

Lunch Menu

Suffern Central Elementary

October 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Baked Scoops
Turkey Taco Filling
Fiesta Corn
Kidney Beans
Fresh Blueberries

2 Pasta with Sauce

Meatball Dunkers
Dinner Rolls
Steamed Broccoli
Side Salad
Sliced Peaches

3

4

Happy Rosh Hashana!



7 Cinnamon French
chicken Toast
Sausage Patty
Crispy Potato Puffs
Celery
Sliced Peaches

8 Soft Tacos
Turkey Taco Filling
Fiesta Corn
Black Beans
Fresh Blueberries

9 Homemade Mac & Cheese

Whole Wheat Dinner Roll
Steamed Carrots
Cucumber Coins
Fresh Orange

10 BBQ Chicken
Sweet Potato Fries
Whole Wheat Dinner Roll
Steamed Carrots
Pears in Juice

11 Classic Cheese Pizza

Pepperoni Pizza
Steamed Broccoli
Cucumber Coins
Fresh NY Local Apple



14 COLUMBUS DAY

15 Nachos with Cheese and BBQ Chicken
Sweet Corn
Black Beans
Fresh Banana

16 Pasta with Sauce

Meatball Dunkers
Dinner Rolls
Steamed Broccoli
Side Salad
Sliced Peaches

17 Whole Grain Pancakes with Sausage
Syrup
Potato Puffs
Fresh Baby Carrots
Fresh Orange

18 Classic Cheese Pizza

Pepperoni Pizza
Green Beans
Fresh Baby Carrots
Fresh Pear



21 Mozzarella Stick & Chicken Nugget Combo Meal
Whole Wheat Dinner Roll
Steamed Carrots
Chilled Red Pepper Strips
Fresh Orange

22 Baked Scoops
Turkey Taco Filling
Fiesta Corn
Black Beans
Fresh Blueberries

23 Meatball Sandwich *warm baked meatballs smothered in tomato sauce on a sandwich prepared in-house*
Pasta with Butter
Cauliflower Popcorn
Fresh Banana

24 Parent-Teacher

25 Classic Cheese Pizza

Pepperoni Pizza
Mixed Vegetables
Caesar Salad
Fresh Orange



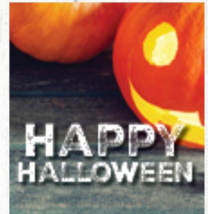
28 Cinnamon French
Toast
Sausage Patty
Crispy Potato Puffs
Celery
Sliced Peaches

29 Parent-Teacher

30 Side Salad
Dinner Rolls
Pasta with Sauce

Meatball Dunkers
Steamed Broccoli
Sliced Peaches

31 Chicken Nuggets
Whole Wheat Dinner Roll
Crispy Potato Puffs
Fresh Baby Carrots
Fresh Orange



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch consists of: Choice of entree 100% Juice * Choice of Milk: Low Fat White, Fat Free Chocolate or Fat Free White * Fruit *Grain *Vegetable
If you have any questions please Contact your Food Service Director - Janet Ginocchio @ 845-357-7783 ext 11247 or email: vginocchio1@suffern.net



Lunch Daily Offerings: Peanut Butter & Jelly * Cheese Sandwiches *
Bagel Lunch w/ Yogurt & Cheese Stick * Yogurt Parfait w/ Fruit & Granola * Grill Cheese on WG bread * Variety of Veggies & Fruits (Sliced Apples, Oranges & Bananas) * All grains are whole grains or whole wheat

Mon, Wed, Fri: Hamburger/Cheeseburger/Hot Dog *
Tues,Thurs:Baked Chicken Nuggets or Poppers

