

# September 2024



# Lumch



K-8

#### **Eden Elementary & GLP**

Adult \$5.05+tax

S Roma Tomatoes	K-8		_	
Monday	Tuesday	Wednesday	Thursday	Friday
2 HAPPY. HAPPY.	XXXXXXXXXXX  All student meals are now free. This includes breakfast and lunch.		5 Cheese Pizza Ham Sandwich	6 Mozzarella Sticks w/Dipping Sauce Turkey Wrap
Day	Students must choose the required components or will be charged ala carte prices		Broccoli ½c Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Carrots 3/4c Baked Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Cheeseburger on a Bun	10 Nacho Grande w/Brown Rice	11 Spaghetti & Meatballs w/Dinner Roll	12 Cheese & Pepperoni Pizza	13 French Toast & Sausage w/Syrup
Ham & Cheese Sub	Bologna & Cheese Sandwich	Turkey Wrap w/Lettuce & Tomato	Egg Salad Sandwich	Deli Sandwich w/Ham & Turkey
Cauliflowe1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1c Romaine Lettuce =1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		NYS Roma Tomatoe 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
16 Cheesy Baked Meatball Sub	17 Macaroni & Cheese w/Dinner Roll	18 Alfredo Sauce over Rotini w/Dinner Roll	19 Cheese Pizza Turkey & Mozzarella	20 Philly Cheese Steak On Bun Chicken Salad
Egg Salad Sandwich	Ham & Cheese Sandwich	Bologna & Cheese Sandwich	Sub	Sandwich
Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Corn 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Cucumbers 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Roma Tomatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
23 Buffalo Bills Day Chicken Tenders . Bologna & Cheese Sandwich	8" Soft Shell Burrito	Turkey & Gravy w/Dinner Roll	26 Cheese & Pepperoni Pizza	Staff Development Half Day
Broccoli ½c Green Bean1/2c	Ham Sub	Hot Dog on a Bun  Mashed Potatoes 1/2c	Turkey Wrap  NYS Ear or Corn 1/2c	PK-12
Fresh or Prepared Fruit ½c Milk-8oz Sidekick Frozen Fruit Juice	Fresh or Prepared Fruit 1/20	Fresh or Prepared Fruit 1/2c Milk-8oz	1c Romaine Lettuce =1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	
30 Sweet & Sour Chicken over Rice	WE	YĞÖÇ	NE B	477
Tuna Salad Sandwich  Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		<b>6 3</b>	SHO	
552	PAY FOR MEALS ON		Student \$0.00	

MySchoolBucks.com

## NYS LOCAL FOODS \*Upstate Farms

Milk, Yogurt, Sour Cream
\*NYS Farms

Assorted Varieties of Apples Eden Valley Growers Assorted Fruits & Vegetables

used in Meal Program highlighted in green

## The Following Entrees Served Daily:

Salads (Includes Flatbread) 2M2G

Fruit & Yogurt Parfait w/Flatbread(2M2G)

Peanut Butter & Jelly Sandwich (2M2G)

### Offered daily with all School Lunches:

Fresh or Prepared Fruit (Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)

NY State 8oz 1% or Skim White Milk Fat Free Chocolate Milk

If your child has a particular food allergy, please contact the food service office @ (716) 992-3623.