

3rd Grade Proficiency Scale

I can demonstrate individual responsibility for safety during physical activities.

Reporting Category: PHYED 3.1.1

Exceeds Standard	4	In addition to score 3 and 2, the students will transfer learning to more complex content and thinking, including deeper conceptual understanding and applications that go beyond what is explicitly taught in class.
At Standard Proficient	3	I can Personal Responsibility: Exhibit personal responsibility in teacher-directed activities. Work independently for extended periods of time. Accepting feedback: Accept and implement specific corrective feedback from the teacher. Working with others: Work cooperatively with others. Praise others for their success in movement performances. Rules & etiquette: Recognize the role of rules and etiquette in teacher-designed physical activities. Safety: Work independently and safely in physical education. Work safely with physical education equipment.
Approaching Standard	2	I can Personal Responsibility: Practice skills with minimal teacher prompting. Accepting feedback: Accept responsibility for class protocols with behavior and performance actions. Working with others: Work independently with others in partner environments. Safety: Work independently and safely in physical education and with equipment.
Not at Standard	1	Partial or no success with score 2 content and score 3 content

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I can demonstrate the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Reporting Category: PHYED 3.1.2

Exceeds Standard	4	In addition to score 3 and 2, the students will transfer learning to more complex content and thinking, including deeper conceptual understanding and applications that go beyond what is explicitly taught in class.
At Standard Proficient	3	I can Physical Activity Knowledge: Identify physical activity as a way to become healthier. Engages in physical activity: Engage actively in the activities of physical education class without prompting. Fitness knowledge: Describe the concept of fitness and provides examples of physical activity to enhance fitness. Recognize the importance of warm-up and cool-down relative to vigorous physical activity. Assessment and program planning: Demonstrate, with teacher direction, the health-related fitness components.
Approaching Standard	2	I can Physical Activity Knowledge: Describe large-motor and or manipulative physical activities for participation outside physical education (e.g., before and after school , at home, at the park, with friends, with the family. Engages in physical activity: Engage actively in physical education class in response to instruction and practice. Fitness knowledge: Identify physical activities that contribute to fitness.
Not at Standard	1	Partial or no success with score 2 content and score 3 content

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I can explain and apply game strategies to basic games and physical activity.

Reporting Category: PHYED 3.1.3

Exceeds Standard	4	In addition to score 3 and 2, the students will transfer learning to more complex content and thinking, including deeper conceptual understanding and applications that go beyond what is explicitly taught in class.
At Standard Proficient	3	I can Movement Concepts: Recognize the concept of open spaces in a movement context. Recognize locomotor skills specific to a wide variety of physical activities. Combine movement concepts (direction, levels, force, time) with skills as directed by the teacher. Employ the concept of alignment in gymnastic and dance. Employ the concept of muscular tension with balance in gymnastics and dance. Apply simple strategies and tactics in chasing activities. Apply simple strategies in fleeing activities.
Approaching Standard	2	I can Movement Concepts- Space: Combine locomotor skills in general space to a rhythm. Pathways, shapes, levels: Combine shapes, levels and pathways into simple travel, dance/gymnastics sequences. Speed, direction, force: Vary time and force with gradual increases and decreases.
Not at Standard	1	Partial or no success with score 2 content and score 3 content