

September

2024

The Haverford School

MS & US Lunch Menu



Daily Offerings

- Hot Breakfast 7:30am-9am
- Fish of the Day
- Salad & Deli Station
- Assorted Desserts

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Labor Day!	Welcome Back!	Blackjack Chicken Pasta Bolognese Vegan Blackjack Chicken French Fries Roasted Broccoli	Nachos Chipotle Chicken Veggie Nachos Steamed Rice Seasoned Corn	Pizza Asst. Boneless Wings Veggie Pizza Vegetable Medley
9	10	11	12	13
Chicken Finger Wrap Dijon Pork Tenderloin Vegan Chicken Wrap Garlic Mashed Potatoes Roasted Brussel Sprouts	Tater Tot Bowl Orange Chicken Veggie Quiche Jasmin Rice Sautéed Squash	Fajitas Chimichurri Chicken Veggie Fajitas Mexican Rice Roasted Broccoli	Roast Pork Sandwich Chicken Patty Sandwich Stuffed Portobello Tater Tots Roasted Cauliflower	Breakfast Bowl Meatball Subs Veggie Quiche French Fries Roasted Asparagus
16	17	18	19	20
Fiesta Rice Bowl Stuffed Shells Black Bean Rice Bowl Steamed Rice Asparagus	Italian Chicken Sandwich BBQ Beef Veggie Tacos Mashed Potatoes 5 Spice Roasted Veggies	Blackjack Burger BBQ Chicken Thighs Garden Burger Spicy Potato Wedges Collard Greens	Chicken Bacon Ranch Sesame Garlic Beef Veggie Quinoa Jasmin Rice String Beans	Pizza Asst. Boneless Wings Veggie Pizza Vegetable Medley
23	24	25	26	27
Turkey BLT Wrap Chipotle Chicken Greens & Beans Steamed Rice Mixed Vegetables	Power Bowl Sweet Sausage Sandwich Tofu Power Bowl French Fries Roasted Asparagus	Cheesesteak Red/White Tortellini Veggie Steak Sandwich Tater Tots Sautéed Squash	Mac & Cheese Bar General Tso's Chicken Stuffed Mushrooms Steamed Rice Steamed Broccoli	Hot Roast Beef Shawarma Chicken Breast Stwd Chickpeas & Zucchini Roasted Red Potatoes Roasted Cauliflower
30				

Chili Bread Bowl Jerk Chicken Veggie Chili Bread Bowl Mashed Potatoes Roasted Carrots				
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