

TCSS HIGH SCHOOL CAFÉ

SEPTEMBER 2024

SEPTEMBER 2 – SEPTEMBER 6

MONDAY:

NO SCHOOL

TUESDAY:

MEATLOAF W/ WARM ROLL,
CHICKEN NUGGETS W/WARM ROLL
MASHED POTATOES W/ GRAVY, GREEN PEAS

WEDNESDAY:

EMPANADA, TERIYAKI CHICKEN & VEGGIE
BOWL, HERB BUTTERED CARROTS, STEAMED
BROCCOLI

THURSDAY:

CRISPITOS
GREEK CHICKEN, RICE PILAF, W/ROLL
WAFFLE FRIES, GREEN BEANS

FRIDAY:

TACO SALAD, HOT DOG
REFRIED BEANS, CORN

SEPTEMBER 9 – SEPTEMBER 13

MONDAY:

BUFFALO CHICKEN SUB, FISH BOAT
BAKED BEANS, CORN

TUESDAY:

CHEESY CHILI MAC, CORN DOG
LEMON ROASTED CARROTS, BROCCOLI

WEDNESDAY:

CHICKEN FAJITA SOUP, QUESADILLA
VEGGIE DIPPERS, SIDWINDERS

THURSDAY:

CRISPY CHICKEN SANDWICH, FRITO PIE
VEGETABLE MEDLEY, WAFFLE FRIES

FRIDAY:

PIZZA POPPERS W/ MARINARA
HERB ROASTED CHICKEN W/ ROLL
SWEET POTATO FRIES, GREEN BEANS

SEPTEMBER 15 – SEPTEMBER 20

MONDAY:

CHICKEN GUMBO, HOT DOG
GREEN PEAS, FRENCH FRIES

TUESDAY:

SPAGHETTI W/ GARLIC KNOT
GRILLED CHICKEN SANDWICH
ITALIAN VEGETABLES, HERB BUTTERED CARROTS

WEDNESDAY:

OVEN FRIED PORK CHOP W/ ROLL
CHEESY BREAD BITES W/ MARINARA
BLACK EYED PEAS, TURNIP GREENS

THURSDAY:

TOMATO BASIL SOUP W/ GRILLED CHEESE
CHICKEN TENDER BASKET
VEGETABLE MEDLEY, TATER TOTS

FRIDAY:

ORANGE CHICKEN, FRIED RICE, & EGG ROLL, EMPANADA
STIR FRY VEGETABLES, SWEET POTATO FRIES

SEPTEMBER 23 – SEPTEMBER 27

MONDAY:

CHEESE POT PIE W/CORNBREAD BOWL
STEAK STREET TACOS
LEMON ROASTED CARROTS, BROCCOLI

TUESDAY:

CHICKEN NUGGETS W/ROLL, HAMBURGER
MASHED POTATOES, CORN, GREEN BEANS

WEDNESDAY:

CHEESE STICKS W/ MARINARA, FILLET O' FISH SANDWICH
BROWNED BUTTER CALIFORNIA VEGGIES, WAFFLE FRIES

THURSDAY:

BBQ CHICKEN SANDWICH, FIESTA PULL-A-PART
BAKED BEANS, SWEET POTATO FRIES

FRIDAY:

BUFFALO CHICKEN DIP W/ CHIPS
MINI CORN DOGS
VEGGIE DIPPERS, FRENCH FRIES

COFFEE

ICED COFFEE OFFERED DAILY
FREE WITH BREAKFAST
MEAL OR \$2.00 WITHOUT

FLAVORS INCLUDE:

VANILLA
CARAMEL
GINGERBREAD
HAZELNUT

OFFERED DAILY

SMART MOUTH PIZZA
SEASONAL FRUIT
PROTEIN PACK
GARDEN SALAD
CHEF SALAD
100% FRUIT JUICE
ASSORTED 1% AND SKIM MILKS
FRESH VEGETABLES

* MENUS ARE SUBJECT TO CHANGE*

BREAKFAST

BISCUIT SANDWICHES
SERVED DAILY

*VIEW ELEMENTARY MENU FOR
ADDITIONAL OPTIONS*