Aquatomics Swim Team



Have Fun! Swim Fast!



Neutron (ages 6-11)

- Enjoy swimming in a team environment
- Establish a lifelong love for swimming
- Become proficient in all four competitive strokes

Proton (ages 8-12)

- Enjoy working out as part of a team
- Establish goals
- Feel the satisfaction of personal improvement and contributing to a positive team environment

Flexible Swim Times, Multisport Athletes Welcome!

Neutron \$70/month

Tues, Weds, Thur, Fri: 3:30 - 4:15 pm Mon, Weds: 5:30 - 6:30 pm **Proton** \$90/month Tues, Weds, Thur, Fri: 3:30 - 4:30 pm Mon, Weds: 5:30 - 6:30 pm

FAQ

Q: When is the best time to join?

A: Now! Or anytime – we are a year-round organization. First month is prorated.

Q: Is my kid ready?

A: Let's find out! Contact us at gomotionapp.com/team/nmlaa/page/home. We prefer that they can swim a 25 free and 25 back – but it doesn't have to be non-stop, perfect, or pretty - that's our job!

Q: Is my kid too old to start swimming?

A: We work with student athletes of all ages—contact us for a free tryout!

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