

September 2024 Allergen Free Breakfast and Lunch Menu

Allergen Free Standard Breakfast: 2 Rice Chex Cereals, served with choice of fruit or juice and type of milk if appropriate.

September 3

Lunch: Orange Chicken Bowl Mixed Vegetables Tossed Salad w/ Vinaigrette Applesauce Pouch Milk/Soy milk

September 4

Lunch: Chickpea Pasta Baby Carrots Applesauce Pouch Milk/Soy milk

September 5

Lunch: Hamburger on GF Bun Green Beans Baby Carrots Grapes Milk/Soy milk

September 6

Lunch: Oven Roasted Chicken Nuggets Mixed Vegetables Tossed Salad w/ Vinaigrette Apple Slices Milk/Soy milk

September 9

Lunch: Frito Pie Whole Kernel Corn Baby Carrots Applesauce Pouch Milk/Soy milk

September 10

Lunch: BBQ Chicken Bowl Green Beans Tossed Salad w/ Vinaigrette Orange Smiles Milk/Soy milk

September 11

Lunch: Black Beans & Rice w/ Baked Tostito Scoops Bowl Baby Carrots Whole Kernel Corn Fresh Pineapple Chunks Milk/Soy milk

September 12

Lunch: Beef Hot Dog on GF Bun Mixed Vegetables Baby Carrots Applesauce Pouch Milk/Soy milk

September 13

Lunch: Cauliflower Chicken Tender Green Beans Apple Slices Milk/Soy milk

September 16

Lunch: Beef Nachos w/ Baked! Tostito Scoops Pinto Beans Baby Carrots

September 17

Lunch: Orange Chicken Bowl Mixed Vegetables Tossed Salad w/ Vinaigrette Applesauce Pouch

September 18

Lunch: Chickpea Pasta Baby Carrots Applesauce Pouch Milk/Soy milk

September 19

Lunch: Hamburger on GF Bun Green Beans Baby Carrots Grapes

September 20

Lunch: Oven Roasted Chicken Nuggets Mixed Vegetables Tossed Salad w/ Vinaigrette Apple Slices

September 23

Lunch: Frito Pie Whole Kernel Corn Baby Carrots Applesauce Pouch Milk/Soy milk

September 24

Lunch: BBQ Chicken Bowl Green Beans Tossed Salad w/ Vinaigrette Orange Smiles Milk/Soy milk

September 25

Lunch: Black Beans & Rice w/ Baked Tostito Scoops Bowl Baby Carrots Whole Kernel Corn Fresh Pineapple Chunks Milk/Soy milk

September 26

Lunch: Beef Hot Dog on GF Bun Mixed Vegetables Baby Carrots Applesauce Pouch Milk/Soy milk

September 27

Lunch: Cauliflower Chicken Tender Green Beans Apple Slices Milk/Soy milk

September 30

Lunch: Frito Pie Whole Kernel Corn Baby Carrots Applesauce Pouch Milk/Soy milk