

MHS **September** 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
	September 3	September 4	September 5	September 6
	Sausage & Biscuit Assorted Breakfast Bread Yogurt Parfait	Deluxe Breakfast Biscuit Cinnamon Crunch Pastry Yogurt & Muffins	Sausage & Biscuit Yogurt & Muffins Fruit & Yogurt Plate	Pancake on a Stick Assorted Cold Cereals Assorted Muffin Loaves
September 9	September 10	September 11	September 12	September 13
Chicken & Waffles Dutch Waffle Assorted Cold Cereals	Sausage Biscuit Cinnamon Crunch Pastry Yogurt Parfait	Pancakes w/ Chicken Patty Warm Bagel w/ Strawberry Cream Cheese Assorted Breakfast Breads	Grilled Cheese Sandwich Yogurt & Muffins Fruit & Yogurt Plate	Sausage Biscuit Yogurt & Muffins Variety of Cereal Bars
September 16	September 17	September 18	September 19	September 20
Chicken & Waffles Assorted Pop Tarts Assorted Breakfast Bread	Sausage Biscuit Assorted Cold Cereal Yogurt Parfait	Grilled Cheese Sandwich Assorted Cold Cereal Fruit & Yogurt Salad	Sausage Biscuit Assorted Pop Tarts Yogurt & Muffins	Breakfast Bowl Cinnamon Rolls Assorted Cold Cereals
September 23	September 24	September 25	September 26	September 27
Breakfast Bowl Assorted Breakfast Breads Assorted Cold Cereal	Chicken & Waffle Dunkin Stix Yogurt Parfait	Pancake on a Stick Yogurt & Muffins Fruit & Yogurt Plate	Sausage Biscuit Yogurt & Muffins Fruit & Yogurt Plate	Deluxe Breakfast Biscuit Assorted Cold Cereal Yogurt & Muffins
September 30				
Chicken & Waffles Yogurt & Muffins Assorted Pop Tarts				
Lunch				
Marvelous Monday	Traveling Tuesday	Pizza Wednesday	Homestyle Thursday	Specialty Friday
	September 3	September 4	September 5	September 6
	Beef Ravioli *Wildcats Double CB* Chef Salad w/ Crackers Variety Chips Italian Sliced Carrots Seasoned Green Beans Garlic Toast	Assorted Pizza Meatball Marinara Hoagie w/ Fries Chef Salad w/ Crackers Garden Salad w/ Dressing Baked Beans	Seasoned Baked Chicken BBQ Rib Sandwich w/Pot. Wedges Chef Salad w/ Crackers Southern Turnip Greens Sweet Potato Casserole Cornbread	Buffalo Chicken Wings Double Whammy w/ Spicy Fries Chef Salad w/ Crackers Tomato & Cucumber Salad Potato Salad Yeast Roll
September 9	September 10	September 11	September 12	September 13
Chicken Nuggets BBQ Pork Sandwich w/ Fries Chef Salad w/ Crackers Mashed Potatoes Steamed Broccoli Spears Yeast Roll	Spaghetti & Meat Sauce Spicy Chicken Sandwich w/ Potato Wedges Chef Salad w/ Crackers Seasoned Cabbage Mixed Vegetables Cheesy Breadstick	Assorted Pizza Ham & Cheese Hoagie w/ Sweet Potatoes Fries Chef Salad w/ Crackers California Vegetables Baby Carrots w/ Dressing	Hamburger Steak w/ Steamed Rice BBQ Rib Sandwich w/ CC Fries Chef Salad w/ Crackers Sweet Potatoes Casserole Southern Green Peas Yeast Roll	Walking Tacos Glazed BBQ Meatballs Hoagie w/ Potatoes Wedges Chef Salad w/ Crackers Whole Kernel Corn Refried Beans
September 16	September 17	September 18	September 19	September 20
Cheesy Chicken w/ Rice Fish Sandwich w/Sidewinders Chef Salad w/ Crackers Whole Kernel Corn Steamed Spinach Yeast Roll	Lasagna BBQ Rib Sandwich w/ Chips Chicken Salad w/ Crackers Assorted Vegetable Juice Seasoned Green Beans Cheesy Breadstick	Assorted Pizza Glazed BBQ Meatballs Hoagie w/ Potato Wedges Chicken Salad w/ Crackers Seasoned Green Peas Glazed Carrots	Seasoned Baked Chicken American Sub w/ CC Fries Chicken Salad w/ Crackers Steamed Broccoli Spears Scalloped Potatoes Yeast Rolls	Beefy Nachos Grande Turkey & Cheese Hoagie w/ Chips Chicken Salad w/ Crackers Baby Carrots w/ Dressing Assorted Vegetable Juice
September 23	September 24	September 25	September 26	September 27

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<p>Chicken Spaghetti Cheeseburger w/ Fries Chef Salad w/ Crackers Steamed Fresh Broccoli Whole Kernel Corn Yeast Roll</p>	<p>Sweet Chili Chicken Chunks w/ Stir Fried Rice w/ Egg Roll Southern Chicken Sandwich w/Pot. Wedges Chef Salad w/ Crackers Steamed Spinach California Vegetables Yeast Roll</p>	<p>Assorted Pizza BBQ Rib Sandwich w/ CC Fries Chef Salad w/ Crackers Baked Beans Mixed Vegetables</p>	<p>Oven Fried Catfish Hotdog w/ Tater Tots Chef Salad w/ Crackers Confetti Coleslaw Baked Beans Yeast Roll</p>	<p>BBQ Pulled Pork Nachos American Sub w/ Sidewinders Chef Salad w/ Crackers Potato Salad Seasoned Green Peas Chocolate Chip Cookie</p>
<p>September 30</p>				
<p>Hamburger Steak w/ Gravy Southern Chicken Sandwich w/ Chips Tuna Salad w/ Crackers Mashed Potatoes Mixed Vegetables Yeast Roll</p>		<p>Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!</p>		