

**Kadoka Area School District -- Kind Accountable Safe Determined  
Positive Behavior Intervention and Supports  
Lesson Plan: Lunchroom**

**Purpose of the Lesson:**

1. To establish a positive atmosphere in the lunchroom.
2. To practice and maintain good manners.
3. To ensure a safe eating environment.

**Looks Like:**

1. Walk quietly in a single file line to and from lunch, hands down at sides on the right-hand side.
2. Carry tray with both hands.
3. Eat your own lunch.  
\*NO sharing food/leftovers.
4. When finished, clean up your area with your napkin. (Leave no Trace)
5. Dump tray when your table is called upon.
6. Raise your hand to request permission to get "seconds" and/or condiments.
7. All food items should be consumed in the lunchroom only.
8. Stack trays and put utensils in the tub.
9. Walk out the door to recess.

**Sounds Like:**

1. Say please and thank you to lunchroom staff.
2. Level 2 Voice  
\*Only people at your table or near you should be able to hear you.
3. Appropriate conversation topics.

**Teaching Examples:**

1. When you are passing through the serving line, state what you want to the servers, "no, thank you," or "yes, please."
2. You see your friend enter the lunchroom or sit at another table, so you start to shout, "Hello," but then remember to use your level two voice instead or wave.
3. Discuss good table manners. Ask for condiments to be passed and practice using manners such as please and thank you instead of reaching across someone.
4. Your friend has Doritos, and they are your favorite snack! You haven't finished your lunch yet, and you would like to ask them if they would trade their Doritos for something on your tray. But you remember the rule about eating your own food.

**Role Plays/Follow Up Activities**

1. Role play how to find an empty seat and ask how to sit at a table or side that is almost full.
2. Discuss why its important to eat your own lunch.
3. Practice a soft conversation voice. (level 2) Ex. Not yelling down the table to a friend.
4. Brainstorm lunchroom manners. Ex. Not grabbing someone else's food, not getting up and sitting at a different spot or table, finish chewing food before leaving table, chewing with your mouth shut, cleaning up, emptying and stacking trays.
5. Practice using manners when the cooks are serving food. Ex. "yes, please," or "no, thank you."

### **Reinforcement:**

1. Think and discuss what makes lunch enjoyable for everyone. Ex. Using appropriate conversation topics, eating with mouth closed, not playing with food.)
2. Reinforce with KASD tickets and praise verbally.

### **Assignments:**

"Today we will be watching you to see if you are **BEING RESPECTFUL** in the lunchroom. At the end of the day, I will ask you to tell me what you did to **BE RESPECTFUL** in the lunchroom."

What should you do today?  
What am I going to ask you?

### **Wrap Up:**

- Discuss how the lunchroom expectations went today? What did you do to show KASD qualities in the lunchroom today?