

Say Something Anonymous Reporting System

Say Something is a youth violence prevention program from Sandy Hook Promise, a national violence prevention organization. Say Something Anonymous Reporting System allows youth and adults to submit secure & anonymous safety concerns to help identify and intervene upon at-risk individuals BEFORE they hurt themselves or others. Please use the Say Something system to report situations of imminent harm or danger. School administrators and law enforcement will follow up immediately. The Say Something Anonymous Reporting System is easy and completely confidential.

- Submit a Tip By Desktop Computer
- <https://www.sandyhookpromise.org/say-something-tips/>
- Download the Say Something App on your smartphone from Google Play and Apple App Store
- Call 1-844-5-SAYNOW

OTHER RESOURCES FOR PARENTS AND STUDENTS

988lifeline.org

- The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.
- Call or text 988 or chat at 988lifeline.org
- Available 24 hours. Languages: English, Spanish

A3 (Anywhere, Anytime, Anyone) Crisis Response Contra Costa County

- If you or someone you know is experiencing a behavioral health crisis, call the A3 Miles Hall Crisis Call Center.
- Available 24 hours/day behavioral crisis support
- 844-844-5544

Crisis Text Line

- Text HOME to 741741
- A live, trained volunteer Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool calm.

Northgate Wellness Center

- 925-938-0900 Ext.3523