

Appling County Middle School

LUNCH MENU

September 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday, September 2—Friday, September 6				
	Beef Taco with Tostito Chips Queso Dip/Lettuce/Tomato Cheese/Sour Cream/Salsa Refried Beans Whole Kernel Corn Fruit Choices	Chicken Alfredo with Garlic Breadstick Steamed Broccoli Roasted Carrots Fruit Choices	Hamburger Steak with Gravy, Sautéed Onions ,and Roll Mashed Potatoes Okra Bites Fruit Choices	Crispy Chicken Sandwich Seasoned Fries Green Beans Fruit Choices Cookie
Monday, September 9—Friday, September 13				
Crispy Chicken Tenders w/ Honey Mustard Sauce Fresh Baked Roll Mashed Potatoes Green Beans Fruit Choices	Hamburger with Bun Lettuce/Tomato Emoji Potatoes Baked Beans Fruit Choices	Pepperoni and Cheese Pizza Whole Kernel Corn Baby Carrots with Ranch Vanilla Pudding Cup Fruit Choices	Grilled Chicken Sandwich Lettuce/Tomato Steamed Broccoli Baked Sweet Potato Fries Fruit Choices	Corndog Coleslaw Tater Tots Chocolate Chip Cookie Fruit Choices
Monday, September 16—Friday, September 20				
Chicken Poppers with Cornbread Muffin Field Peas Candied Sweet Potatoes Fruit Choices	Chicken Fajita Nachos Sautéed Bell Peppers & On- ions Sour Cream/Salsa/Queso Black Beans Fruit Choices	Chicken Sliders Seasoned Fries Broccoli Bites with Ranch Fruit Choices Cookie	Spaghetti with Garlic Breadstick Fresh Garden Salad Whole Kernel Corn Fruit Choices	BBO Sandwich Potato Salad Green Beans Fruit Choices Rice Krispy Treat
Monday, September 23—Friday, September 27				
Crispy Chicken Tenders w/ Honey Mustard Sauce Fresh Baked Roll Mashed Potatoes Green Beans Fruit Choices	Hamburger with Bun Lettuce/Tomato Emoji Potatoes Baked Beans Fruit Choices	Pepperoni and Cheese Pizza Whole Kernel Corn Baby Carrots with Ranch Vanilla Pudding Cup Fruit Choices	Grilled Chicken Sandwich Lettuce/Tomato Steamed Broccoli Baked Sweet Potato Fries Fruit Choices	Corndog Coleslaw Tater Tots Chocolate Chip Cookie Fruit Choices
Monday, September 30				
Boneless Chicken Wings with Dipping Sauce Macaroni and Cheese Seasoned Mustard Greens Glazed Sweet Potatoes Fruit Choices				

• MENU SUBJECT TO CHANGE •

Appling County School Nutrition Program

Student meals are served at no charge. Extra items and second meals are not included.

Adult Meal: \$4.75

2nd Entrée Choice Offered Daily with Side Items

Ham & Cheese Sandwich M/W/F
Chicken Tender Salad T/R

A variety of fruits and veggies are offered daily.

Students must select a fruit or vegetable at lunch.

Milk Choices Offered Daily

Harvest of the Month:

September is all about Apples!



Visit the Appling County School Nutrition website for Nutrition Education and Wellness resources!