

Ben Hill Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
LABOR DAY	Sausage Biscuit Fruit, Juice	Super Donut Fruit, Juice	French Toast Sticks Fruit, Juice	Sausage Dog Fruit, Juice
Student & Teacher Holiday	Spaghetti w/ Meat Sauce Romaine Salad/Dressing Corn on the Cob Garlic Toast Fruit, Juice	Chicken Sandwich Pasta Salad Baked Beans Cookie Fruit, Juice	Chicken Tenders Au Gratin Potatoes Green Beans WG Yeast Roll Fruit, Juice	Pizza(4x6) Waffle Fries Glazed Sliced Carrots Pickle Spears Fruit, Juice
9	10	11	12	13
Muffin/Yogurt Fruit, Juice	Chicken Biscuit Fruit, Juice	Honey Bun Fruit, Juice	Mini Waffles Fruit, Juice	Eggs, Grits, Sausage, Biscuit Fruit, Juice
Cheeseburgers Sweet Potato Fries Sweet Peas Pickle Spears Fruit, Juice	Beef Nacho w/ Chips L/C Mexican Style Corn Pinto Beans Pico De Gallo Fruit, Juice	Sub Sandwich L/T/C Chips Ranch Roasted Broccoli Cucumber Salad Fruit, Juice	BBQ Chicken Buttered Rice Turnip Greens Yam Patties Cornbread muffin Fruit, Juice	Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit, Juice
16	17	18	19	20
Pancake Wrap Fruit, Juice	Sausage Biscuit Fruit, Juice	Cinnamon Rolls Fruit, Juice	Mini Pancakes Fruit, Juice	Student Holiday
Hotdog Coleslaw Baked Beans Carrot Dippers Fruit, Juice	Chicken Fajita Yellow Rice Broccoli w/Cheese WG Breadstick Fruit, Juice	Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit, Juice	Chicken Nuggets Mac & Cheese Green Beans WG Yeast Roll Cucumber Dippers Fruit, Juice	Teacher Planning Day
23	24	25	26	27
Breakfast Pizza Fruit, Juice	Chicken Biscuit Fruit, Juice	Honey Bun Fruit, Juice	French Toast Sticks Fruit, Juice	Ham & Cheese Croissant Fruit, Juice
Pizza Spaghetti Style Romaine Salad/Dressing Corn on the Cob Garlic Toast Fruit, Juice	Soft Shell Beef Taco L/C Mexican Rice Pinto Beans Pico De Gallo Fruit, Juice	Chicken Sandwich Crinkle French Fries Baked Beans Pickle Spears Fruit, Juice	Chicken & Rice Turnip Greens Sweet Potatoes Cornbread muffin Fruit, Juice	Fiesta Pizza Waffle Fries Glazed Sliced Carrots Pickle Spears Fruit, Juice

Choice of Milk or Water
Daily.

Breakfast Daily Choice
Choice of Cereal or Grab & Go Sack
On Serving Line

This institution is an
Equal Opportunity
Provider.