

# **Hogansville Elementary Wellness Plan 2024-25**

## **Meeting 1: Wednesday, September 4 @ 8:15**

**Link for the TCSS Wellness Policy can be found at:**

**<https://www.troup.org/departments/nutrition/wellness-policy>**

**All students will meet the following Physical Education goals:**

- o All students in grades 1-5 will complete the Fitness Gram.
  - All but 5 students have been tested as of 9/4/24. These students will be completed in the next week and all information will be entered into the Fit Georgia website. Post Test will be conducted in the spring.
- o More than 90% of physically able students that are enrolled will complete the Fitness gram.

**Elementary students in grades 2 and 5 will receive vision and hearing screenings. Students in other grades will receive vision and hearing screenings upon referral from a teacher or administrator.**

- This goal will be met through Vision 2 Learn school wide screening.

**Along with the data for each of the goals, each principal will keep a copy of their Smart Snack and Fundraising log.**

**In addition, newsletters, flyers, videos, and resources such as updates from the school nurse, healthy eating habits, and social emotional wellness will be shared with elementary students regularly. Hogansville will also address mental health care through social emotional lessons and counseling services as needed. Staff wellness events will also be planned throughout the school year.**

Progress toward these goals will be reviewed at scheduled meetings throughout the school year and summarized in a year end report. Meetings will be open to parents through a shared Google Meet link.

September Wellness Meeting link shared with parents through the September Monthly Newsletter.