



Exercise Science, Wellness, and Restoration

PUBLIC SERVICES ENDORSEMENT

The Exercise Science, Wellness, and Restoration program of study focuses on occupational and educational opportunities associated with assisting patients with maintaining physical, mental, and emotional health. This program of study includes researching diet and exercise needed to maintain a healthy, balanced lifestyle and exploring techniques to help patients recover from injury, illness, or disease.

Level 1	7501 Principles of Health Science
Level 2	7511 Medical Terminology 7750 Interpersonal Studies 7500 Lifetime Nutrition and Wellness 7379 Entrepreneurship
Level 3	7550/H Anatomy and Physiology
Level 4	7496 Independent Study Mentorship