

# September

2024

The Haverford School

## Lower School Lunch Menu

### Daily Offerings

- Ham, Turkey & Cheese Sandwiches
- Salad , Fruit Cups, Yogurt
- menu is subject to change based on product availability.



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	<b>Welcome Back!!!</b>	<b>Chicken Patty Sandwich</b> Vegan Chicken Patty French Fries Roasted Broccoli Ice Cream	<b>Nachos</b> Veggie Nachos Steamed Rice Seasoned Corn Rice Krispy Treat	<b>Pizza</b> Veggie Pizza Mixed Vegetables Cookies
9	10	11	12	13
<b>Chicken Fingers</b> Vegan Chicken Fingers Tater Tots Brussel Sprouts Water Ice	<b>Raviolis</b> Veggie Quiche Garlic Sticks Sautéed Squash Pudding	<b>Sweet &amp; Sour Chicken</b> Veggie Spring Rolls Wild Rice Roasted Broccoli Cake	<b>French Toast Sticks</b> Bacon Breakfast Potatoes Roasted Cauliflower Jell-o	<b>Pizza</b> Veggie Pizza Mixed Vegetables Cookies
16	17	18	19	20
<b>Meatball Sub</b> Black Bean Rice Bowl Steamed Rice Asparagus Teddy Grahams	<b>Chicken Parm Sandwich</b> Vegan Chicken Parm Snd Mashed Sweet Potatoes Roasted Veggies Oreos	<b>Cheeseburger</b> Garden Burger Spicy Potato Wedges Collard Greens Brownies	<b>Chicken Bacon Ranch Snd</b> Veggie Quinoa Buttered Noodles String Beans Fruit Snack	<b>Pizza</b> Veggie Pizza Mixed Vegetables Cookies
23	24	25	26	27
<b>Chicken Nuggets</b> Greens & Beans Steamed Rice Mixed Vegetables Ice Cream	<b>Sausage Sandwich</b> Tofu Power Bowl French Fries Roasted Asparagus Rice Krispy Treat	<b>Cheesesteak</b> Veggie Steak Sandwich Tater Tots Sautéed Squash Water Ice	<b>Hot Dogs</b> Stuffed Mushroom Mac & Cheese Broccoli Pudding	<b>Pizza</b> Veggie Pizza Mixed Vegetables Cookies
30				

<p><b>Tortellini</b> Veggie Steak Sandwich Garlic Bread Sautéed Squash Birthday Cupcakes</p>				
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