



Middle School Student Athlete Contract

As a student-athlete at the Academy of the Sacred Heart, I understand the following and I agree to adhere to the practices/policies listed below.

1. I will follow the goals and mission of the school and the team.
2. As a representative of ASH while participating in interscholastic events, I will conduct myself in a manner commensurate with the guidelines set for by the coach(es) and the Parent/Student Handbook.
3. I understand that preparation and behavior are important aspects of being a student athlete and understand that if I receive more than three marks due to not following rules, i.e. out of dress code, unsportsmanlike behavior, or other behavior concerns, I will serve a reasonable punishment handed down by the coaching staff and/or athletic director. (In the event a player does not live up to these responsibilities, she may also be asked to withdraw from the sport.)
4. I agree to attend all practices, games and meetings and will contact the coach or athletic director personally beforehand if I must miss practice or games.
5. I commit to abide by the rules and instructions of the coaches, athletic director and other supervising adults.
6. I agree to always model good sportsmanship, show respect for all buildings and equipment at Sacred Heart and other schools/facilities and encourage building community as a Christian value.
7. I agree to be well groomed and dressed appropriately during school and especially in game day competitions. (Game Day Uniform includes **black Sacred Heart Physical Education shorts**)
8. Being part of a team is an important part of athletics and I agree to follow all safety protocols and rules when riding on team transportation. I understand that
 - a. There are **NO cell phones allowed on the bus**. The coach will provide every parent with their cell number in case of emergency. If a student has a cell phone for after games it must remain in her backpack or athletic bag at all times.
 - b. There is **NO** standing or moving around on the bus.
 - c. Every student must sit in the seat with her back towards the front of the bus.
 - d. No more than two students are allowed per bench/seat on the bus.

- e. That no student may change clothing on the bus. All students must change in the downstairs locker room at Sacred Heart or at the visiting site upon arrival.
- 9. I understand that major breakage of equipment will be the responsibility of the student/family to pay for damages.
- 10. At the end of each season, I am responsible to return my uniform to Assistant Athletic Director Coach Courtney Ward. The cost of replacing a lost or damaged uniform is approximately **\$40**.

(Note: Students must only return uniforms to the Assistant Athletic Director- Coach Courtney Ward. No Exceptions)

Student Signature

Date

-As the parent/guardian, I have read this contract with my child and agree that my child will adhere to regulations and rules in all athletic sports at the Academy of the Sacred Heart.

-I understand that we are also responsible for reading the Middle School Parent/Student Handbook -Athletic Expectations/Responsibilities component and understanding those rules and expectations as well.

Parent Signature

Date