
Baby Carrots w/ Ranch	Cool Cucumber	Cool Cucumber	It's Corn	Buffalo Ranch Fava Bean Crisps
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate
10/3		10/4		10/4
PopTart Bistro Box (v)	Cocoa Cherry Bistro Box (v)	PopTart Bistro Box (v)	Turkey & Cheese Sandwich Wedges	PB & J Bistro Box with Yogurt (v)
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
Baby Carrots w/ Ranch	Cool Cucumber	Cool Cucumber	It's Corn	Buffalo Ranch Fava Bean Crisps
Broccoli w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate

(v)= Vegetarian  
 (p) = Contains Pork

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# September 2024

## Lunch Menu

### Cafeteria - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
2		3		4
		5		6
Minimum Day				
<b>Labor Day - Holiday</b>  *no meal service*	Fresh & Tasty Breaded Chicken and Cornbread  Mozzarella Pull Aparts with Marinara (v)  Seasonal Fresh Fruit: Two Options Cool Cucumber Homestyle Ranch Salad 8 oz NF or 1% White Milk or NF Chocolate	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie  Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Chili Lime Chickpeas Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Chicken Delights  Grilled Cheese Sammie (v)  Seasonal Fresh Fruit Baby Carrots with Ranch Krypton Kale Salad 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza (p)  Yummy Cheese Pizza (v) Fruity Frozen Cups & Seasonal Fresh Fruit Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate
9		10		11
		12		13
Happy Burger or Happy Cheeseburger (Grass Fed Beef)  Super Orange Chicken w/ Broccoli Seasonal Fresh Fruit: Two Options It's Corn, Pickles, Sliced Tomatoes, Baby Carrots w/ Ranch Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Chili with Tortilla Chips  Mozzarella Pull Aparts with Marinara (v)  Seasonal Fresh Fruit: Two Options Cool Cucumber, Jalapeño Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk or NF Chocolate	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie  Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Chili Lime Chickpeas Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Chicken Alfredo Pasta & Soft Breadstick  The Best Burrito (v) Seasonal Fresh Fruit  Baby Carrots with Ranch Krypton Kale Salad 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza (p)  Yummy Cheese Pizza (v) Mixed Fruit & Seasonal Fresh Fruit  Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate
16		17		18
		19		20
Happy Burger or Happy Cheeseburger (Grass Fed Beef)  Teriyaki Chicken Dumplings w/ Veggies  Seasonal Fresh Fruit: Two Options It's Corn, Pickles, Sliced Tomatoes, Baby Carrots w/ Ranch Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken and Cornbread  Mozzarella Pull Aparts with Marinara (v)  Seasonal Fresh Fruit: Two Options Cool Cucumber Homestyle Ranch Salad 8 oz NF or 1% White Milk or NF Chocolate	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie  Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Chili Lime Chickpeas Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Chicken Delights  Grilled Cheese Sammie (v)  Seasonal Fresh Fruit  Baby Carrots with Ranch Krypton Kale Salad 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza (p)  Yummy Cheese Pizza (v) Fruity Frozen Cups & Seasonal Fresh Fruit  Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate
23		24		25
		26		27
Happy Burger or Happy Cheeseburger (Grass Fed Beef)  Super Orange Chicken w/ Broccoli Seasonal Fresh Fruit: Two Options It's Corn, Pickles, Sliced Tomatoes, Baby Carrots w/ Ranch Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Chili with Tortilla Chips  Mozzarella Pull Aparts with Marinara (v)  Seasonal Fresh Fruit: Two Options Cool Cucumber, Jalapeño Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk or NF Chocolate	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie  Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Chili Lime Chickpeas Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Chicken Alfredo Pasta & Soft Breadstick  The Best Burrito (v) Seasonal Fresh Fruit  Baby Carrots with Ranch Krypton Kale Salad 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza (p)  Yummy Cheese Pizza (v) Mixed Fruit & Seasonal Fresh Fruit  Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate
9/30		10/1		10/2
		10/3		10/4
Happy Burger or Happy Cheeseburger (Grass Fed Beef)  Teriyaki Chicken Dumplings w/ Veggies  Seasonal Fresh Fruit: Two Options It's Corn, Pickles, Sliced Tomatoes, Baby Carrots w/ Ranch Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken and Cornbread  Mozzarella Pull Aparts with Marinara (v)  Seasonal Fresh Fruit: Two Options Cool Cucumber Homestyle Ranch Salad 8 oz NF or 1% White Milk or NF Chocolate	Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa with Curtido (v) + Freshly Baked Whole Grain Chocolate Chip Cookie  Seasonal Fresh Fruit: Two Options Jicama w/ Tajin, Chili Lime Chickpeas Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Chicken Delights  Grilled Cheese Sammie (v)  Seasonal Fresh Fruit  Baby Carrots with Ranch Krypton Kale Salad 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza (p)  Yummy Cheese Pizza (v) Fruity Frozen Cups & Seasonal Fresh Fruit  Baby Carrots w/ Ranch, Jalapeño Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate

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# September 2024

## Breakfast Menu

### Cafeteria and Grab & Go Cart - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
2	3	4	5	6
<b>Labor Day - Holiday</b> *no meal service*	Concha with Fresh Piña (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Ham & Cheese Croissant Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk	Banana Chocolate Chunk BeneFit Bar (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Cinnamon Swirl Pancakes Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk
9	10	11	12	13
Cinni Minis (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Orange Juice 8 oz NF or 1% White Milk	Variety Bagels with Cream Cheese (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Waffle with Strawberries & Turkey Sausage Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk	Concha with Fresh Piña (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Honeywheat Breakfast Bar (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk
16	17	18	19	20
Double Chocolate Chip Muffin (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Orange Juice 8 oz NF or 1% White Milk	Concha Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Ham & Cheese Croissant Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk	Banana Chocolate Chunk BeneFit Bar (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Cinnamon Swirl Pancakes Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk
23	24	25	26	27
Cinni Minis (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Orange Juice 8 oz NF or 1% White Milk	Variety Bagels with Cream Cheese (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Waffle with Strawberries & Turkey Sausage Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk	Concha with Fresh Piña (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Honeywheat Breakfast Bar (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk
9/30	10/1	10/2	10/3	10/4
Double Chocolate Chip Muffin (v) Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Orange Juice 8 oz NF or 1% White Milk	Concha Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Sliced Peaches 8 oz NF or 1% White Milk	Ham & Cheese Croissant Variety Cereal with Crackers (v) Seasonal Fruit: Two Options Applesauce Cup 8 oz NF or 1% White Milk	Banana Chocolate Chunk BeneFit Bar (v) Variety Cereal with Sunflower Seeds (v) Seasonal Fruit: Two Options Dried Cranberries 8 oz NF or 1% White Milk	Pancake Bread (v) + Turkey Sausage Variety Cereal with Crackers (v) Seasonal Fruit: Two Options 100% Apple Juice 8 oz NF or 1% White Milk

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