Literature for Ms. Y:
Rest Keeps Us Healthy

Good Night! *
How Do We Tell Time? *
Yellow Yarn Yo-Yo*
Ira Sleeps Over
The Napping House*
Goodnight Moon*
Good Night Gorilla*
The Big Yawn
Sleep Tight, Little Bear
The Going to Bed Book
No Nap
Five Little Monkeys Jumping on the Bed
Ten in the Bed
Bernard's Nap
Shhhh! Everybody's Sleeping
How Do Dinosaurs Say Good Night? *