

September 2024 Middle School Breakfast and Lunch Menu

September 3

Breakfast: Sausage & Cheese Biscuit

Lunch: Chicken Tender Taco or Chicken Tenders, Garden Salad, Black Beans, Fresh Pineapple, Cornbread

September 4

Breakfast: Chocolate Chip Waffle

Lunch: Sweet N Sour Chicken or Chicken Tenders, Garden Salad, Stir Fried Vegetables, Clementines, Steamed Rice, Vegetable Egg Roll

September 5

Breakfast: Seasonal Muffin

Lunch: Chicken Nachos or Chicken Tenders + Roll, Garden Salad, Whole Kernel Corn, Fresh Mixed Fruit

September 6

Breakfast: Mini Pancakes

Lunch: Frito Pie or Chicken Tenders, Garden Salad, Cole Slaw, Watermelon Cubes, Wheat Roll

September 9

Breakfast: French Toast Sticks

Lunch: Steak Fingers or Chicken Tenders, Garden Salad, Mashed Potatoes and Gravy, Mandarin Oranges, Dinner Roll

September 10

Breakfast: Breakfast Pizza

Lunch: Breaded Bone-In Chicken or Chicken Tenders, Garden Salad, Baked Beans, Grape Escapes, Biscuit

September 11

Breakfast: Stuffed Cinnamon Toast

Lunch: Crispy Chicken Taco or Chicken Tenders, Garden Salad, Black Beans, Fresh Pineapple, Cornbread

September 12

Breakfast: Seasonal Muffin

Lunch: Nachos or Chicken Tenders + Roll, Garden Salad, Whole Kernel Corn, Fresh Cantaloupe

September 13

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Cheese Stuffed Breadsticks or Chicken Tenders, Garden Salad, Apple Cobbler, Seasoned Green Beans, Dinner Roll

September 16

Breakfast: Mini Pancakes

Lunch: Steak Fingers or Chicken Tenders, Garden Salad, Mashed Potatoes and Gravy, Mandarin Oranges, Dinner Roll

September 17

Breakfast: Sausage, Egg and Cheese Biscuit

Lunch: Don Lee Chicken Tacos or Chicken Tenders, Garden Salad, Seasoned Black Beans, Watermelon Cubes, Cornbread

September 18

Breakfast: Chocolate Chip Waffle

Lunch: Pot Stickers or Chicken Tenders, Garden Salad, Stir Fried Vegetables, Fresh Mixed Fruit, Vegetable Egg Roll

September 19

Breakfast: Seasonal Muffin

Lunch: Mac and Cheese or Chicken Tenders, Garden Salad, Baked Beans, Watermelon Cubes, Dinner Roll

September 20

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Frito Pie or Chicken Tenders, Baby Carrots, Garden Salad, Peach Cobbler, Dinner Roll

September 23

Breakfast: French Toast Sticks

Lunch: Bone-In Chicken or Chicken Tenders, Baby Carrots, Cole Slaw, Fresh Apple Slices, Dinner Roll

September 24

Breakfast: Breakfast Pizza

Lunch: Steak Fingers or Chicken Tenders, Garden Salad, Mashed Potatoes and Gravy, Grape Escapes, Dinner Roll

September 25

Breakfast: Stuffed Cinnamon Toast

Lunch: Rotini and Meatballs or Chicken Tenders, Garden Salad, Seasoned Green Beans, Fresh Cantaloupe

September 26

Breakfast: Seasonal Muffin

Lunch: Nachos or Chicken Tenders, Garden Salad, Whole Kernel Corn, Fresh Pineapple

September 27

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Chicken Tenders + Waffles, Garden Salad, Curly Fries, Fruit Slush

September 30

Breakfast: Mini Pancakes

Lunch: Steak Finger or Chicken Tenders, Garden Salad, Mashed Potatoes and Gravy, Fresh Apple Slices,
Dinner Roll