



# THE ALEXANDER DAWSON SCHOOL

## LOWER SCHOOL INSIGHTS ROTATIONS

The Lower School Insights classes are designed to equip students with essential competencies for world readiness such as creative problem-solving, analytical thinking, resilience, flexibility, self-awareness, and motivation. Each grade level participates in the five Insights Rotations below. During the dedicated course time, students engage in lessons and activities that help them develop the competencies outlined in the World Economic Forum's Future Jobs Report on What Schools Should Be Teaching.

### DIGITAL LITERACY

Lessons build 21st-century skills that incorporate technologies, networks, and communication tools to find, evaluate, and create information. Learning, practice, and reflection allow students to use digital technologies for meaningful action in their lives.

- Mindsets: Belonging, Engagement, Advocacy & Resilience
- Competencies: Critical Thinking, Creativity, Communication & Cultural Responsiveness
- World-Readiness Alignment: Creativity, Technological Literacy & Social Influence

### SOCIAL-EMOTIONAL LEARNING

Social-emotional learning (SEL) provides a foundation for safe and positive learning and enhances students' ability to succeed in school, careers, and life. Students explore self and social awareness through simulated activities and stories.

- Mindsets: Belonging, Advocacy & Engagement
- Competencies: Communication, Collaboration, Cultural Responsiveness
- World-Readiness Alignment: Motivation & Self-Awareness

### GROUP DYNAMICS

Group dynamics lessons help students navigate the complexities of interpersonal relationships, develop empathy and emotional intelligence, and build a sense of identity and belonging. Students will engage in group activities that require team communication and collaboration.

- Mindsets: Belonging, Advocacy, Engagement & Resilience
- Competencies: Critical Thinking, Creativity, Communication & Collaboration
- World-Readiness Alignment: Leadership & Active Listening

### LEARNING TO LEARN

Executive functioning activities help students develop adaptable thinking, planning skills, self-monitoring, time management, and organization. Students play strategy games as a method for improving work habits and enhancing their ability to think about their thinking.

- Mindsets: Engagement & Resiliency
- Competencies: Critical Thinking
- World-Readiness Alignment: Curiosity & Lifelong Learning

### BRAIN BOGGLERS

Working on complex challenges and brain teasers can help build problem-solving skills, develop stamina, and enhance flexible thinking. Students actively use their reasoning and logic skills to find different ways to troubleshoot and solve problems.

- Mindsets: Engagement & Resiliency
- Competencies: Critical Thinking, Communication, Creativity & Collaboration
- World-Readiness Alignment: Analytical Thinking, Resilience, Flexibility & Agility