

# Welcome



**LAKE TRAVIS**  
SPECIAL OLYMPICS TEXAS

## Kick-Off Meeting

## 2024-2025

# LTSO Team

Jennifer Freeman - Executive Director for Special Services

Siiri Marquardt - Assistant Director of Special Services

Heather Amitrani - Co-Head of Delegation

Shilo Clements - Co-Head of Delegation

Sarah Ingram - Clerk - Special Services



# Eligibility

To participate with  
Lake Travis ISD Special Olympics,  
athletes must:

- ★ Attend LTISD schools
- ★ Be at least 6 years of age by first day of competition for all area and regional competitions; 8 years of age for state competitions (Floorball)
- ★ Be identified as having an intellectual disability, a cognitive delay, and/or a closely related developmental disability
- ★ Be able to demonstrate good sportsmanship in a variety of environments
- ★ Have paperwork on file prior to first practice

# Required Medical Forms

## ATHLETE REGISTRATION / MEDICAL FORM

SOTX form to be completed by parent/guardian and physician prior to participation.

Good for 3 years or when a major medical change has occurred



# Required Forms

## Permission and Contact information

Must be completed each school year prior to participation.

Gives athlete and guardian information as well as parental permission for participation and use of athlete's likeness on district website and social media.



[Google Form Link](#)

# Code of Conduct

Covers sportsmanship, training, competition & personal responsibility for parents and athletes.

Please review expectations with your athlete.

[Athlete Code of Conduct](#)

# Practices

Bowling    Basketball    Soccer  
Floorball    Track & Field

Practices are weekdays after school and occasionally on Saturdays in the LTISD area. **Your athlete will need to attend at least 5 practices in order to compete in that sport. The first and the last practices are required.**

Participation in practices is limited to athletes, coaches and approved volunteers. Families and friends can watch from the sidelines and bleachers while keeping lanes, fields, courts and tracks clear for athletes.

Practices can be loud and often require waiting turns. Please make necessary provisions for your athlete's success.

# Competitions

Competitions are held in and around the greater Austin area, often on weekends. Competitions held during school hours are an excused absence and Heather or Shilo will contact the school's attendance clerk to document the absence appropriately. **Absences due to competitions with non-LTISD delegations cannot be cleared by LTISD.**

Transportation in a district vehicle will be available for out-of-district competitions. You must let Heather or Shilo know if transportation is needed.

Competitions often entail down time and waiting, sometimes in extreme temperatures. They can be loud and crowded. Athletes are welcome to bring games, books or devices while waiting for their event.

Competitions are run by volunteers. **Please bring any concerns to Heather or Shilo, not volunteers working for Special Olympics.**



# Honest Effort Rule

Athletes, partners and coaches must adhere to the Honest Effort Rule (replaces the Rabbit Rule) which states:

Athletes, partners and coaches, who do not participate honestly and with maximum effort in all events, or in a sportsmanlike manner, will be disqualified from current and possibly future events.

**This means all athletes need to put forth full effort during practices so coaches can take the truest times and distances for competition entries.**



- Lake Travis ISD policy prohibits pets from LT campuses, including fields.
- Special Olympics Texas prohibits pets from SOTX competitions. [SOTX Pet Policy](#)
- Please leave pets at home during practices and competitions.

Service animals specifically trained to aid a person with a disability are welcome. Therapy and emotional support animals are not provided the same legal privileges as service animals

# Parent Responsibilities

- Bring concerns to the attention of the Head of Delegation, not the coaches or volunteers, in a respectful, courteous manner.
- Ensure your athlete attends practices and competitions, arriving on time and remaining for the entire practice.
- Ensure a positive experience for all athletes, volunteers and coaches
- Have respect for others and remember that athletes, volunteers and coaches are participating for their enjoyment
- Lead by example

Parent Code of Conduct

# Sign Up for BAND The Communications APP



**13.LAK.SOTX**

**Scan this QR code and join!**



# Sports Offered

Bowling - Floorball - Basketball -  
Track and Field - Soccer

We will go over competition details and dates during the first practice of each sport. Uniforms will be handed out during the last practice.

**Practice Information**

# Uniforms

An LT jersey and shorts will be provided to each athlete. Bowling, basketball, soccer and track jerseys will be provided to athletes participating in those sports.

**Uniforms will be checked out and must be returned before the end of the school year.** Backpacks and hoodies are available for checkout during the school year as well.



# Homecoming Parade

Wednesday, October 9, 2024

For our float, we are in need of:

A trailer

A pick up truck to pull trailer during the parade

Hay bales

Decorators

Decoration date(s) and location TBD

# End of Year Awards Ceremony



Saturday May 3rd  
LTHS Cafeteria



# Contact Information

LTSO@ltisdschools.org

Band APP

Website

*We look  
forward  
to a  
Great Year!*