



MEAL BENEFITS FORM

SEPTEMBER 2024 TUSCALOOSA COUNTY SCHOOL SYSTEM

Lunch Options:

Seasonal fruit, Juice, Fresh Garden Salad,
Assorted 1% & Skim Milk offered daily.

*Additional items may be added to the menu. Please check w/
your local schools for additional choices.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL *MENUS ARE SUBJECT TO CHANGE* 	Waffle Sticks W/ Sausage Links Meatloaf W/ Warm Roll Chicken Nuggets W/ Warm Roll Mashed Potatoes W/ Gravy Green Peas	Cinnamon Roll W/ Fresh Fruit Empanada Teriyaki Chicken Veggie Bowl Herb Buttered Carrots Steamed Broccoli	Beef Steak Biscuit Crispito W/ Chili & Cheese Greek Chicken, Rice Pilaf, W/ Roll Waffle Fries Green Beans	Mini French Toast W/ Yogurt Taco Salad Hotdog Refried Beans Whole Kernel Corn
Mini Bagels Buffalo Chicken Sub Sandwich Fish Boat W/ Hushpuppies Baked Beans Whole Kernel Corn	Dutch Waffle W/Sausage Links Cheesy Chili Mac Corn Dog Lemon Roasted Carrots Steamed Broccoli	Donut W/Seasonal Fruit Chicken Fajita Soup Choice of Pizza Veggie Dippers Sidewinders	Chicken Biscuit Crispy Chicken Sandwich Frito Pie Waffle Fries Vegetable Medley	Eggs, Bacon, & Biscuit Pizza Poppers W/ Marinara Herb Roasted Chicken W/ Roll Sweet Potato Fries Green Beans
Sausage Biscuit Chicken Gumbo Hot Dog Green Peas French Fries	French Toast Sticks W/ Sausage Slow Simmered Spaghetti W/ Garlic Knot Grilled Chicken Sandwich Italian Vegetables Herb Buttered Carrots	Cinnamon Roll W/ Fresh Fruit Oven Fried Pork Chop W/ Roll Cheesy Bites W/ Marinara Black Eyed Peas Turnip Greens	Breakfast Pizza Tomato Basil Soup W/Grilled Cheese Chicken Tender Basket Vegetable Medley Tater Tots	Chicken Biscuit Orange Chicken, Fried Rice, & Egg Roll Choice of Pizza Stir Fry Vegetables Sweet Potato Fries
Dutch Waffle W/ Sausage Links Chicken Pot Pie W/ Cornbread Bowl Steak Street Tacos Lemon Roasted Carrots Steamed Broccoli	Chicken Biscuit Chicken Mash-up Bowl Hamburger Steamed Green Beans Baby Carrots	Sausage Biscuit Cheese Sticks W/ Marinara Crispy Fish Sandwich Browned Butter California Veggies Waffle Fries	Breakfast Croissant BBQ Chicken Sandwich Fiesta Pull-A-Parts Baked Beans Sweet Potato Fries	Eggs, Bacon, Biscuit Buffalo Chicken Dip Mini Corn Dogs French Fries Veggie Dippers
Breakfast Pizza Steak Fingers W/ Warm Roll Stuffed Crust Pizza Sweet Potato Fries Whole Kernel Corn				


PAY FOR MEALS ONLINE
MySchoolBucks.com

